



#onceuponapattern #sewalittleseam sewalittleseam.com

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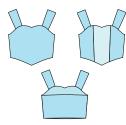
## Styles & Options

#### Once Upon a Pattern

This dress up pattern is perfect for make believel With tons of options your little one can choose the princess, witch, super hero, or fairy of her choice. This pattern features a knit back so there are no closures. The long sleeves are also made with knit, but all other pieces can be made with woven or a combination. Mix and match pieces for all kinds of dress up fun!

This is a fitted pattern and your child will need help in and out of the dress. It can easily be adjusted for a looser fit if you would prefer. See more information under sizing and adjusting.

#### **Bodice Options**



Sweetheart Neckline with Shoulder Straps



Sweetheart Neckline with Knit Top With or Without Panel



Square Neckline With or Without Panel



Front and back must be made with knit



A Line Skirt

Slightly gathered at top for more of an A line silhoutte
Full Length (Hits one inch above floor)
Short Length (Hits bottom of knee)



Gathered Skirt Very gathered at top for fuller silhouette Full Length (Hits one inch above floor) Short Length (Hits bottom of knee)

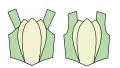


Mermaid Skirt



Harem Pants

#### Bodice Add Ons



or square neckline



Bertha Collar Can be used with any bodice option



Medici Collar Use with square front and rounded back neckline



Seashell Overlay bodice option



Knit Long Sleeves With or without pointed end



Bell Sleeves The top of the sleeve must be knit. The bell piece can be made with woven.



Puff Sleeve Can be made with woven and attached knit sleeve Use with square neckline

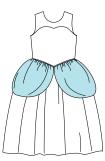
#### Skirt/Pants Add Ons



Triangle Peplum



Split Front Skirt





Attached Cape For knit top sweetheart

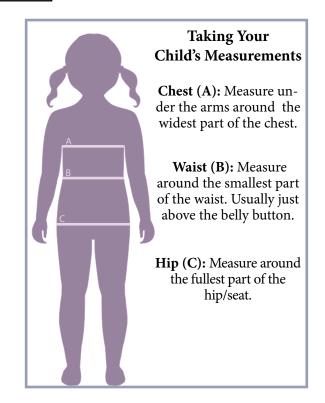
## Choosing a Size

It is important to choose the size to sew based from the measurements below. If your child is between sizes, choose the size they are closest to. If they are directly between sizes, sew the larger size.

Choose the bodice size from the child's chest and waist measurements. If making the mermaid skirt or pants, choose based off the hip size and grade for the waist if needed.

This is a fitted dress and your child will need help in and out of it. If you would like to make it looser for easier on/off, you can go up a size at the waist and chest or use a full knit bodice.

See the next page for instructions on adding and removing length and grading between sizes.



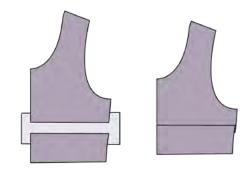
#### SIZE CHART

	12mo	18mo	2	3	4	5	6	7	8	9/10	11/12
Chest	19"	20"	20.5"	21"	22"	23"	24"	25"	26"	28"	30"
	48cm	50cm	52cm	53.5cm	56cm	58.5cm	61cm	63cm	66cm	71cm	76cm
Waist	19"	19.5"	20"	20.5"	21"	21.5"	22"	22.5"	23"	24.5"	26"
	48cm	49cm	51cm	52cm	53cm	55cm	56cm	57cm	58.5cm	62cm	66cm
Hip	19"	19.5"	20"	21.5"	23"	24"	25"	26"	27.5"	29"	32"
	48cm	49cm	51cm	54.5cm	58.5cm	61cm	64cm	66cm	70cm	74cm	81cm
Height	29-31"	31-33"	33-36"	36-38"	38-41"	41-44"	44-47"	47-50"	50-53"	53-56"	56-59"
	74- 79cm	79-84cm	84-91cm	91-97cm	97- 104cm	104- 112cm	112- 119cm	119- 127cm	127- 135cm	135- 142cm	142- 150cm

## Making Adjustments

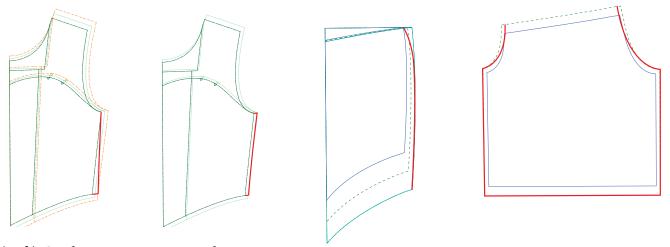
#### **ADJUSTING LENGTH**

To add length to the bodice, separate by the desired amount and tape a piece of paper under the pattern. To remove length, overlap your pattern pieces until the desired length is reached. Trim uneven edges so you have a nice, smooth line. Make sure you make equal adjustments to the front and back pattern pieces. You will also want to add length to your skirt or pants pieces.



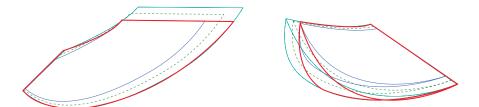
#### **GRADING BETWEEN SIZES**

If your child falls within different sizes on the size chart, you'll want to grade for the perfect fit. Remember that you will have to make the changes to both the front and back pattern pieces. First, print the sizes you need using the layers function. Note that the bottom of the bodice hits at the waist. You will not need to worry about the hip measurements if you are making the A line or gathered skirt. If you are making the pants or mermaid skirt you will need to take the hip measurement into account.



(Left) Grading out two sizes at the waist. (Right) Grading out one size at the chest and waist.

Grading in at the waist for the mermaid skirt and pants.



For the mermaid fins, you'll want the inner curved section that connects to the skirt to match the width of the skirt. Then you can adjust the length along the folded and outside curved edges. This example shows lengthening the fins two sizes.

### Fabrics to Use

The Once Upon a Pattern features a combination of knit and woven fabrics. It is important to choose the right fabric so the dress can stretch enough to come on and off.

#### Knits

The back bodice, rounded neckline option, long sleeves, and waistband (for the mermaid skirt and pants) need to be made with knit. The best knits to use will have at least 5% spandex so they have good recovery and should have at least 75% horizontal stretch. Dance and swim fabrics made with nylon or poly spandex make great options. Other ideas are stretch velvets, stretch lace, stretch sequins, stretch mesh, and cotton spandex.

#### Wovens

The front bodice, puff sleeve, skirt (and any add ons), mermaid skirt, and pants can all be made with woven fabrics. Some ideas for fabrics to use are satin, organza, chiffon, tulle, lace, and sequins.

#### **Important Notes**

If you are making the front and back bodice with knit it is important that your knit has excellent recovery and that your skirt is not too heavy. If you would like to use a long or heavy skirt, it is recommended to use woven for the front bodice. You can also add clear elastic along the side seams and waist seams on knit versions to keep the knit from stretching too much. Lining the bodice will also provide extra support.

### Sewing With Knits and Wovens

When sewing knits and wovens together there are a few things to keep in mind:

- Use a universal sewing needle so you don't have to switch needles mid project.
- Use a stretch stitch such as a zig zag when sewing knits to knits. When sewing knits to wovens you can use a straight stitch.
- If you have trouble with your knits stretching as you sew, you can use a wash-away stabilizer or tape along the seams. You can also use a walking foot attachment for your sewing machine.
- If you are using heavy fabrics for your skirt, apply clear elastic to the bottom edge of your bodice before applying the skirt to help stabilize the fabric. You can also apply clear elastic along the side seams and shoulder seams if needed.

## Sewing With Sequins

Sewing with sequin fabric can be time consuming. For the best results you should remove the sequins that fall in your seam allowance. This helps prevent broken needles and helps the sequins stay flat. To do this cut across the top of your sequins where they are attached to a string.



## Fabric Yardage

#### YARDAGE CHART (54" WOF)

All pieces not listed are 1/4 yard or less. Lining is required for the square neckline and sweetheart with straps options. If you would like, you can also add lining to the other bodice options. Lining amounts are the same as the main bodice and can fit on the main fabric yardage if using the same fabric.

	12mo	18mo	2	3	4	5	6	7	8	9/10	11/12
Bodice	.5	.5	.5	.5	.5	.5	.5	.5	.5	.5	.5
Long Sleeve	.5	.5	.5	.5	.5	.5	.5	.75	.75	.75	.75
Full Length Gathered Skirt (Per Layer)	1	1	1.25	1.25	1.5	1.5	1.5	1.75	1.75	2	2
Short Gathered Skirt (Per Layer)	.75	.75	1	1	1	1	1	1.25	1.25	1.25	1.25
Full Length A Line Skirt (Per Layer)	.75	1	1	1.25	1.5	1.5	1.75	2	2.25	2.25	2.5
Short A Line Skirt (Per Layer)	.75	.75	1	1	1	1	1.25	1.25	1.25	1.5	1.5
Mermaid Skirt	.5	.5	.5	.5	.5	.75	.75	.75	.75	.75	.75
Mermaid Fins	.75	.75	1	1	1	1.5	1.75	1.75	2	2	2
Pants	1	1.25	1.25	1.5	1.5	1.75	1.75	2	2	2.25	2.25
Swags	.5	.5	.5	.5	.5	.5	.75	.75	.75	.75	.75
Bottom Leaves (4)	1.5	1.5	2	2	2	2.5	2.5	2.5	3	3	3
Bertha Collar	1	1	1	1	1	1	1.25	1.25	1.25	1.25	1.25
Cape	.75	.75	.75	.75	1	1	1	1	1	1.25	1.25
Bell Sleeve	.5	.5	.75	.75	.75	.75	.75	.75	1	1.25	1.25
Triangle Peplum	.5	.5	.5	.5	.5	.5	.5	.5	.5	.5	.5

### **Notions**

- Decorative trims
- Decorative beads or buttons
- Clear elastic (optional for stabilizing the fabric)
- 1/4" elastic for bottom of harem pants
- Batting for seashell overlay
- Heavy interfacing for Medici collar

#### ANKLE ELASTIC MEASUREMENTS FOR HAREM PANTS

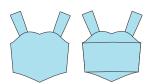
	12mo	18mo	2	3	4	5	6	7	8	9/10	11/12
1/4" Elastic (Cut 2)	6.75"	7"	7"	7.25"	7.5"	7.75"	8"	8"	8.25"	8.75"	9"
	17 cm	17.5 cm	18 cm	18.5 cm	19 cm	19.5 cm	20 cm	20.5 cm	21 cm	22 cm	23 cm

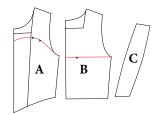
# Cutting Guide & Pattern Pieces

### **CHOOSE YOUR BODICE**

#### **Sweetheart Neckline**

#### **Shoulder Strap Version**



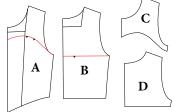


You'll Need:

- A: Bodice Front B: Bodice Back C: Shoulder Strap
- \*Cut along red lines

#### **Knit Top Version**

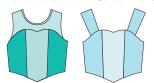


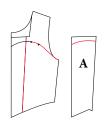


You'll Need:

- A: Bodice Front B: Bodice Back
- C: Knit Sweetheart Top Front
- D: Knit Sweetheart Top Back Add choice of sleeve if desired or make sleeveless.
- \*Cut along red lines

#### **Either Version With Center Panel**





You'll Need:

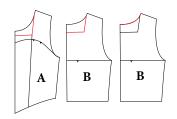
The same pieces in the versions to the left, but also include piece A: Bodice Center Panel

\*Cut along red lines

#### **Square Neckline**

#### With Rounded Back Neckline or Square Back Neckline



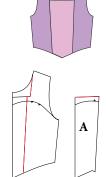


#### You'll Need:

A: Bodice Front B: Bodice Back Add choice of sleeve if desired or make sleeveless.

\*Cut along red lines

#### With Center Panel



#### You'll Need:

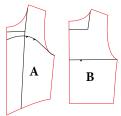
The same pieces in the version to the left, but also include piece A: Bodice Center Panel

\*Cut along red lines

#### **Rounded Neckline**

**Must Use Knit** 





#### You'll Need:

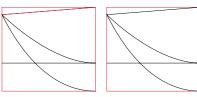
A: Bodice Front B: Bodice Back

\*Cut along red lines

#### **CHOOSE YOUR BOTTOM**

#### **Gathered Skirt Full Length or Short**

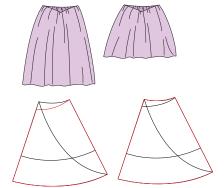




#### You'll Need:

Gathered Skirt Pattern Piece or use the measurements in the chart on page 9. Cut along the slanted line waist line for the front and straight across for the back. Cut at bottom line for full length and higher line for short skirt.

#### A Line **Full Length or Short**



#### You'll Need:

A Line Skirt Pattern Piece. Cut along the lower waist line for the front and the higher line for the back. Cut at bottom line for full length and higher line for short skirt.

# **Split Front**





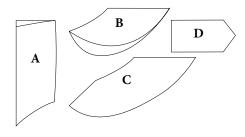


#### You'll Need:

Either Gathered or A Line Skirt piece. Cut the back piece the same as the regular skirt. Cut 2 mirrored front pieces along the curved line. Cut at the lower line for full length or the higher line for the short length. The gathered split front option can use the measurement chart on page 9.

#### **Mermaid Skirt**



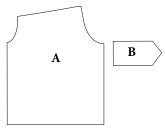


#### You'll Need:

- A: Mermaid Skirt
- B: Mermaid Side Fins
- C: Mermaid Front/Back Fins
- D: Knit Waistband

#### **Pants**





#### You'll Need:

A: Pants

B: Knit Waistband

## Cutting Measurements & Notes

All pattern pieces can be printed, but below you will find measurements for the rectangular pieces if you would rather not print them. All measurements are length x width. Cut 2 skirt pieces. See notes below for additional notes on cutting your skirt.

#### **Cut Measurements**

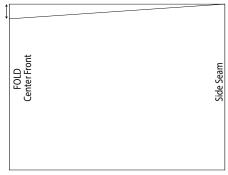
	12mo	18mo	2	3	4	5	6	7	8	9/10	11/12
Full Length Gathered Skirt	14.5" x 45.25"	16.5" x 46.5"	19" x 47.5"	21" x 48.75"	23" x 50"	24.5" x 51.5"	26.25" x 52.75"	28" x 54"	30" x 54"	32" x 54"	34.5" x 54"
	37 x 115 cm	42 x 118 cm	48 x 121 cm	53.5 x 124 cm	58.5 x 127 cm	62.5 x 130.5 cm	66.5 x 134 cm	71 x 137 cm	76.5 x 137 cm	81.5 x 137 cm	87.5 x 137 cm
Short Gathered Skirt	11.5" x 45.25"	12.25" x 46.5"	13.25" x 47.5"	14" x 48.75"	15" x 50"	15.75" x 51.5"	16.5" x 52.75"	17.5" x 54"	18.5" x 54"	19.25" x 54"	20.25" x 54"
	29 x 115 cm	31 x 118 cm	33.5 x 121 cm	35.5 x 124 cm	38 x 127 cm	40 x 130.5 cm	42 x 134 cm	44.5 x 137 cm	47 x 137 cm	49 x 137 cm	51.5 x 137 cm
Bertha Collar	28" x 26.75"	30" x 27.5"	30.75" x 28.25"	32" x 29"	33.5" x 30"	34.75" x 31"	36.25" x 31.75"	37.5" x 32.5"	39" x 33.5"	40.25" x 34.25"	41.75" x 35.25"
	71 x 68 cm	76.5 x 70 cm	78 x 72 cm	81.5 x 74 cm	85 x 76 cm	88.5 x 78.5 cm	92 x 80.5 cm	95 x 82.5 cm	99 x 85 cm	102.5 x 87 cm	106 x 89.5 cm
Cape	18" x 28.25"	20.25" x 30"	22.5" x 31"	24.75" x 32.25"	27.25" x 33.5"	29.25" x 34.75"	31.25" x 36.5"	33" x 38.25"	35" x 39.75"	37" x 43"	39.5" x 46"
	45.5 x 72 cm	51.5 x 76 cm	57 x 79 cm	63 x 82 cm	69 x 85 cm	74 x 88.5 cm	79 x 93 cm	84 x 97 cm	89 x 101 cm	94 x 109 cm	100.5 x 117 cm

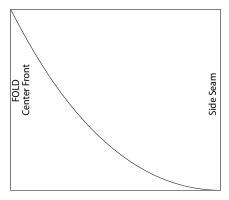
#### **CUTTING YOUR SKIRT WITH MEASUREMENTS**

If you are using the above measurements to cut the gathered skirt you will need to make a few adjustments before sewing. (Please note the measurements are for the gathered skirt only, not the A line skirt.)

The front of the dress is V shaped, so you will have to adjust the front piece of your skirt so it is lower at the center front. To do this use the chart below and mark down that amount and draw a line to the side seam as shown to the right. Cut your fabric across this line.

If you are making a split front dress, you will use the same measurements and draw a curved line from the bottom of your side seam to the top of the center front. There are no changes to the back.

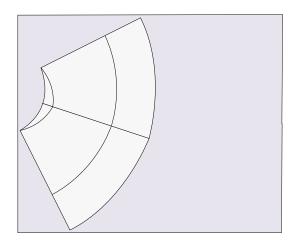




	12mo	18mo	2	3	4	5	6	7	8	9/10	11/12
Front Skirt Drop	1.5"	1.75"	1.75"	2"	2"	2.25"	2.25"	2.25"	2.5"	2.5"	2.75"
	4 cm	4.5 cm	4.5 cm	5 cm	5 cm	5.5 cm	5.5 cm	6 cm	6.5 cm	6.5 cm	7 cm

## Notes on Cutting Your Fabric

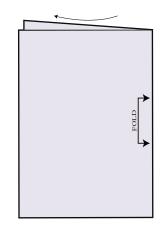
For sizes 7-12, the A line skirt is too large to cut on the fold for 54" WOF. Instead, leave your fabric unfolded and lay your pattern piece on the fabric as shown. You can either print two of the pattern pieces and tape them together along the folds, or you can trace one pattern piece, flip the pattern piece over and trace the other so you have one skirt piece. Repeat for the back of the skirt.

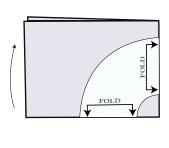


The bell sleeve pattern piece is cut on a double fold. To do this:

First fold your fabric once until the width of the bell will fit.

Then, fold your fabric again, this time in the opposite direction. Place your pattern along both folds and then cut out your piece.



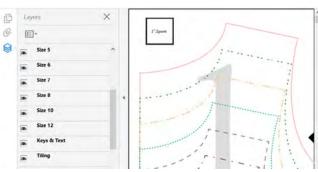


### Printing

To avoid any problems, download the pdf to your desktop and open and print with Adobe Reader. Download a free version at <a href="www.adobe.com/reader">www.adobe.com/reader</a>. Print at 100% or actual size. Check the 1" or 3cm square to be sure it printed correctly. The border around the pattern should measure 7" x 10". You may also need Auto Portrait/Landscape clicked.

#### **LAYERS**

This pattern features layers so you can print just the size you need. Due to the amount of options, you must print using layers. On the left hand side of Adobe Reader you will find a layers tab as shown in blue in the photo. Click the drop down and deselect all sizes except for the one you want to print. Be sure to keep the Keys & Text tab and the Tiling tab checked.



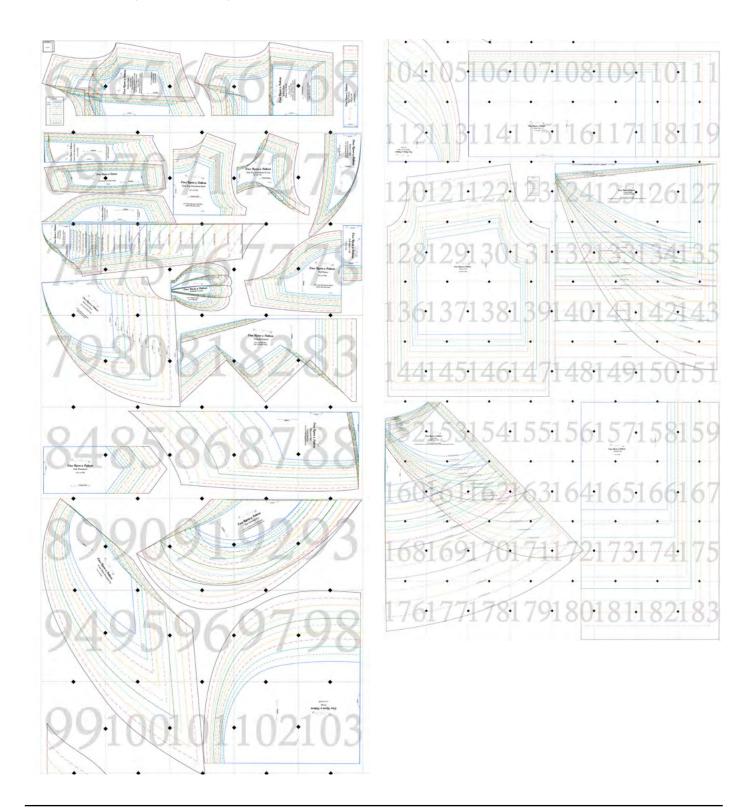
# Pages to Print

See page 9 for cutting measurements if you would rather not print the rectangular pieces.

	12mo	18mo	2	3	4	5	6	7	8	9/10	11/12
Bodice	64-68	64-68	64-68	64-68	64-68	64-68	64-68	64-68	64-68	64-68	64-68
Bodice Center Panel	69-70	69-70	69-70	69-70	69-70	69-70	69-70	69-70	69-70	69-70	69-70
Knit Sweetheart Top	71-72	71-72	71-72	71-72	71-72	71-72	71-72	71-72	71-73	71-73	71-73
Long Sleeve	74-75	74-75	74-75	74-76	74-76	74-76	74-76	74-76	74-77	74-77	74-77
Puff Sleeve (Add long sleeve pages if needed)	77-78	77-78	77-78	77-78	77-78	77-78	77-78	77-78	77-78	77-78	77-78
Bell Sleeve	74-76, 79-80	74-76, 79-80	74-76, 79-80	74-76, 79-80	74-76, 79-80	74-76, 79-80	74-76, 79-80	74-76, 79-80	74-76, 79-80	74-77, 79-80	74-77, 79- 80, 85-86
Shoulder Strap	69-70	69-70	69-70	69-70	69-70	69-70	69-70	69-70	69-70	69-70	69-70
Gathered Skirt Full Length (Also Split Front)	124-127, 132-135	124-127, 132-135	124-127, 132-135	124-127, 132-135, 140-143	124-127, 132-135, 140-143	124-127, 132-135, 140-143	124-127, 132-135, 140-143	124-127, 132-135, 140-143	124-127, 132-135, 140-143	124-127, 132-135, 140-143, 148-151	124-127, 132-135, 140-143, 148-151
Gathered Skirt Short Length (Also Split Front)	124-127, 132-135	124-127, 132-135	124-127, 132-135	124-127, 132-135	124-127, 132-135	124-127, 132-135	124-127, 132-135	124-127, 132-135	124-127, 132-135	124-127, 132-135	124-127, 132-135, 140-143
A Line Skirt Full Length (Also Split Front)	152-154, 160-162	152-154, 160-162	152-154, 160-162, 168-169	152-154, 160-163, 168-169	152-154, 160-163, 168-170	152-154, 160-163, 168-171	152-154, 160-163, 168-171	152-154, 160-163, 168-171, 176-177	152-154, 160-163, 168-172, 176-178	152-154, 160-163, 168-172, 176-179	152-154, 160-163, 168-172, 176-179
A Line Skirt Short Length (Also Split Front)	152-154, 160-162	152-154, 160-162	152-154, 160-162	152-154, 160-162	152-154, 160-162	152-154, 160-162	152-154, 160-162, 168	152-154, 160-162, 168-169	152-154, 160-163, 168-169	152-154, 160-163, 168-170	152-154, 160-163, 168-170
Mermaid Skirt	84-85, 87-95	84-85, 87-95	84-95	84-95	84-95, 100	84-95, 100	84-96, 100- 101	84-96, 100- 101	84-96, 100- 101	84-97, 99-101	84-97, 99- 101, 106
Pants	84-85, 128-131, 136-139	84-85, 128-131, 136-139	84-85, 122, 128-131, 136-139, 144-147	84-85, 121-122, 128-131, 136-139, 144-147	84-85, 120-122, 128-131, 136-139, 144-147	84-85, 120-122, 128-131, 136-139, 144-147	84-85, 120-122, 128-131, 136-139, 144-147	84-85, 120-123, 128-131, 136-139, 144-147	84-85, 120-123, 128-131, 136-139, 144-147	84-85, 120-123, 128-131, 136-139, 144-147	84-85, 120-123, 128-131, 136-139, 144-147
Bertha Collar	106-109, 114-117	106-110, 114-118	106-110, 114-118	106-110, 114-118	106-110, 114-118	106-110, 114-118	106-111, 114-119	106-111, 114-119	106-111, 114-119	106-111, 114-119	106-111, 114-119
Medici Collar	73	73	73	73	73	73	73, 78	73, 78	73, 78	73, 78	73, 78
Bodice Leaves	69-70	69-70	69-70	69-70	69-70	69-70	69-70	69-70	69-71	69-71	69-71
Cape	156-158, 164-166	156-158, 164-166, 172-174	156-158, 164-166, 172-174	156-158, 164-166, 172-174	156-159, 164-167, 172-175	156-159, 164-167, 172-175	156-159, 164-167, 172-175, 180-183	156-159, 164-167, 172-175, 180-183	156-159, 164-167, 172-175, 180-183	156-159, 164-167, 172-175, 180-183	156-159, 164-167, 172-175, 180-183
Swag	97-98, 101- 103	97-98, 101- 103	97-98, 101- 103	96-98, 101- 103	96-98, 101- 103	96-98, 101- 103	96-98, 101- 103	96-98, 101- 103	96-98, 101- 103	96-98, 101- 103	96-98, 101- 103
Triangle Peplum	81-83	81-83	81-83	81-83	81-83	81-83	81-83	81-83	81-83	81-83	81-83
Sea Shell	76	76	76	76	76	76	76	76	76	76	76
Bottom Leaves	112-113	104, 112- 113	104, 112- 113	104, 112- 113	104, 112- 113	104-105, 112-113	104-105, 112-113	104-105, 112-113	99, 104-105, 112-113	99, 104-105, 112-113	99, 104-105, 112-113

## Assembling Your Pattern

To assemble your pattern, cut along the lines around the border of your pages and line up your triangles and pattern edges. You will find fabric cutting instructions on the pattern pieces. See the printing chart on the previous page for exact pages to print for each option.



# Inspiration

Share your creations on the <u>Sew a Little Seam Facebook Group!</u>
#onceuponapattern #sewalittleseam



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# Sewing Instructions



# Sewing Instruction Contents

Before You Begin17
Bodice Center Panel: All Versions 18
Square Neckline19
Sweetheart Knit Top Neckline29
Sweetheart Neckline With Straps35
Round Neckline38
Seashell Overlay43
Bertha Collar45
Leaf Overlays for the Bodice 46
Leaf Overlays for Bottom47
Triangle Peplum49
<u>Swags51</u>
<i>Split Front</i> 52
Mermaid Skirt53
Harem Pants58
A Lina & Cathanad Skints 63

#### Before You Begin

#### Seam Allowances

All seam allowances are included and are 3/8" (1cm) unless noted otherwise.

#### **Hemming Your Pieces**

All hem allowances are included and are 1/2". Not all fabrics need to be hemmed and leaving them unhemmed can save you a lot of time, especially with the larger skirt pieces. If you are using a fabric that doesn't fray, like nylon tulle, you can choose to leave it unhemmed. If you do, remember to adjust the length of your pattern piece accordingly.

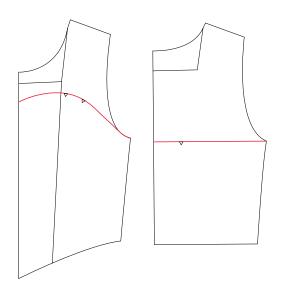
You can choose to do a double fold hem by folding once 1/4" to the wrong side and then again 1/4".

If you are using lighter weight fabrics such as organza, a rolled hem foot works great at getting a neat, small hem, as shown in the photo.



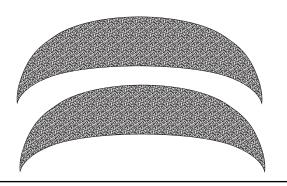
#### **Notches**

Before you begin, be sure to mark all the notches you will be using on your fabric using tailor's chalk or a fabric marker. The notch on the back bodice and the one closest to the center front mark where the inside edge of your straps go when sewing the sweetheart with straps version. The other notch on the front bodice, closest to the side seam, marks where the attached cape starts.



#### Interfacing

The Medici collar is the only piece that needs to be interfaced. Using a medium weight interfacing, apply to the wrong side of both collar pieces for lightweight fabrics or just one side for medium to heavy fabrics.



### Adding Bodice Center Panel: All Versions

If you are not adding a center panel, skip to page 19.



1. If you would like to add trim to your center panel, you can do that now.
Lay your trim flat across the panel and baste 1/4" in from the edges.



2. With right sides together, sew the side of the bodice to your center panel with a 3/8" seam allowance. Repeat for the other side.



3. Press your seams toward the sides and topstitch 1/8" from the edges.

### Sewing the Bodice



4. With right sides together sew your back and front bodice together along the shoulder seams with 3/8" seam allowance. Repeat for your lining.



5. If you would like to add a ruffle or lace to your neckline, you can baste it on 1/4" from the edge now.

If you are adding the Medici collar, continue below.

If you are not adding the Medici collar, go to step 11.



6. To make the Medici collar, place right sides together, and sew along the outer curved edge with a 1/4" seam allowance. Notch your curve, cutting close to the stitching without cutting through it.



7. Turn your collar right side out and press well. You can choose to topstitch 1/16" from the edge of the outer curve, or you can understitch the seam, by sewing your seam allowance to the collar 1/8" from the seam. This can be a bit tricky on a curved edge, but take your time and curve your fabric as you go.



8. Sew a gathering stitch (a straight stitch set at the longest length) along the bottom curve.



9. Pin the center of the collar to the center back of your bodice neckline.



10. Pin the edges of your collar, 3/8" below the front corner of the collar. Gather the collar until it lies flat against the neckline and pin in place. Baste the collar to the neckline with a 1/4" seam allowance.



11. Place your lining over the main bodice with right sides together. Line up the corners and shoulder seams and pin in place. Sew the necklines together, pivoting at the corners.



12. Clip your corners, cutting close to the stitching without cutting through it.



13. Turn your bodice right side out and press well. You can choose to topstitch 1/8" from the edge around the neckline, or if you would rather not see the stitching, you can understitch as shown below.



14. To understitch, separate the lining and bodice and sew the seam allowance to the lining 1/16" from the seam. Repeat for the entire neckline.

If you are making a puff sleeve version continue below.

If you are making a sleeveless version, go to page 26.

If you are making a knit long sleeve version, go to page 40.

### Puff Sleeve



15. If you would like to add trim to your sleeve sew that on now. Sew a gathering stitch (a straight stitch set at the longest length)along the top and bottom of the sleeve.



16. Baste your lining and main fabric together at the armscye.



17. With right sides together match the top curved edge of the sleeve to the armscye.



18. Gather your sleeve until it lies flat against the armsyce. Pin in place then sew your sleeve to the bodice with a 3/8" seam allowance. Finish your seam with a serger or zig zag stitch.



19. Gather the bottom of the sleeve until it is the same length as the cuff.



20. Fold your cuff wrong sides together and match the raw edges with the bottom of the sleeve. Sew with a 1/4" seam allowance. Repeat the steps for the other sleeve.

If you are not adding the long sleeve, finish the raw edge with a serger or zig zag stitch, press the cuff down, and topstitch 1/8" away from the top of the cuff. Then skip to step 25.

If you are adding the long sleeve do **not** finish the edge or topstitch and, continue below.



21. Place your sleeve right side down along the cuff, which should still be folded up with the raw edge facing out. Stretch the sleeve as needed to fit the cuff. Sew your long sleeve to the cuff with a seam allowance slightly over 1/4". Finish the raw edge with a serger or zig zag stitch.



22. Press your sleeve and cuff down and topstitch along the top and bottom of the cuff. If you are adding trim continue below. If not, repeat for the other sleeve and skip to step 25.



- 23. If you would like to add a trim to the bottom of your sleeve, cut it at least 1.5 times the length of the bottom of the sleeve. Sew a gathering stitch along the edge and gather it until it's the length of the bottom of the sleeve. Sew the trim to the sleeve using a stretch stitch or serger.
  - \*Make sure you adjust the length of your sleeve if adding trim to account for the extra length of the trim and the 1/2" hem allowance included.



24. Press the trim down and the seam allowance up toward the bodice and topstitch 1/8" from the edge. Make sure you are using a stretch stitch or have Woolley Nylon in your bobbin.



25. With right sides together, sew your front and back together, along the length of the sleeve and side seam with a 3/8" seam allowance. Repeat for the other side. If you did not add trim to your sleeve, hem your sleeve by folding the edge 1/2" to the inside and sewing close to the inside edge with a stretch stitch.

Skip to page 42 to finish the bodice.

#### Sleeveless (Square Neckline)



26. We are going to use the burrito method for the sleeveless square neckline version. To do this, separate the lining and main bodice at the side seams and shoulder.



27. Start rolling the other side tightly toward the center.



28. Continue rolling, going underneath the fabric from the other side.



29. Roll until you have reached the shoulder seam on the other side. Then bring the bottom side of your open fabric underneath to meet the other open side, so right sides are together.



30. Line up the bottoms of the armscye and shoulder seam. Your rolled fabric should be sandwiched between the layers. Make sure it is pushed back away from the armscye and pin the armsyces together.



31. Sew the armscyes together with a 3/8" seam allowance. Pull the fabric through the shoulder so it is right side out and repeat for the other side. Press your armscyes.



32. Now we are going to sew the side seams. With the bodice right side up, bring the front main fabric up toward the neckline until it completely covers the main back fabric. Then, bring the back lining up toward the neckline until it is completely under the front lining.



33. Once the lining and main fabrics are in place, line up the side seams, matching the armscyes. Pin in place. Sew the side seams with a 3/8" seam allowance. Fold the main down over the lining and press the side seams toward the back.

Skip to page 42 to finish the bodice.

#### Sweetheart Knit Top Neckline



34. With right sides together, sew the front and back bodice together along the side seams with a 3/8" seam allowance. If lining, repeat for the lining.



35. If lining, place your lining inside the main wrong sides together, and baste along the top and bottom edges.

If adding a cape, continue below.

If not adding a cape, skip to step 39.



36. Hem the sides and bottom of your cape if needed. (See page 17 for information on hemming). Sew two rows of gathering stitches (a straight stitch set at the longest length) along the top of the cape; one 1/2" from the top and one 1/4" from the top.



37. Match the front edges of the cape with the outer front bodice notches and the center back with the center back of the bodice and pin in place.

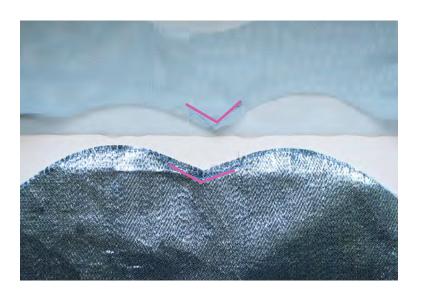
(See page 17 for more information on notches)



38. Gather your cape until it lies evenly along the top edge of the bodice. Add more pins to hold it in place, then baste the cape to the bodice.



39. With right sides together, sew your knit top together along the side seams with a 3/8" seam allowance.



40. Sew 1/4" in along the V for both the top and bottom of the sweetheart for about 1" on each side. Cut to the stitching line you just created at the center of the bottom sweetheart.



41. With right sides together, match the stitching lines at the center of both Vs and pin in place.



42. Match the left side of the sweetheart top and bottom. Start at the center and sew a 1/4" seam allowance for about 1".



43. Line up the other sides of the V, making sure there is no bunched up fabric at the center. Separate the bottom V where you made the cut to help. Be careful not to stretch the knit top. Starting at the center again, sew a 1/4" seam allowance for about 1".



44. Start at the center front and sew 3/8" in along the top of the entire bodice until you reach the center front again. Remember to switch to a stretch stitch when sewing the knit back. Finish the raw edge with a serger or zig zag stitch. Start at the center front if serging. If you've added a cape, it will be between the top and bottom bodice layers.



45. Press your seam down and topstitch 1/8" from the top of the lower bodice. If you have a cape, move it up out of the way before topstitching.



46. With your bodice inside out, sew your shoulder seams together with a 3/8" seam allowance.

If you are adding long sleeves, continue below.

If you are making a sleeveless version, go to step 50.

### Long Sleeves (Knit Top Sweetheart)



47. With right sides together, sew your sleeve along the long edge with a 3/8" seam allowance. Repeat for the other sleeve.



48. With your bodice inside out and your sleeve right side out, insert your sleeve into the bodice so the raw edges at the top of the sleeve and the armscye match.



49. Match the centers and side seams of the sleeve and bodice and pin in place. Sew with a 3/8" seam allowance. Repeat for the other sleeve.

Continue below to finish the neckline.

### Finishing Neckline and Sleeveless Version



50. If using a sheer fabric, I like to fold the neckline down 3/8" and topstitch with a stretch stitch or a straight stitch with Woolly Nylon in the bobbin. If you are making a sleeveless version, repeat for the armscyes. The bottom of the armscye will take a smaller hem allowance.

\*If you would prefer to use a neckband, skip to step 63.

If you are adding trim around the sweetheart bodice, you can topstitch it on now. If using a non-stretch trim, only add it to the front and not around the knit neckline.

Skip to page 42 to finish the bodice.

### Sweetheart Neckline With Straps



51. With right sides together, sew your front and back bodice pieces together at the side seams with a 3/8" seam allowance. Repeat for the lining.



52. With right sides together, sew the long edges of your straps with a 1/4" seam allowance. Do not sew the short ends.



53. Turn straps right side out and press.



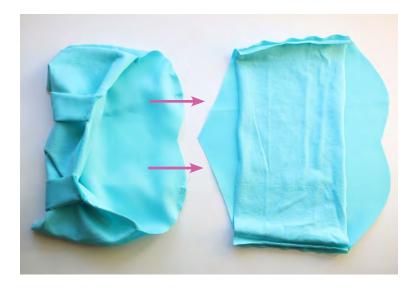
54. Line up the inside edge of your strap with the inner notch on the front.

Make sure you are using the front side of the strap; it is less angled.

Baste your straps in place with a 1/4" seam allowance. (See page 17 for more information on notches)



55. Bring the straps under the bottom of the bodice and match the inside edge to the notch at the back. Baste in place.



56. Place the main fabric (the one with the straps) inside the lining, so right sides are together and the straps are sandwiched between the layers.



57. Match side seams and center fronts and backs. Sew around the top of the bodice with a 3/8" seam allowance. Make sure to use a stretch stitch at the back.



58. Snip to the stitching, but not through it at the center V. Notch around the curves.



59. You can choose to topstitch around the upper bodice or understitch. To understitch, open your bodice layers, and sew your seam allowance to the lining 1/16" from the seam.



60. Turn right side out and press.

Skip to page 42 to finish the bodice.

#### Round Neckline



61. With right sides together, sew front and back bodice pieces together at the shoulder seams. If making a sleeveless version, also sew your side seams.

If you are turning your neckline under continue below.

If you are adding a neckband skip to step 63.



62. Turn your neckline under by 3/8" and sew close to the inside edge with a stretch stitch.

If making a sleeveless version, finish your armscye edges the same way you finished your neckline then <a href="skip">skip</a> to page 42.

Skip to page 23 if adding puff sleeves.

Skip to page 40 if adding long sleeves.



63. If you are adding a neckband, fold your neckband with right sides together and sew along the short edge with a 3/8" seam allowance.



64. Fold your neckband wrong sides together. Match quarter points of the neckband and neckline and pin in place.



65. Sew your band to the neckline with a 3/8" seam allowance. Press your band up and your seam down.

If making the sleeveless version, fold your armscye edges in 3/8", and using a stretch stitch, sew close to the inside edge. Skip to page 42 to finish the bodice.

Skip to page 23 if adding puff sleeves.

If making the long sleeve version, continue below.

## Long Sleeves (Square & Round Necklines)



66. Match your sleeve to the armscye with right sides together and pin in place. Sew your sleeve to the bodice using a 3/8" seam allowance. Repeat for the other side. Make sure you use a stretch stitch when sewing the sleeve.



67. With right sides together, match your underarm seam, bottom of bodice and end of the sleeve. Sew the front and back together with a 3/8" seam allowance. Repeat for the other side.

If making a regular sleeve continue below.

If making a bell sleeve skip to step 69.



68. Hem your sleeve by folding the edge 1/2" to the wrong side and sewing close to the inside edge with a stretch stitch. If making the pointed sleeve option, overlap your pointed edges.

Skip to page 42 to finish the bodice.

# Adding Bell Sleeve



69. Sew a basting stitch (a straight stitch set at the longest length) 1/4" from the top circle on your bell.



70. With your bell piece inside out, place it over the end of the sleeve, matching center fronts and backs.



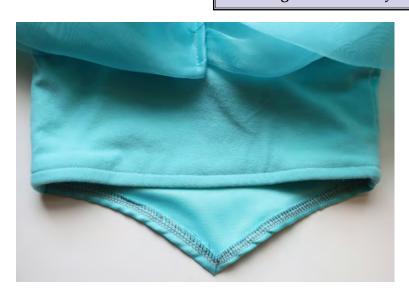
71. Gather your sleeve until it lies flat against your sleeve opening. Sew together with a 3/8" seam allowance.



72. Hem your sleeve by folding the edges to the wrong side by 1/2". Sew close to the inside edge. If using a woven fabric, fold 1/4" and then another 1/4" before sewing so raw edges are hidden.

Continue below to finish your bodice.

### Finishing the Bottom of the Bodice



73. If you are making a separate top to go with the mermaid skirt or harem pants, Finish the bottom edge of your bodice with a zig zag stitch or serger, then fold 1/2" to the wrong side. Sew close to the inside edge. Make sure to use a stretch stitch when sewing with knits.

Skip to page 43 for bodice add ons.

Skip to page 47 for bottom add ons.

Skip to page 53 for bottom options.



74. If you are making a knit version with an attached bodice, you may want to add clear elastic to the bottom edge of your bodice to help it keep its shape. To do this, cut your elastic the same length as the bottom of the bodice. Sew it to the bodice 1/8" up from the raw edge using a stretch stitch. Do not stretch as you sew.

Skip to page 43 for bodice add ons.

Skip to page 47 for bottom add ons.

Skip to page 53 for bottom options.

#### **Bodice Add Ons**

## Seashell Overlay



75. Baste your batting to the wrong side of two of your seashells 1/8 inch from the outside edge.



76. With right sides together, place a seashell with batting on a seashell without batting. Sew them together around the curved outside edges with a 1/4" seam allowance. Do not sew across the short straight edge. Turn right side out, poke out the curves and press well.

Repeat for the other set of seashells.



77. Use the pattern piece as a guide and sew three rows of topstitching through your shell.



78. With right sides together, sew your seashells together along the short edge with a 3/8" seam allowance. Finish the raw edge with a zig zag stitch or serger.

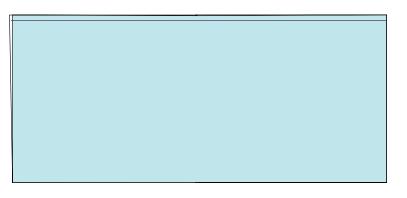


79. Pin your shells in place where you would like them. I centered mine and had the top corners just slightly over the top of the sweetheart bodice. Topstitch the shells in place, following the three lines of topstitching you made earlier. Your top is now done.

Skip to page 47 if you are making a bottom add on, such as leaves, split front, etc.

Skip to page 53 for bottom options.

#### Bertha Collar



80. With right sides together, sew your collar together along the long end. Turn right side out.



81. Match the center of the collar with the center top of your bodice for the sweetheart and square neckline versions. For the round neckline it should be about parallel to the center armscye. Pinch or pleat the center of the collar together to the desired width. You can choose to hand sew or use a machine to stitch the collar to the bodice center..



82. Gather the ends of your collar so they are approximately 2" to 3" in width, depending on how wide you would like it, and sew to hold in place. Finish the edges with a zig zag stitch or serger.



83. Sew one finished end to the center back of the bodice. For the sweetheart version, line it up along the top of the bodice. For the square and round necklines, it should start just below the armscye.



84. Fold the other finished end under and place on top of the other end. Sew in place.

Your bodice is now done.

Skip to page 47 if you are making a bottom add on, such as leaves, split front, etc.

Skip to page 53 for bottom options.

# Leaf Overlays for the Bodice



85. With right sides together, sew two leaves together with a 1/4" seam allowance. Do not sew along the bottom edge. Clip your point and notch your curved edges. Turn your leaf right side out, poke out the edges and press well. Repeat for the other two leaves.



86. Place your leaves on the bodice how you would like them. Pin the bottom two leaves in place and remove the top leaf. Topstitch the leaves in place along the outside edges. Add the top one back where you would like it and topstitch in place. Trim the bottom of the leaves as needed. Your bodice is now done.

Continue below if using an add on for the bottoms such as leaves, split front, etc.

Skip to page 53 for bottom options.

#### **Bottom Add Ons**

## Leaf Overlays for Bottom



87. With right sides together, sew two leaves together with a 1/4" seam allowance. Do not sew along the top edge. Clip your point and notch your curved edges. Turn your leaf right side out, poke out the edges and press well. Repeat for the other three leaves.



88. Sew two rows of gathering stitches (a straight stitch set at the longest length) along the top edge of each leaf, one 1/2" from the top and one 1/4" from the top.



89. Start with the leaf that will be on the top and place along the bottom of your bodice, right sides together. Gather the top of the leaf to the desired width. Make sure you have gathering for leaves along the back of the bodice so it can stretch. My leaves went about 3/4 way around the bodice. Sew the leaf on with a 3/8" seam allowance. Be sure to use a stretch stitch along the back of the bodice.



90. Continue with the rest of the leaves until they are all sewn in place.

Skip to page 53 for bottom options.

## Triangle Peplum



91. With right sides together, sew your peplum together along the short edge. Repeat for the lining.



92. With right sides together, sew your lining to the main fabric all the way around the bottom zig zag edge with a 1/4" seam allowance.



93. Trim the points and snip the inside corners close to the stitching, but not through.



94. Turn the peplum right side out and press well. Sew two rows of gathering stitches, 1/2" and 1/4" from the top edge.



95. Match center fronts and backs of the peplum and bodice. Gather the sides until they lie flat against the bodice. Pin in place.



96. Snip to the top basting line on the peplum, so it will bend easier around the bodice point. Sew your peplum to the bodice with a 3/8" seam allowance. Make sure you use a stretch stitch and that the peplum is gathered along the back so it can stretch.

Skip to page 53 for bottom options.

# Swags



97. If needed, hem the straight edge of your swags. (See page 17 for information on hemming).



98. Sew two rows of gathering stitches, 1/2" and 1/4" from the curved edge.



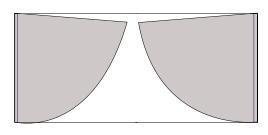
99. Pin one corner of your swag to the center front and one to the center back of your bodice.

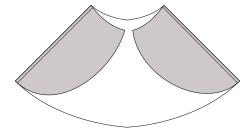


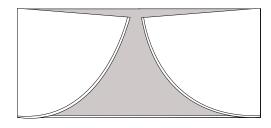
100. Gather your fabric until it sits flat against the bodice. Pin in place. Sew together with a 3/8" seam allowance. Repeat for the other side. Make sure you use a stretch stitch and that your swag is gathered in the back so it can stretch.

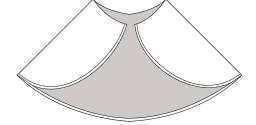
Skip to page 53 for bottom options.

# Split Front





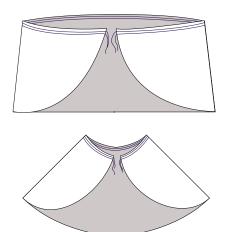




101. Place the front pieces on top of the back piece, right sides together, and sew along the side seams with a 3/8" seam allowance.

\*grey is wrong side, white is right side

102. If needed, hem the front and bottom of your skirt. (See page 17 for information on hemming).



103. Sew two rows of gathering stitches, 1/2" and 1/4" from the top edge.



104. With right sides together, match side seams, and center backs of the bodice and skirt. You can choose to have the front of the skirt meet in the center, or end at the edge of the center panel. Gather the skirt to fit the bodice. Sew the skirt to the bodice with a 3/8" seam allowance. Make sure you use a stretch stitch so the skirt can stretch along the back.

Continue below for bottom options.

### **Bottom Options**



105. With right sides together, sew the front and back of the skirt together along the side seams. Repeat for the lining if you will be using one.



106. If adding a lining, insert it into the main skirt with wrong sides together and baste along the top and bottom edges. If not lining, finish your side seam edges with a zig zag stitch or serger.



107. Fold the waistband wrong sides together along the length.



108. Cross the waistband over at the front so the points line up at the center front and the short ends match the angle of the longer edge. Sew the ends together with a 1/4" seam allowance.



109. Sew a V 1/4" from the raw edge of the center front of the skirt. Go about 1" on each side of the center front. Snip down to the stitching, but not through it at the center of the V.



110. Pin the center front of the waistband to the center front of the skirt.



111. Line up one edge of the waistband with the top of the skirt and sew from the center front about 1" over.



112. Line up the opposite edge now, being careful your fabric is not bunched at the center. Allow the V you cut in the skirt earlier to straighten if needed. Sew from the center front about 1" over.



113. Bring the rest of the waistband to the back and match center back and sides. Starting at the center front, sew the waistband to the skirt with a 3/8" seam allowance. Finish the edges with a zig zag stitch or serger. Fold the waistband up.



114. With right sides together, sew the center front and back fins together along the side seams with a 3/8" seam allowance.



es of your four side fin pieces and the center front/back piece you just sewed together. (See page 17 for information on hemming).



ones not sewn together). Start with the narrower side fins and pin to the side of the skirt with right sides together, matching up the V of the fin with the skirt side seam V. Baste in place with a 3/8" seam allowance. (Photo shows the skirt from the side).



117. Add the other side fin the same way as you did the first. (Shown here from the front of the skirt).



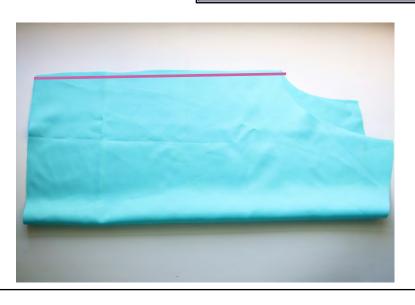
118. Sew on the second, wider row of side fins.



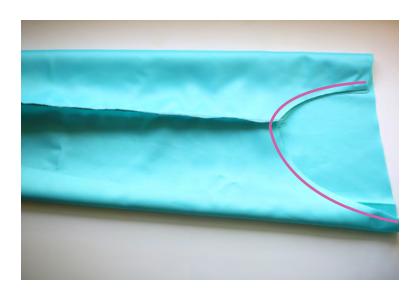
119. Finally, sew on the center front/ back fins, matching center fronts and backs as well as side seams. Finish the seam with a zig zag stitch or a serger.

Your skirt is done!

### Harem Pants



120. Fold one of your pant legs in half with right sides together, matching up the inseam. Pin in place. Sew with a 3/8" seam allowance. Finish your edge with a zig zag or serger. Repeat for the other leg.



121. Pull one leg right side out and insert it into the other leg, so right sides are together. Sew along the crotch seam with a 3/8" seam allowance. Finish your seam. Turn your pants right side out.



122. If you are adding any of the bottom add ons, baste it in place around the waist now.



123. Fold the waistband wrong sides together along the long edge.



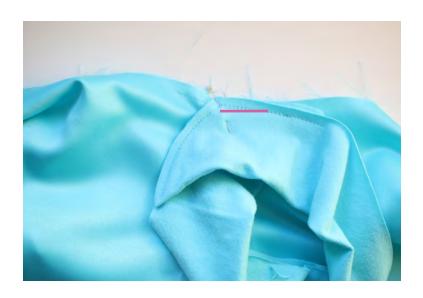
124. Cross the waistband over at the front so the points line up at the center front and the short ends match the angle of the longer edge. Sew the ends together with a 1/4" seam allowance.



125. Sew a V 1/4" from the raw edge of the center front of the pants. Go about 1" on each side of the center front. Snip down to the stitching, but not through it at the center of the V.



126. Pin the center front of the waistband to the center front of the pants.



127. Line up one edge of the waistband with the top of the pants and sew from the center front about 1" over.



128. Line up the opposite edge now, being careful your fabric is not bunched at the center. Allow the V you cut in the pants earlier to straighten if needed. Sew from the center front about 1" over.



129. Bring the rest of the waistband to the back and match center back and sides. Starting at the center front, sew the waistband to the pants with a 3/8" seam allowance. Finish the edges with a zig zag stitch or serger. Fold the waistband up.



130. We're going to create a casing for the elastic on the bottoms of the pants. Press the pants to the wrong side by 3/8".

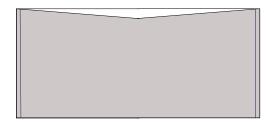


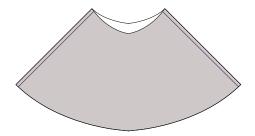
131. Press an additional 3/8" and sew close to the inside edge, leaving a 1" opening to insert your elastic.

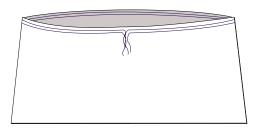


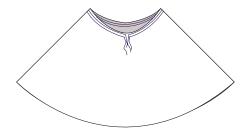
132. Attach a safety pin to one edge of the elastic and thread it through the casing you just made. Do not let the other end of the elastic slip through. Once the end is all the way through, overlap your elastic by 1/2" and sew the ends together. Finish sewing the opening closed.

### A Line & Gathered Skirts











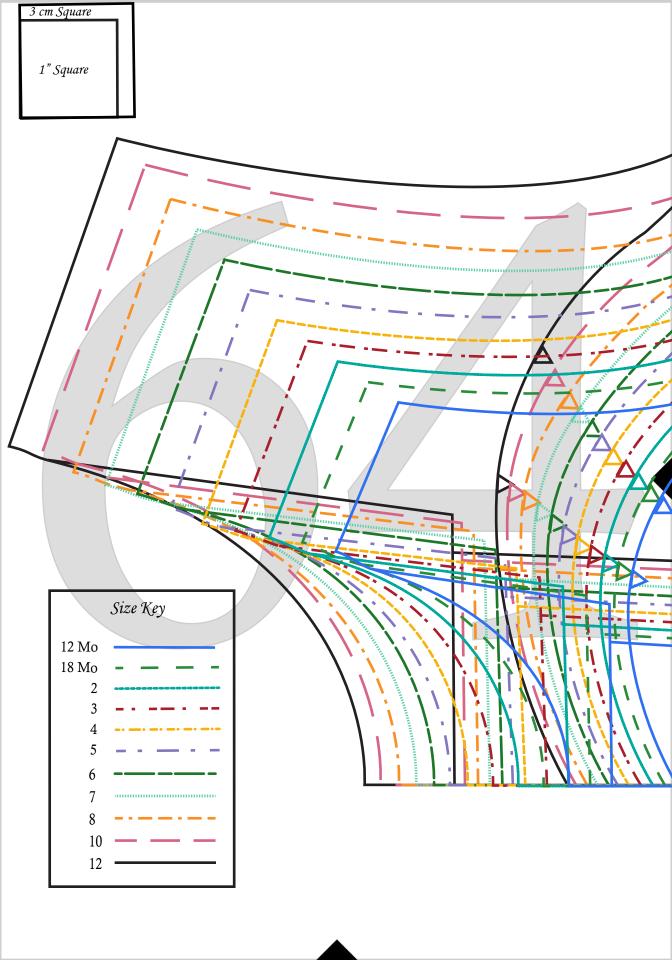
- 133. Mark the center front and back of your skirt. With right sides together, sew along the side seams with a 3/8" seam allowance. Finish the edges with a zig zag stitch or serger.
  - \*Grey is the wrong side, white is the right side.

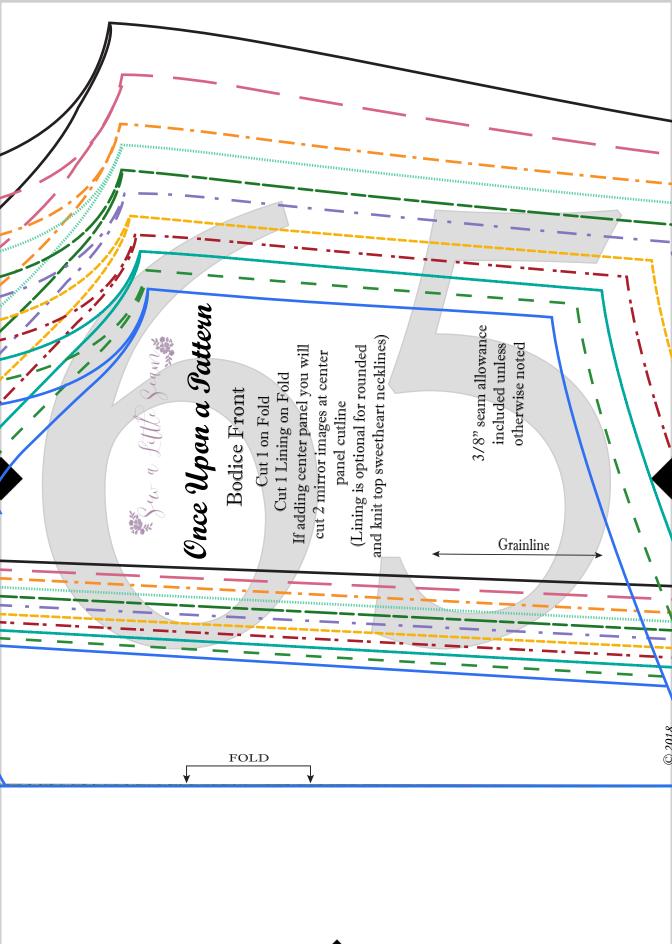
- 134. Sew two rows of gathering stitches 1/2" and 1/4" from the top edge of the skirt.
  - \*If you are using a fabric that frays heavily, you can finish the top edges of your skirt before sewing your gathering stitch to keep it from fraying.

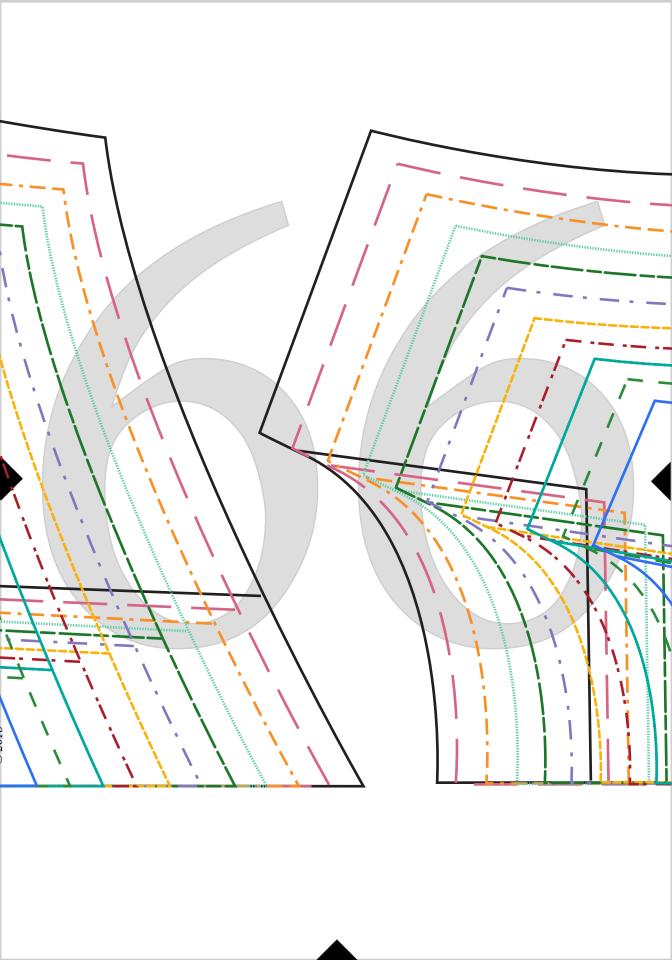
the skirt to the bodice. Any add ons will be between the skirt and bodice. Match side seams and then gather your skirt until it lies flat against the bodice. Sew the skirt to the bodice with a 3/8" seam allowance. Repeat with any additional under layers. Make sure you are using a stretch stitch to sew the skirt on so it can stretch with the back bodice.

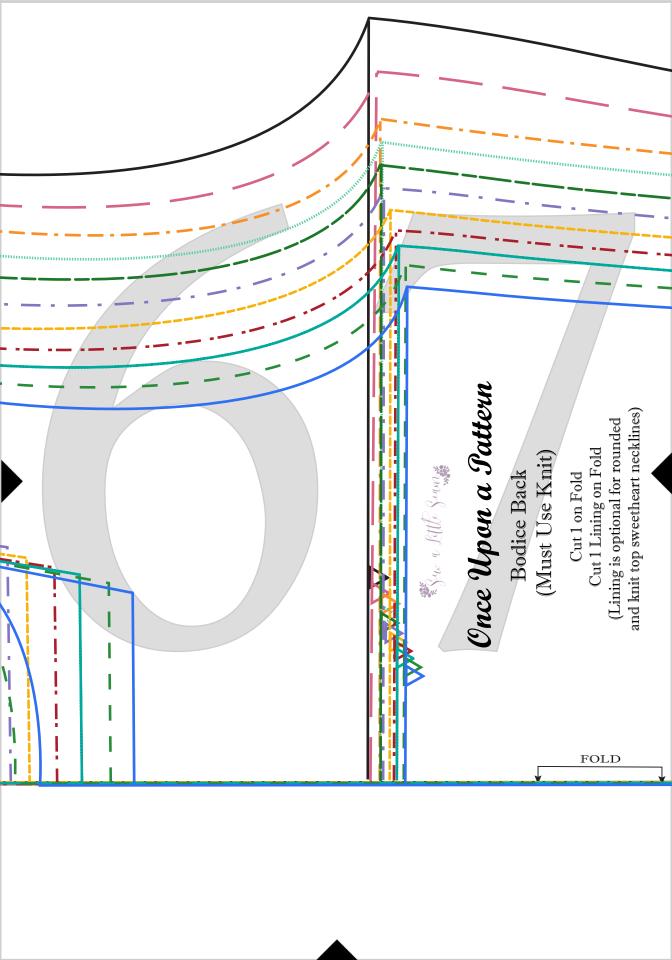
Hem any layers that need to be hemmed. (See page 17 for information on hemming).

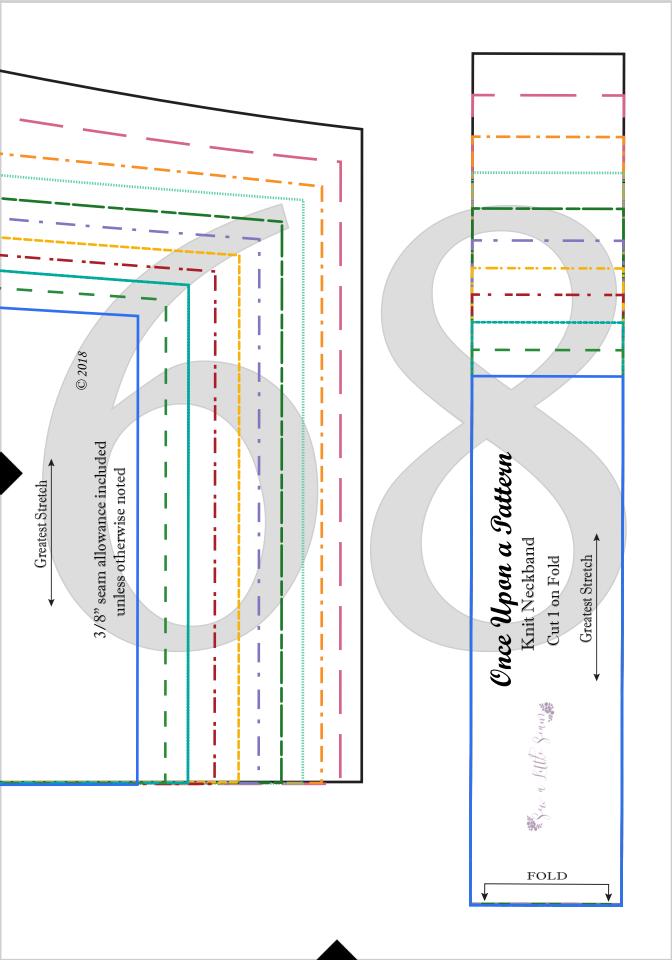
You're done! If you have any questions, email me at sewalittleseam@gmail.com or join the <u>Sew a Little Seam Facebook group.</u>

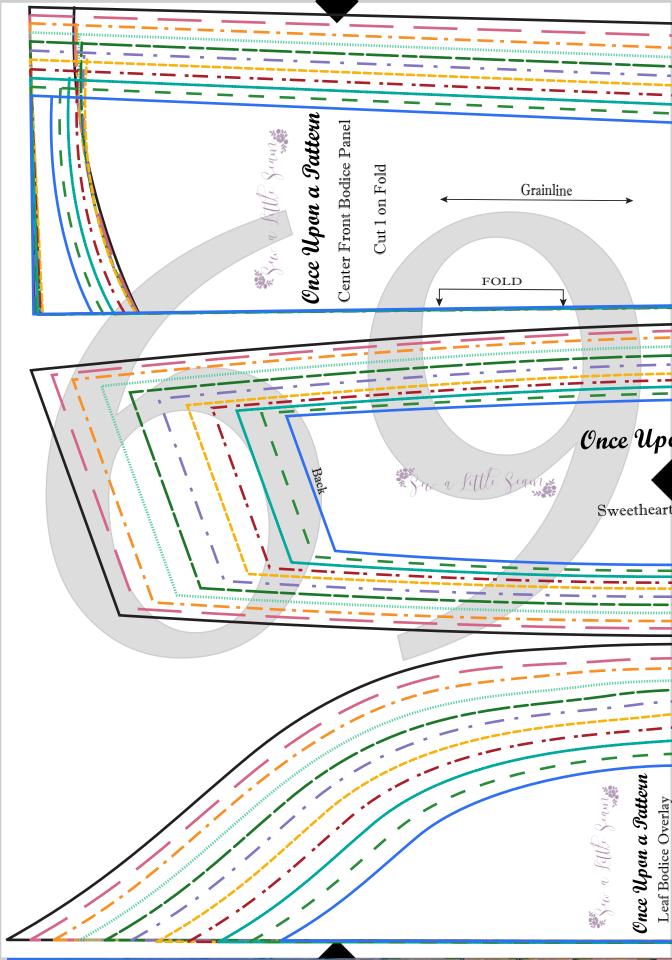


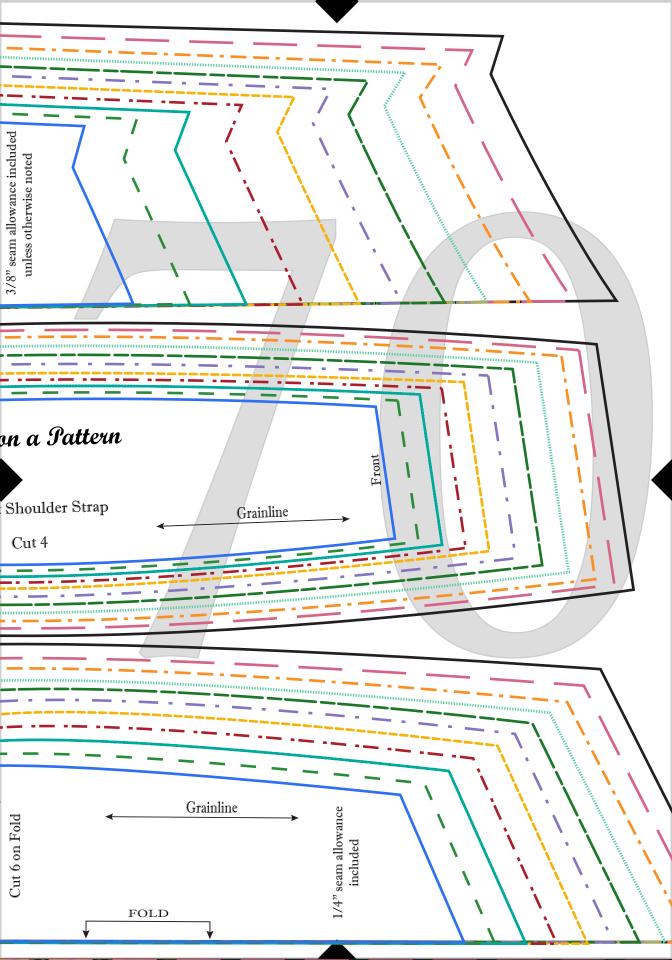


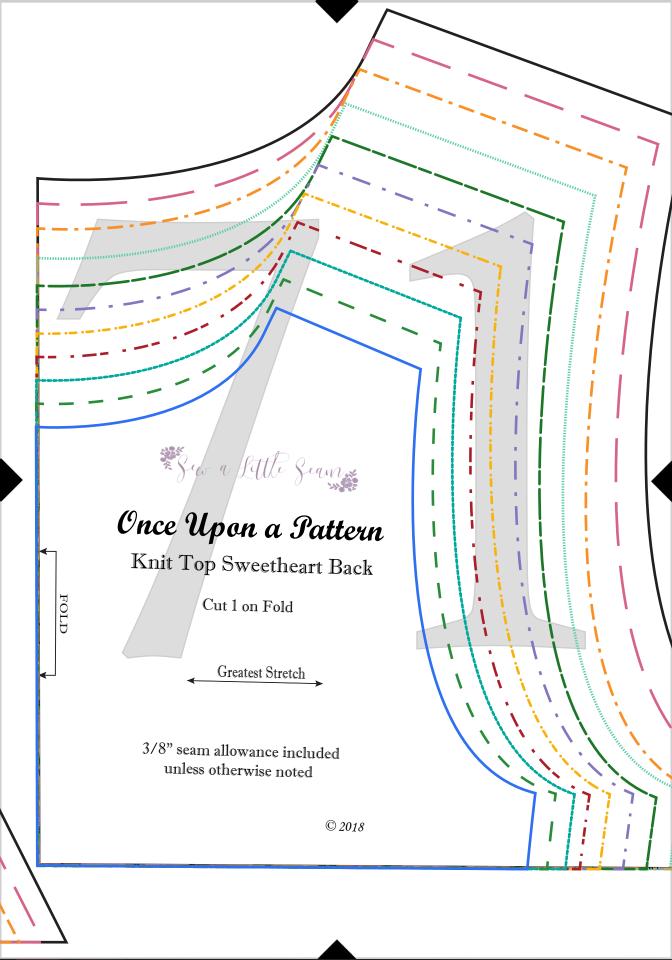


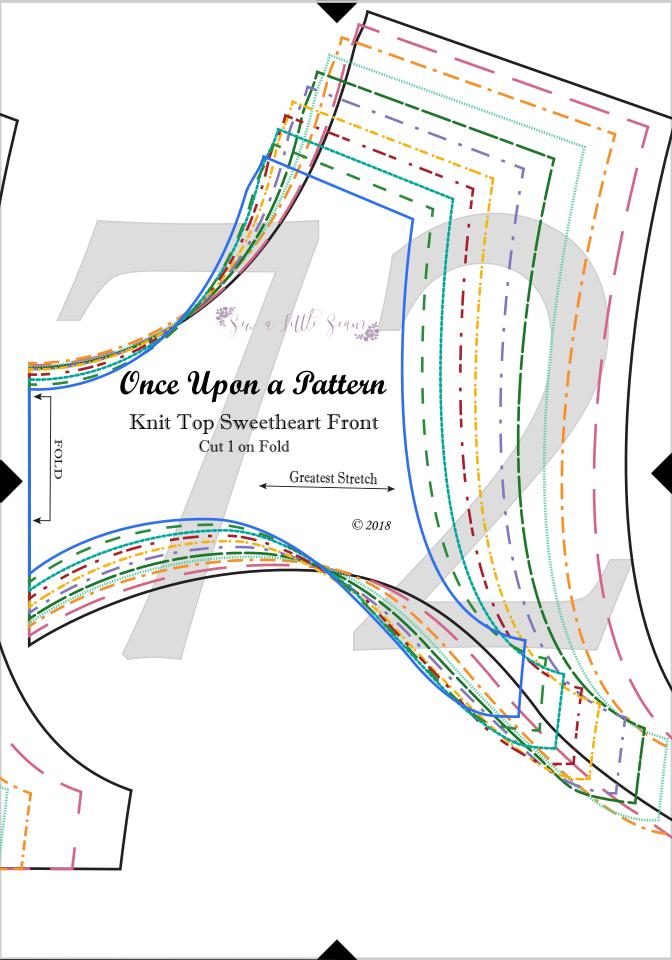


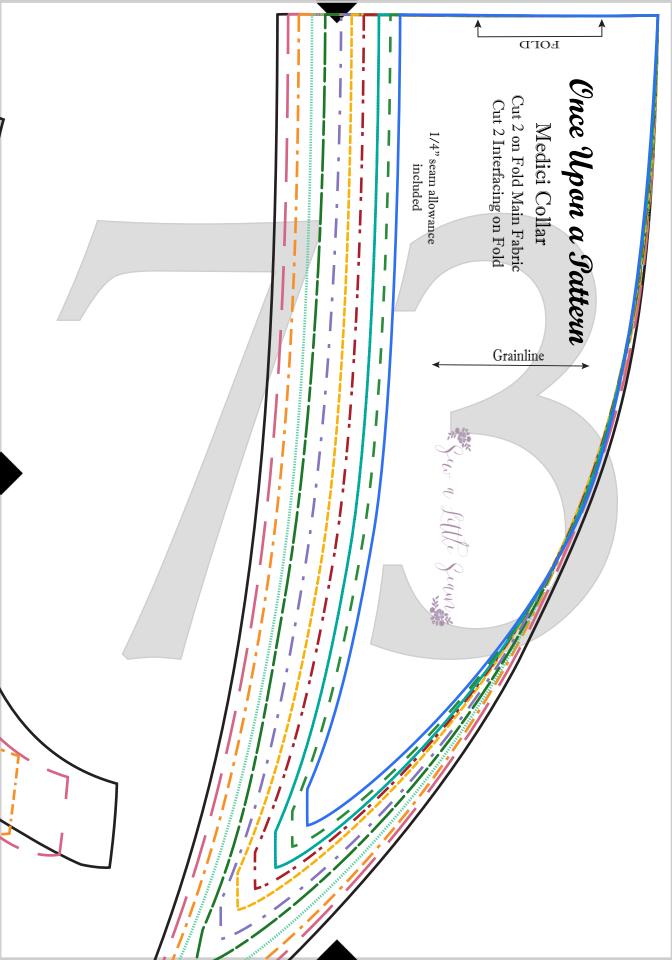


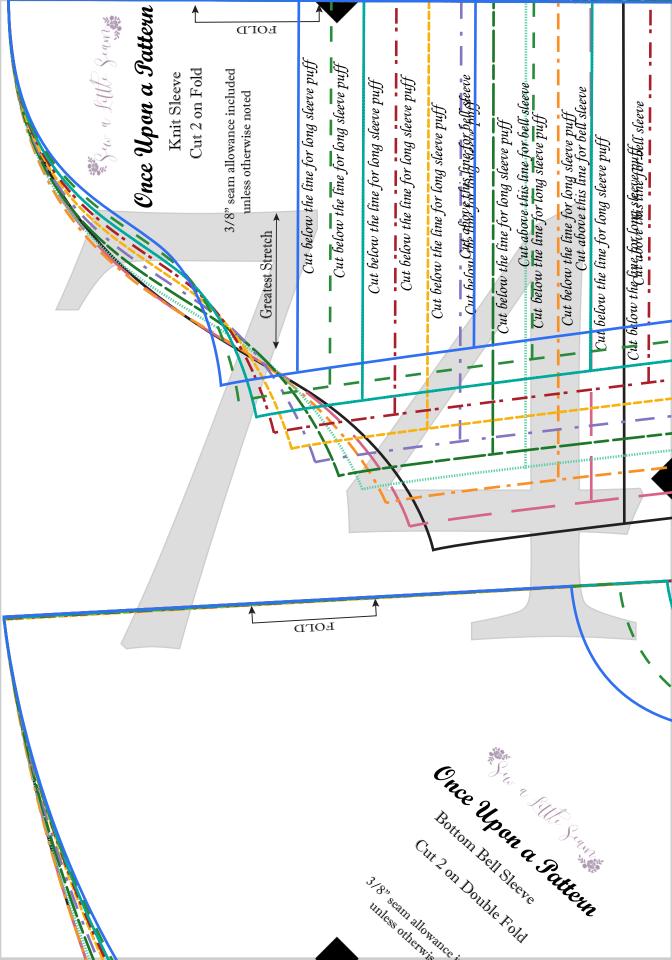


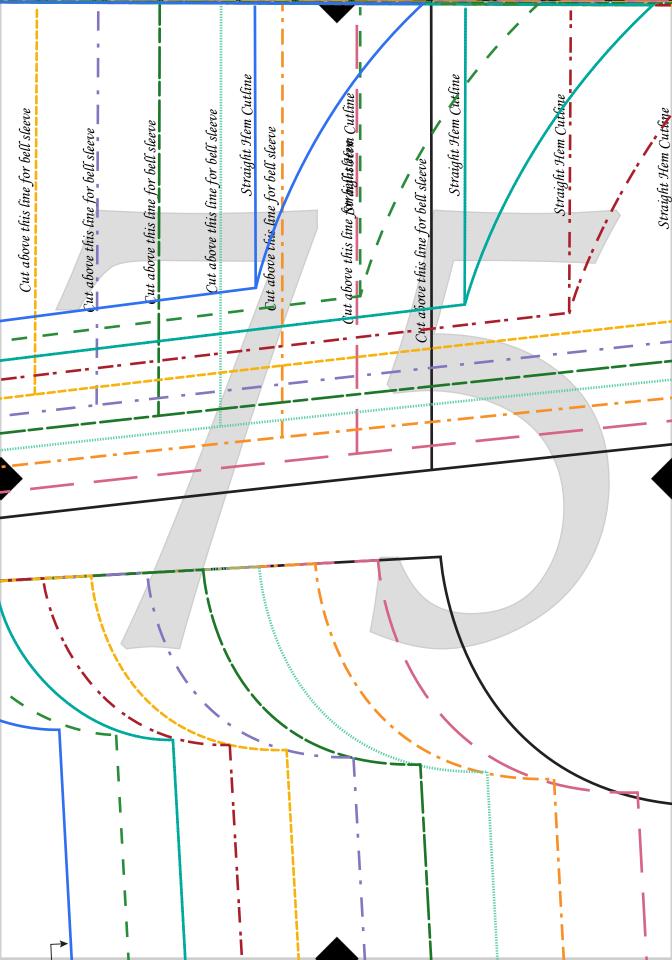


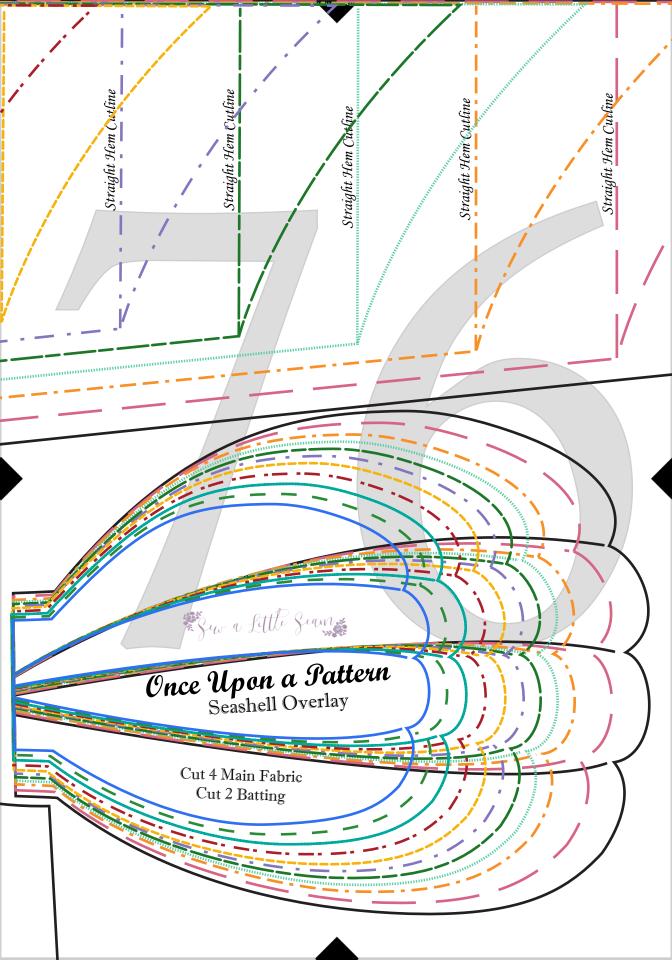


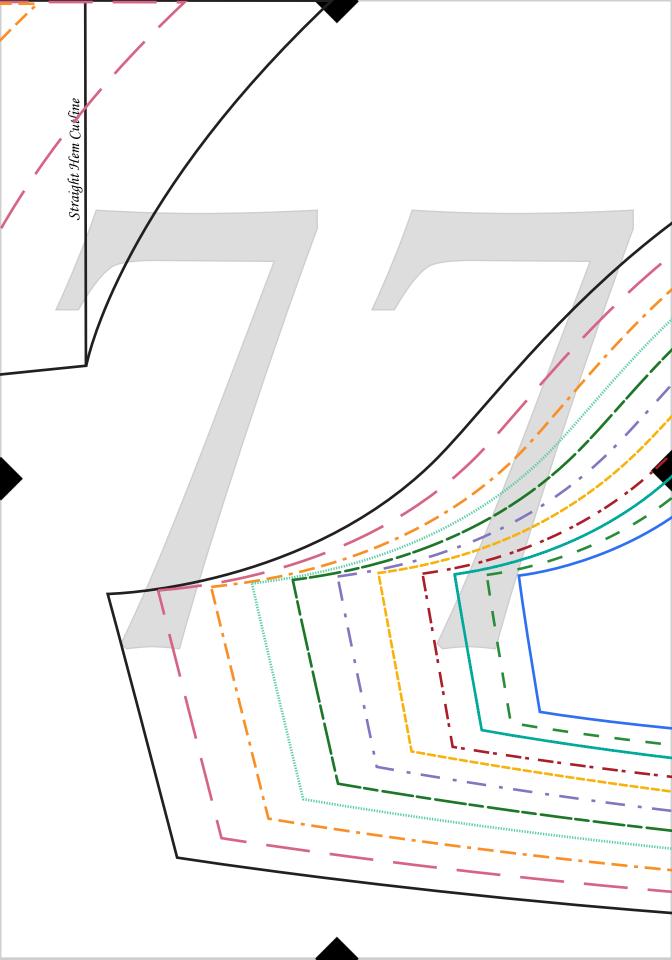


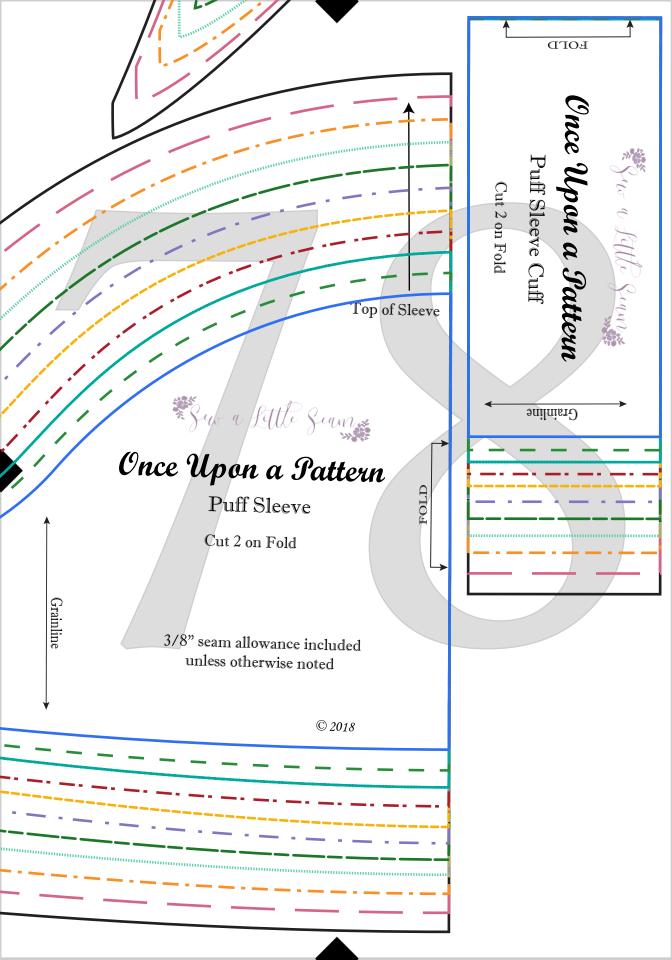


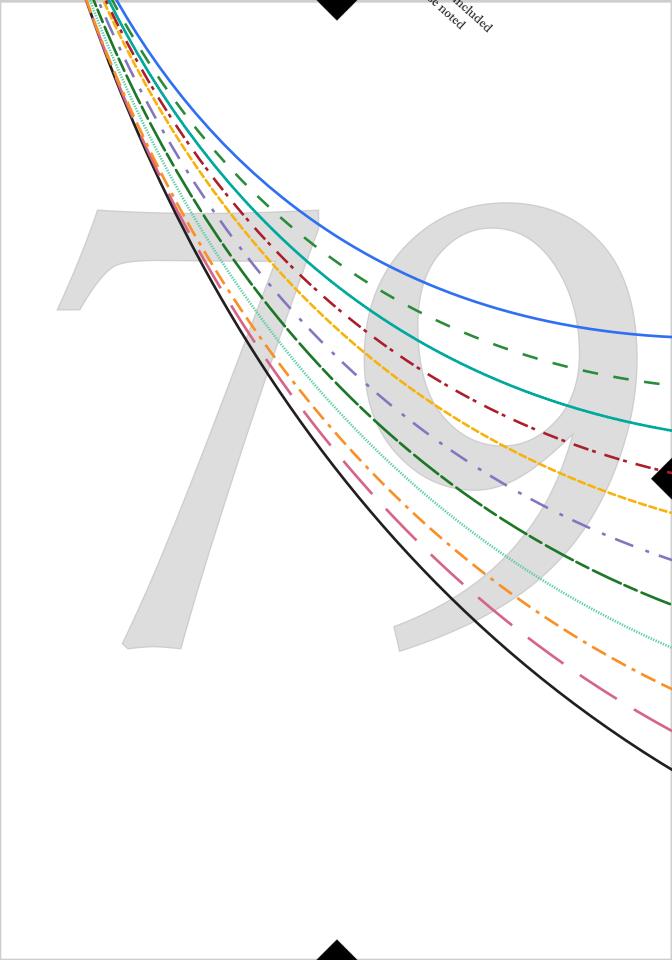


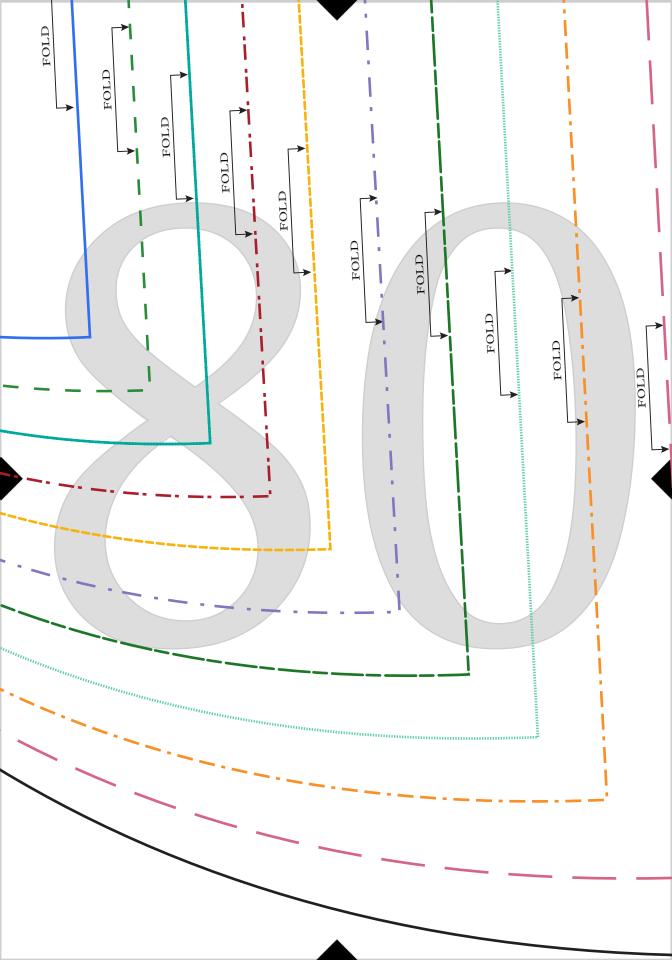




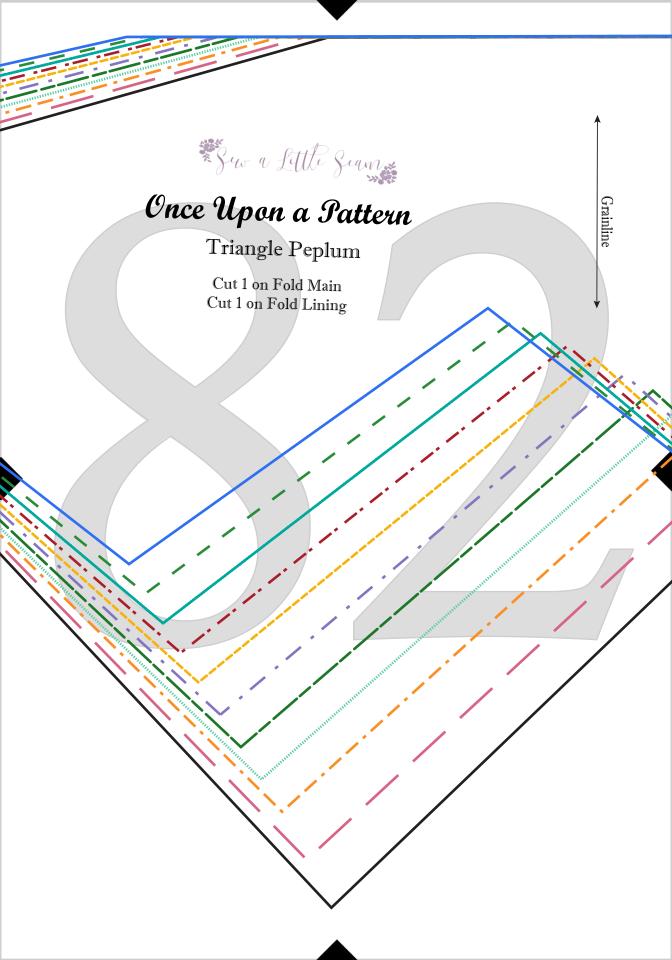


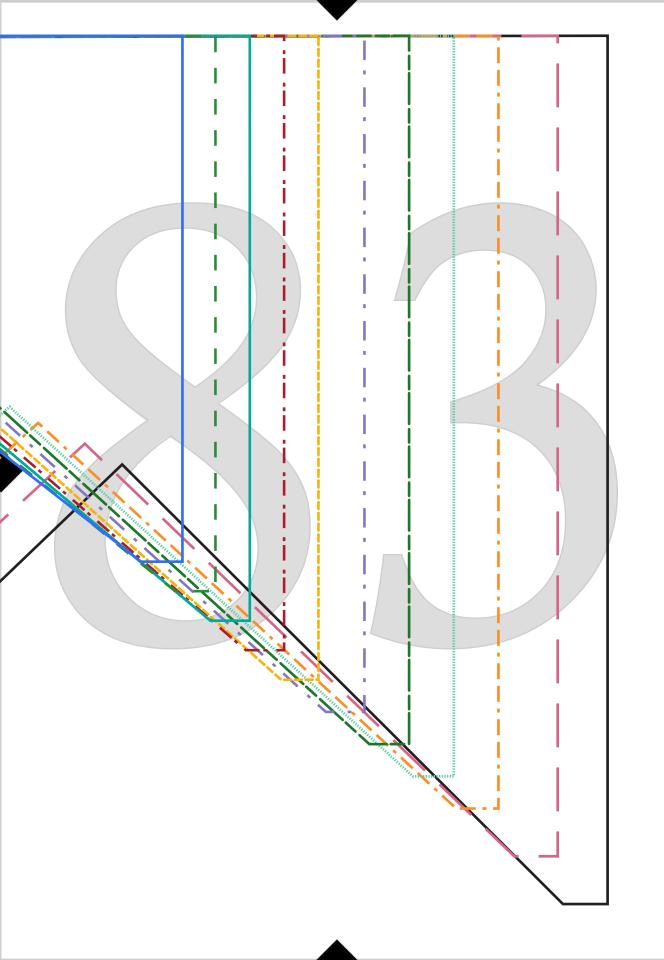


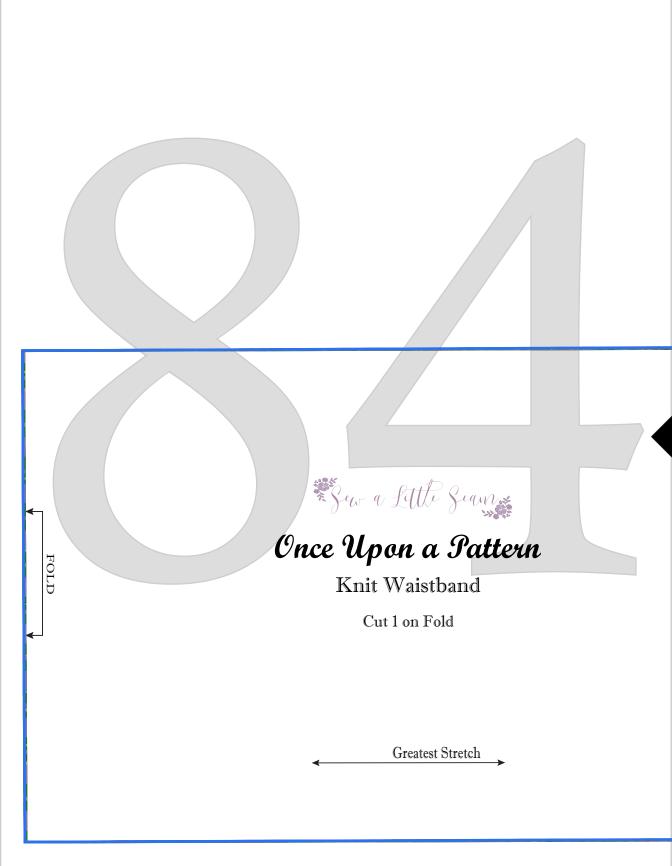


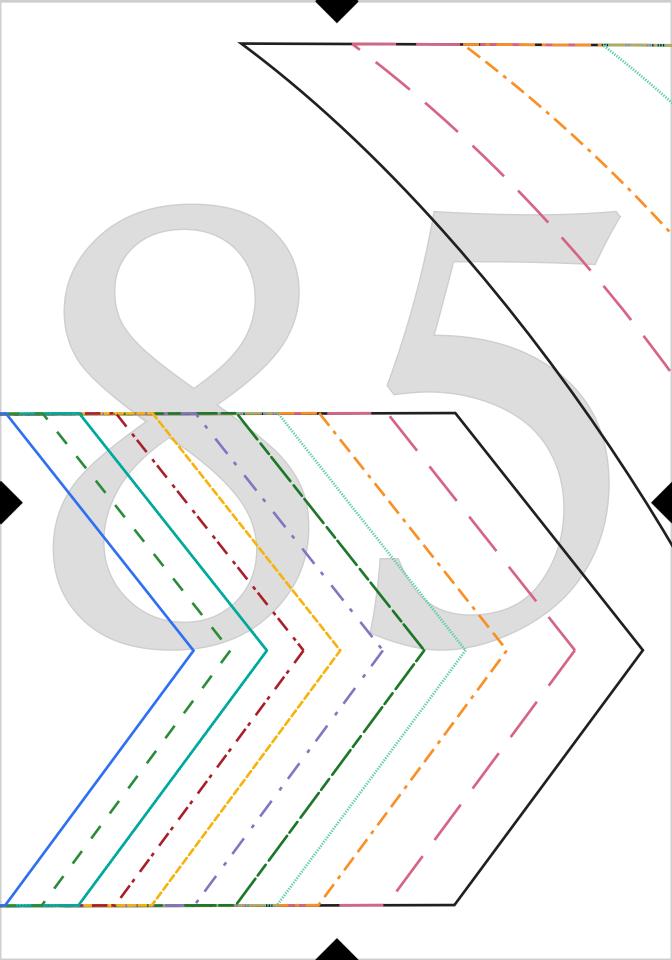


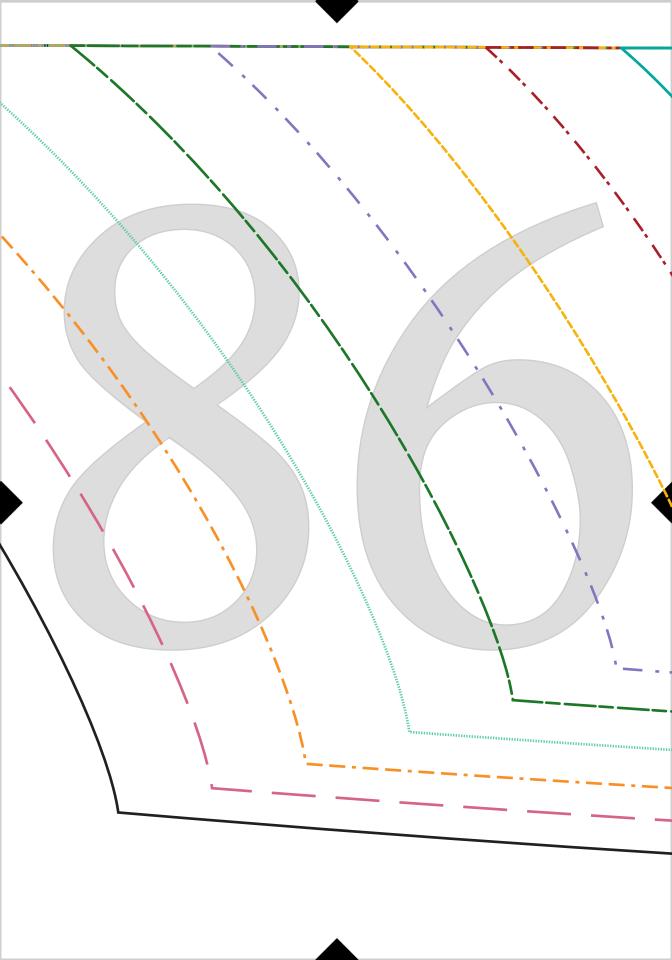


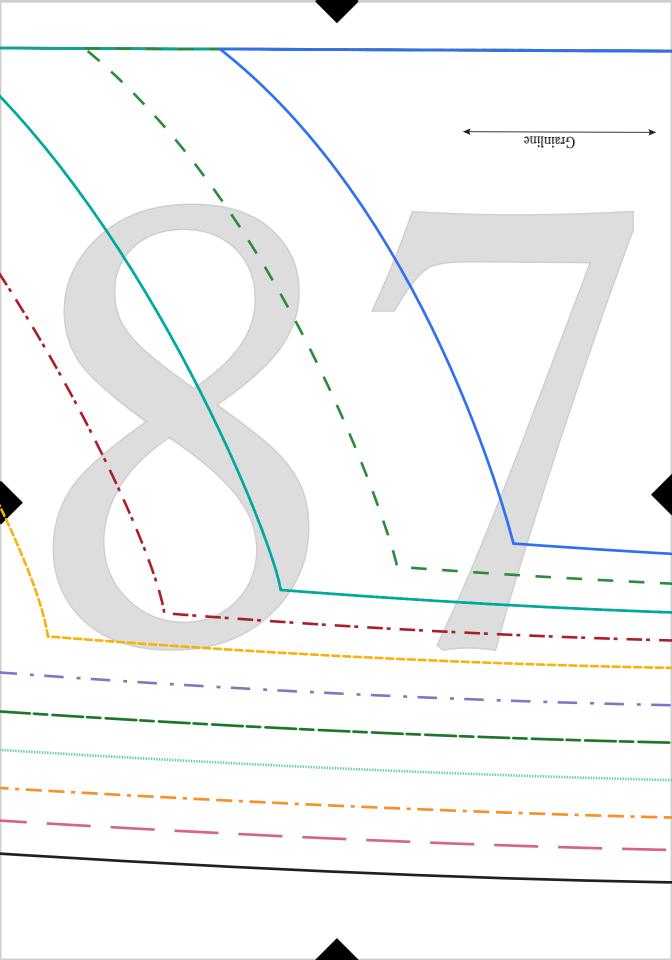


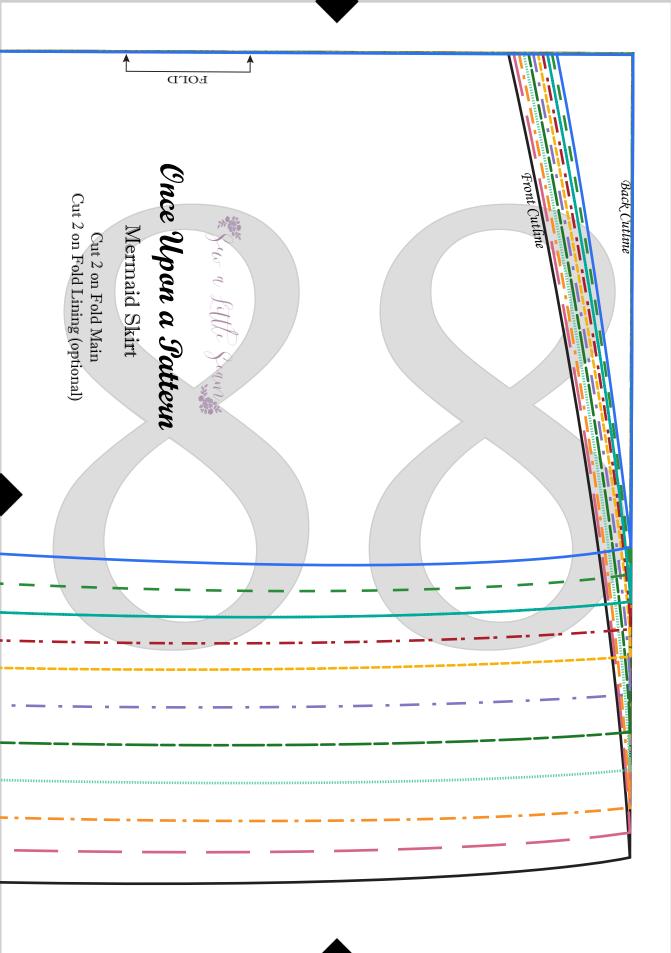


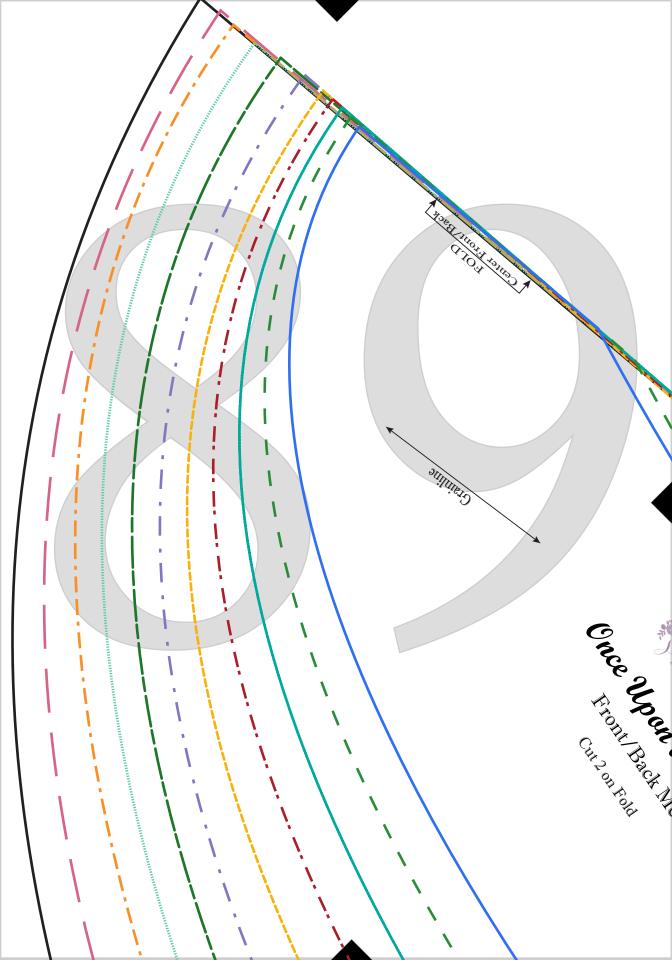


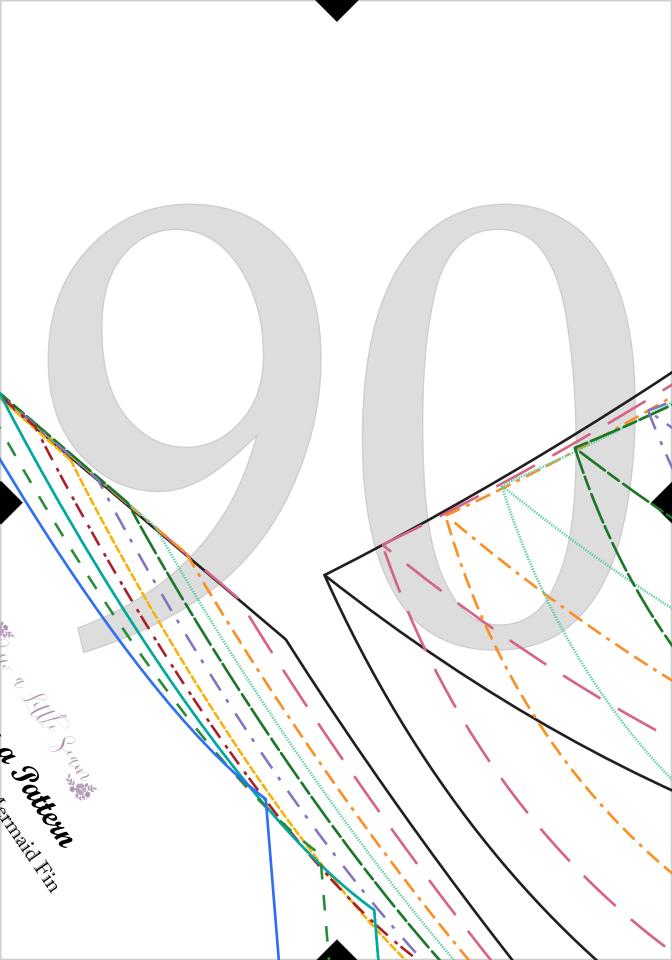


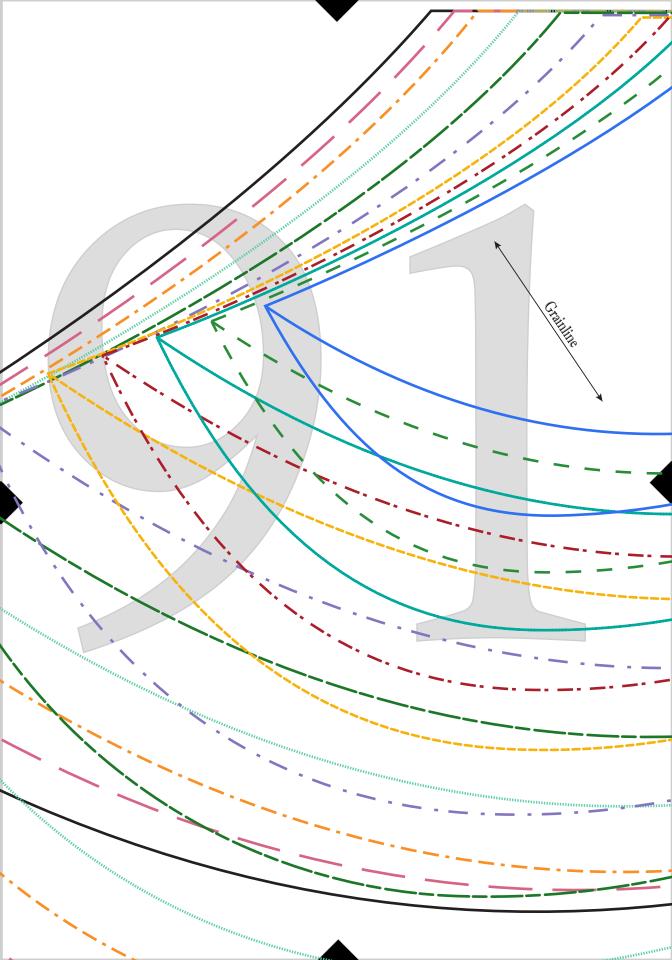




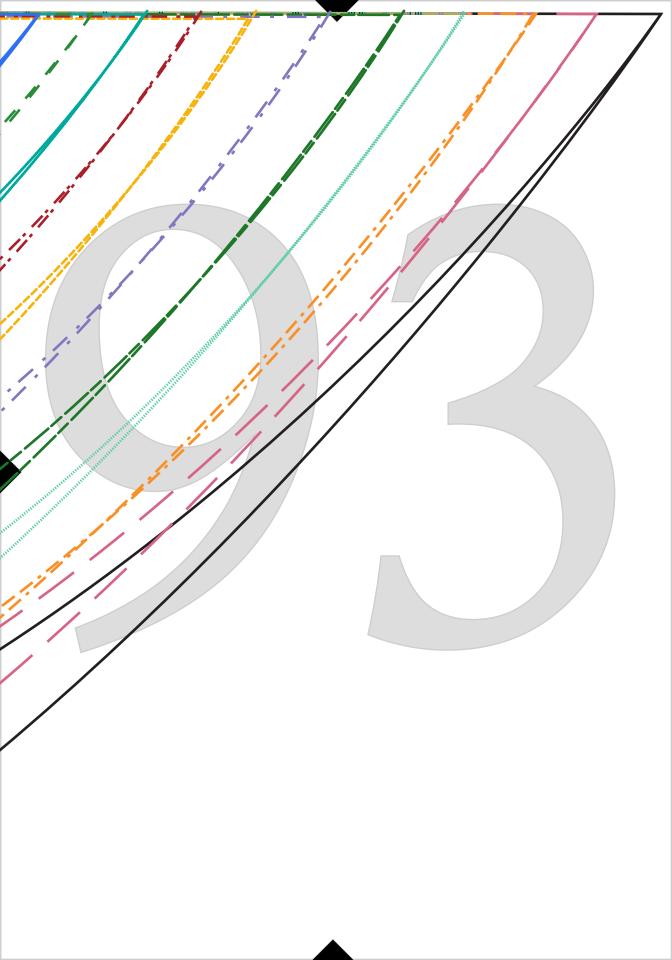


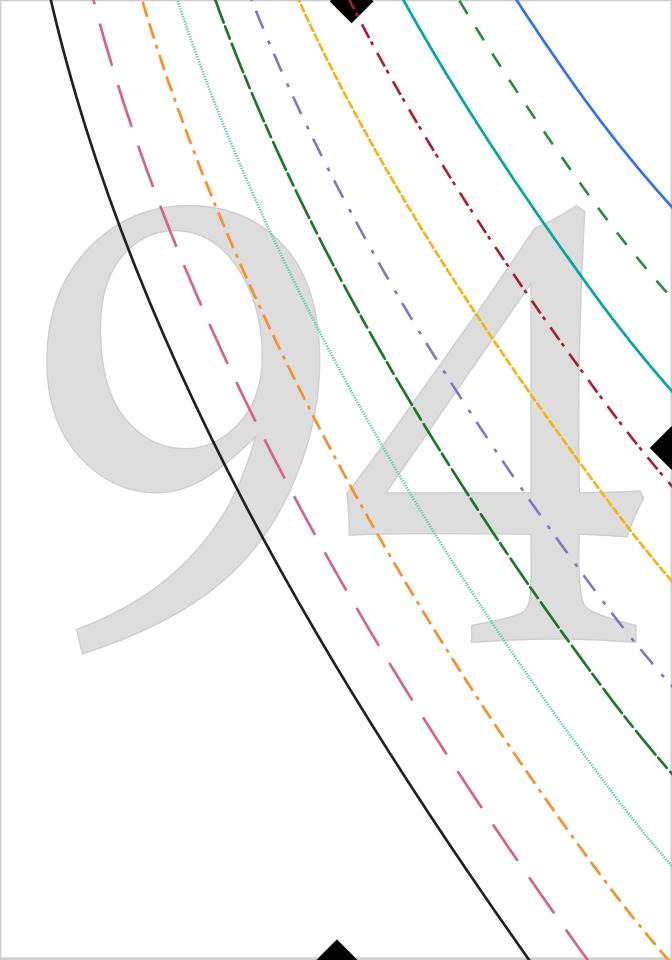


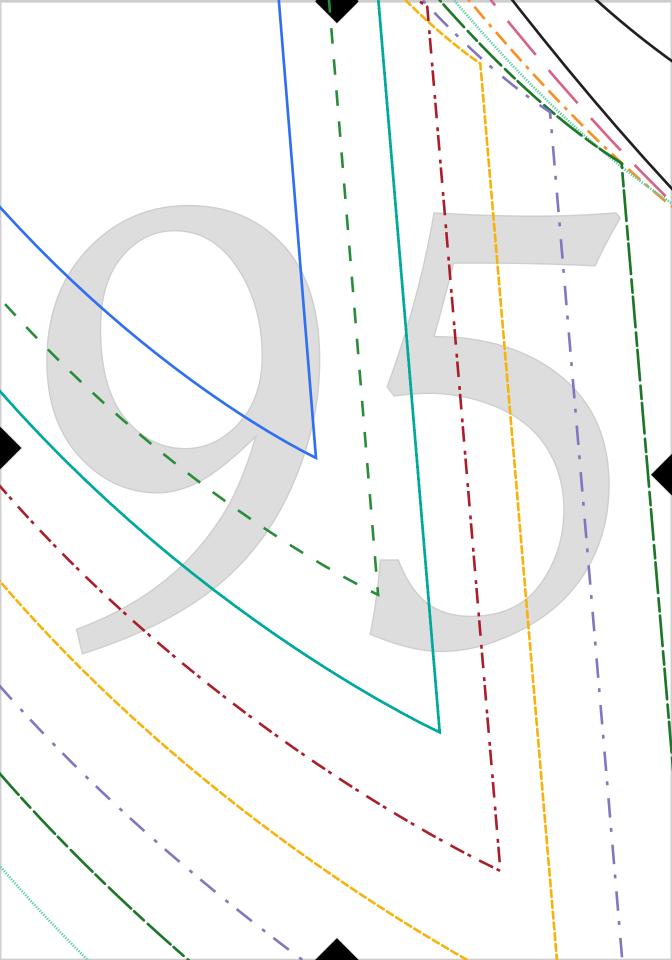


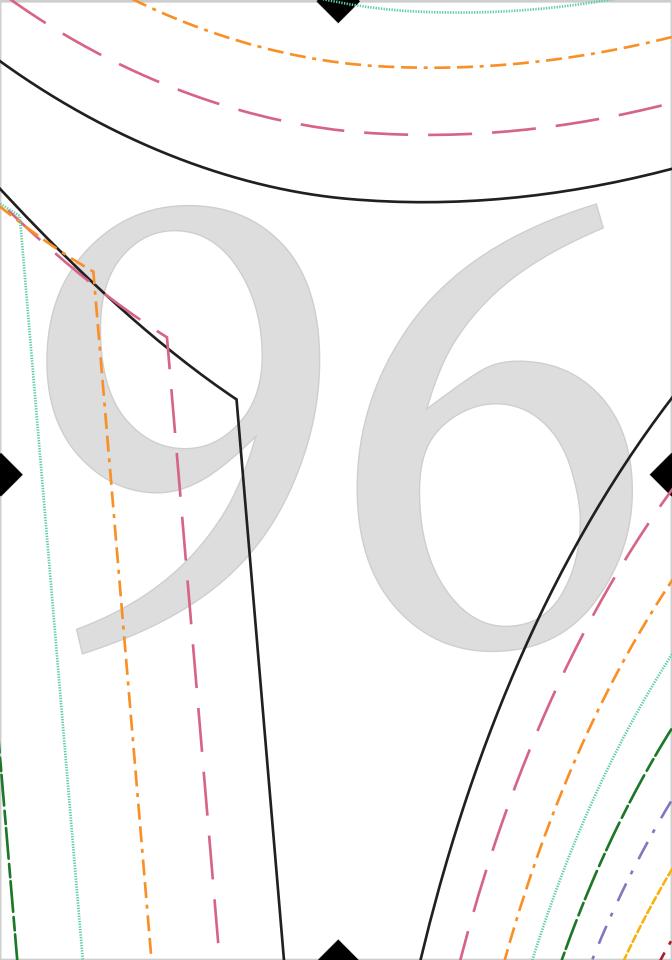


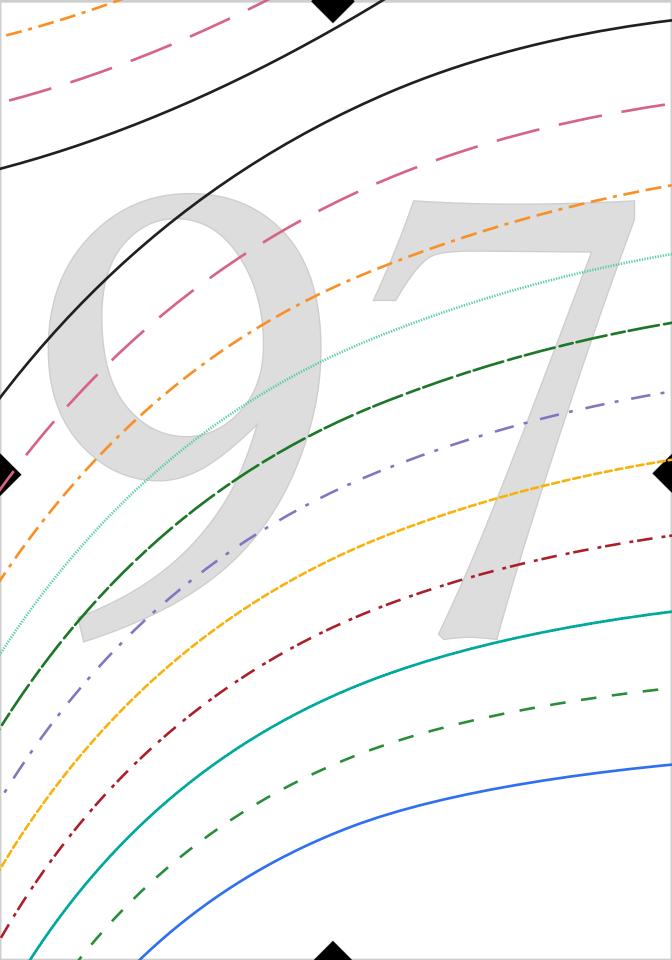
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Cut 2 on Fold on Bortom

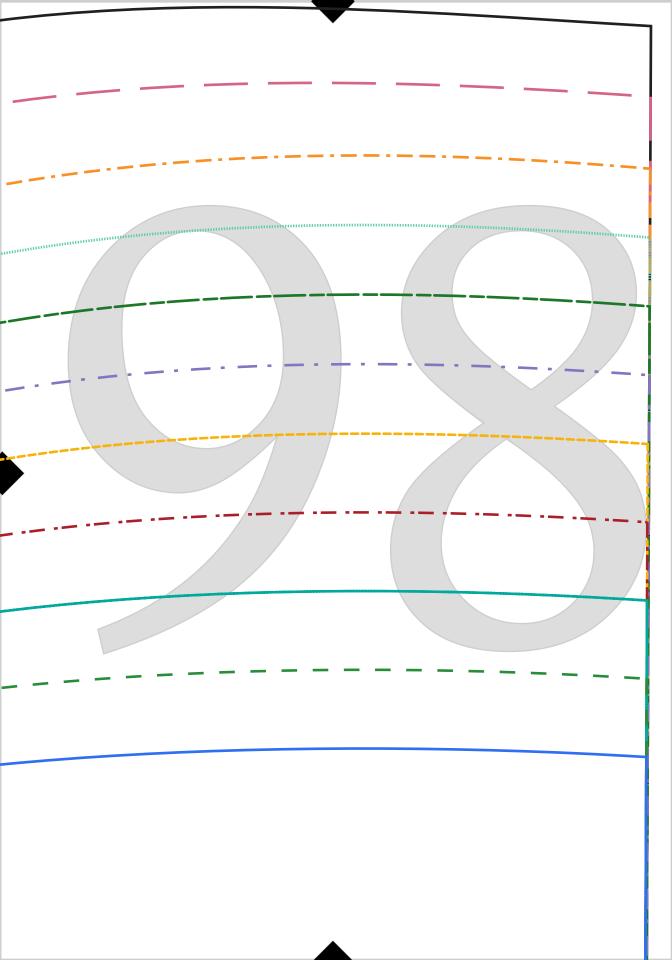




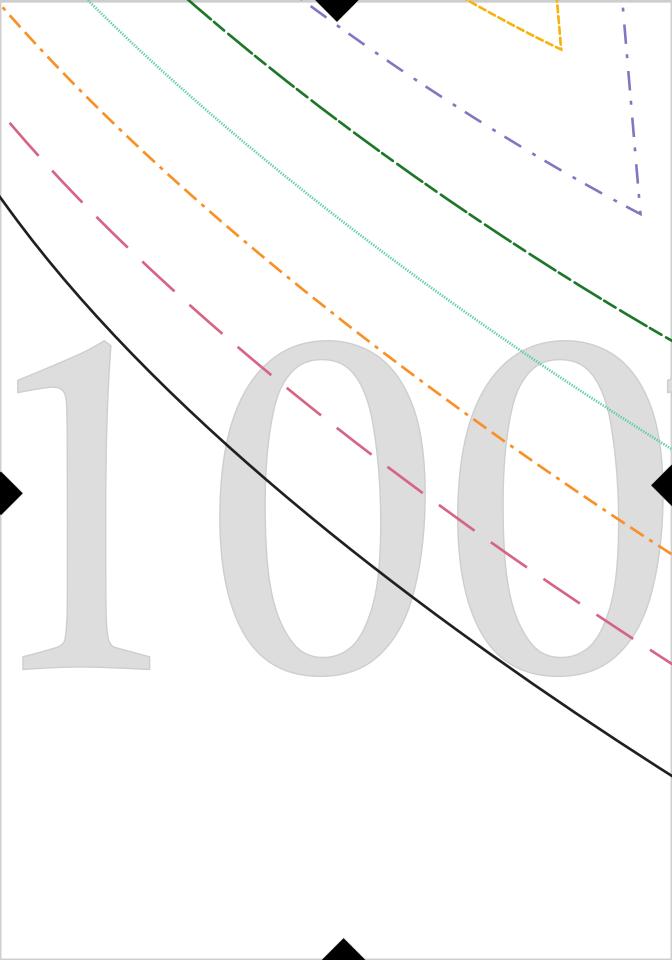


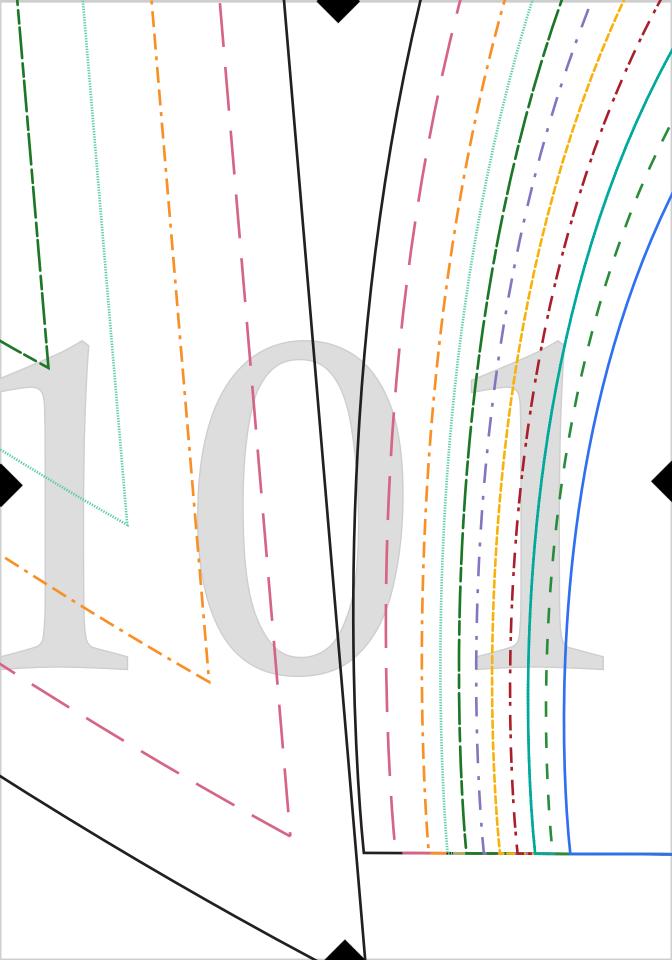


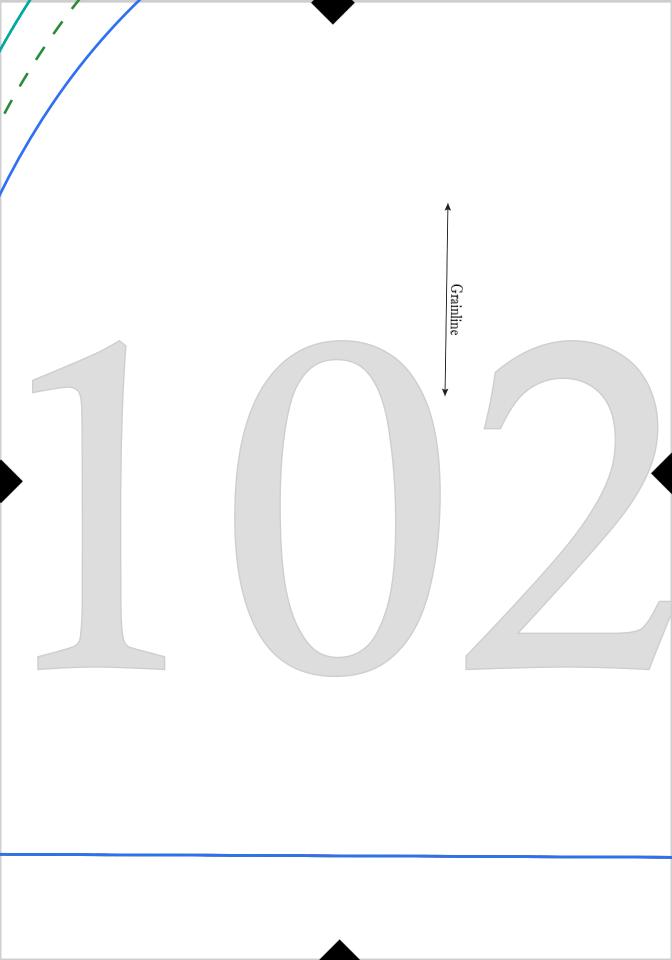










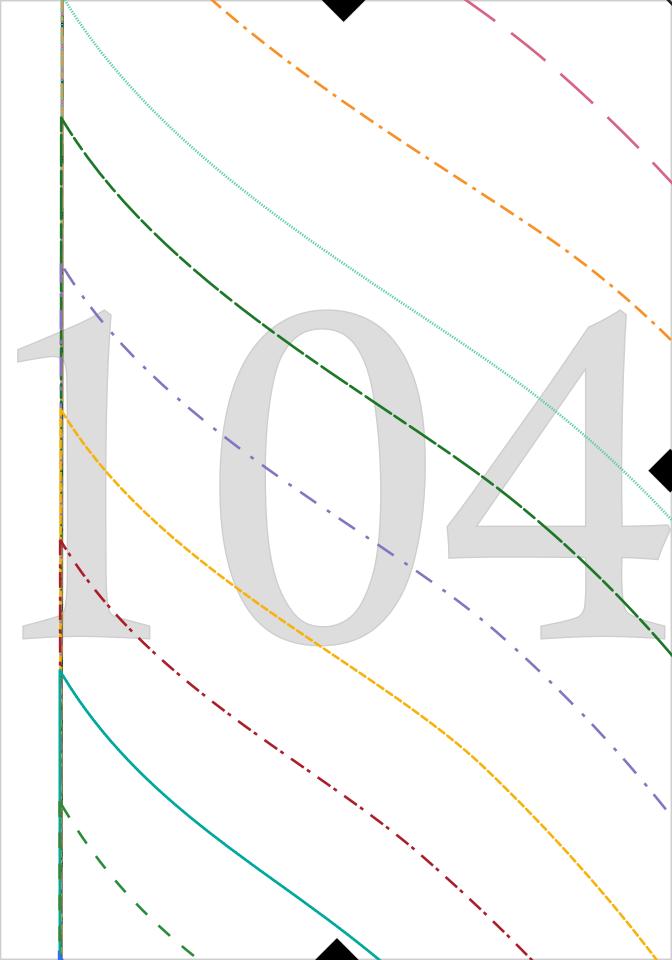


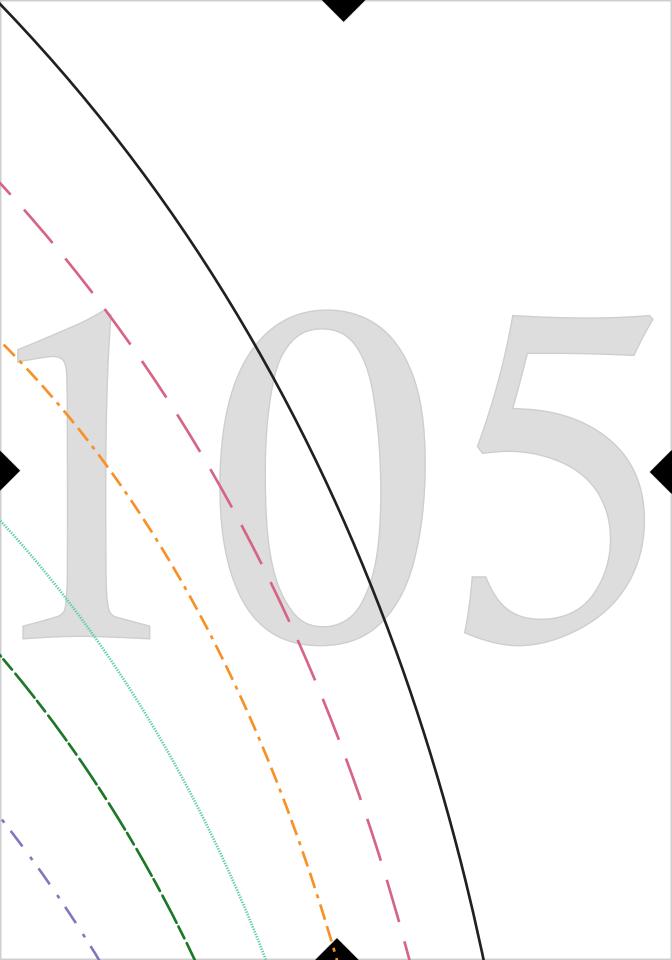
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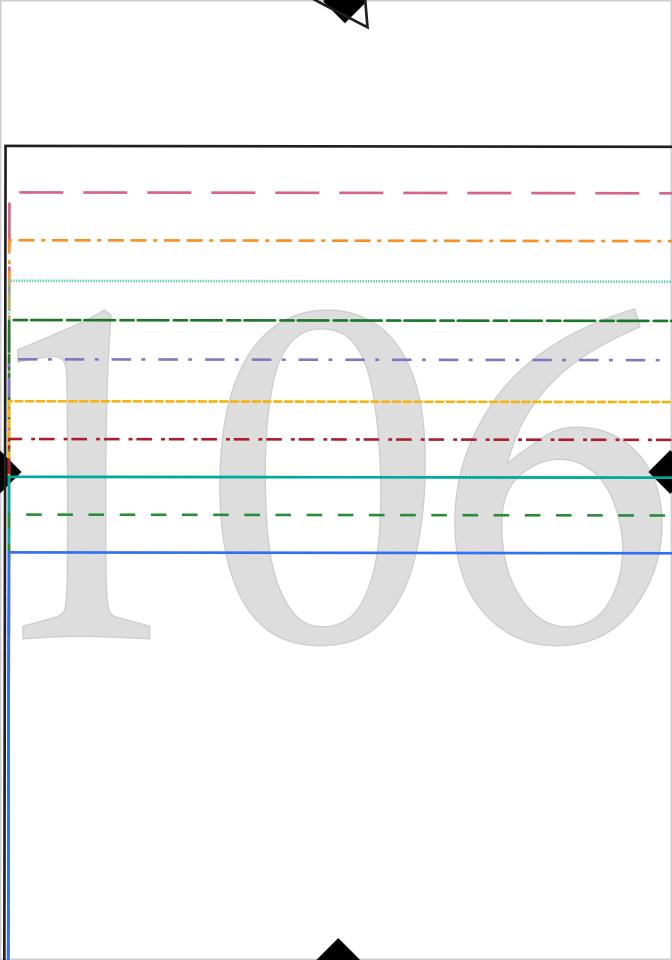
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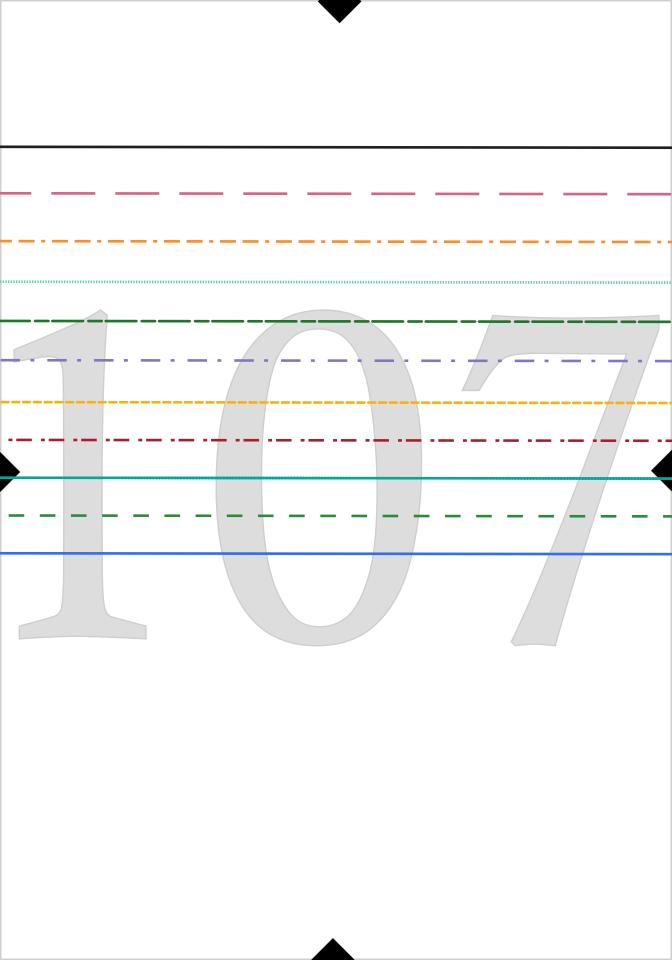
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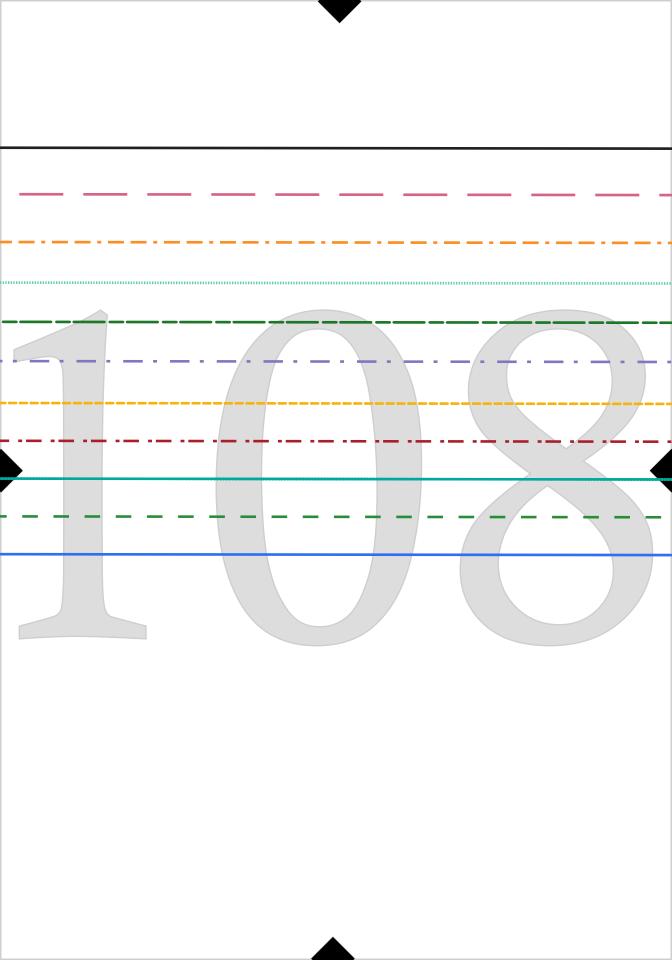


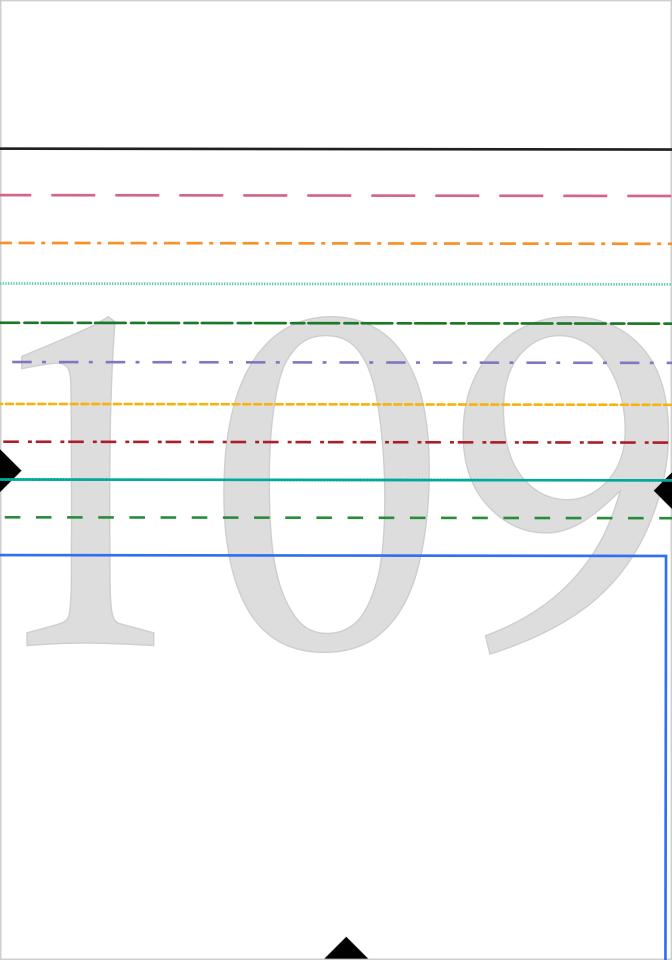


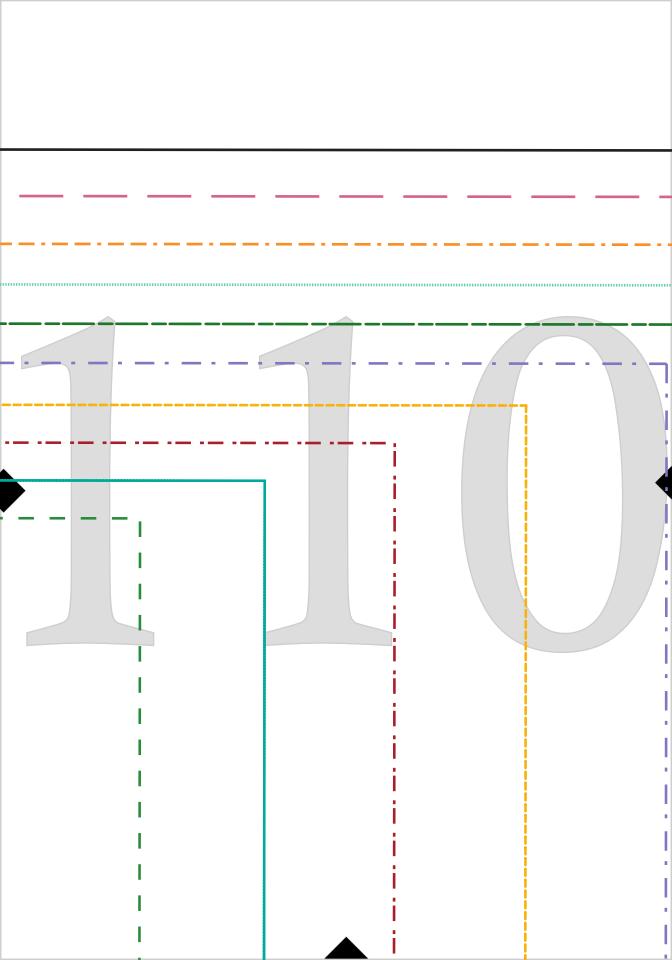


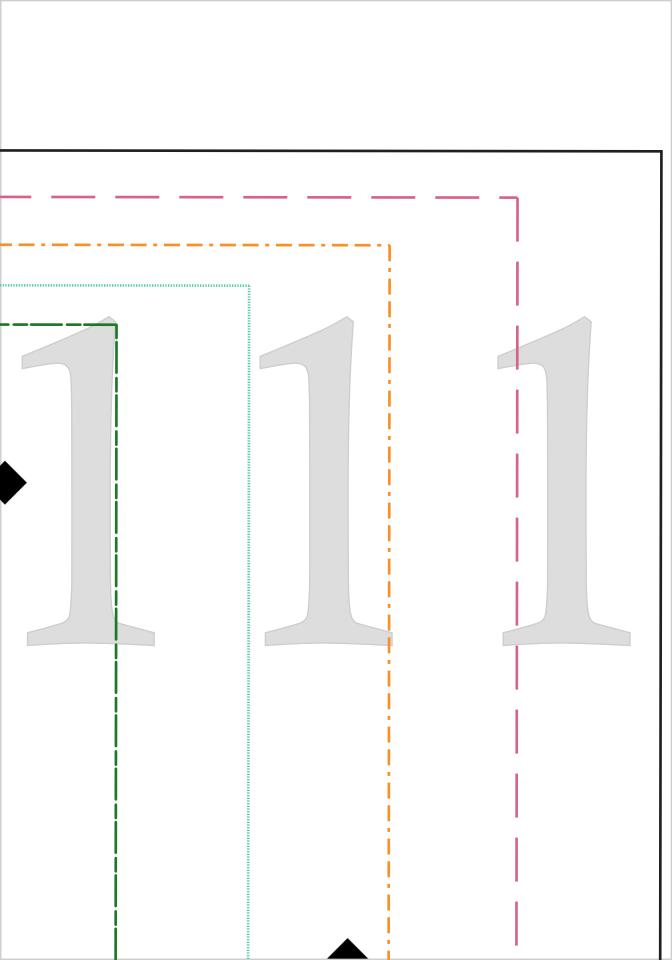


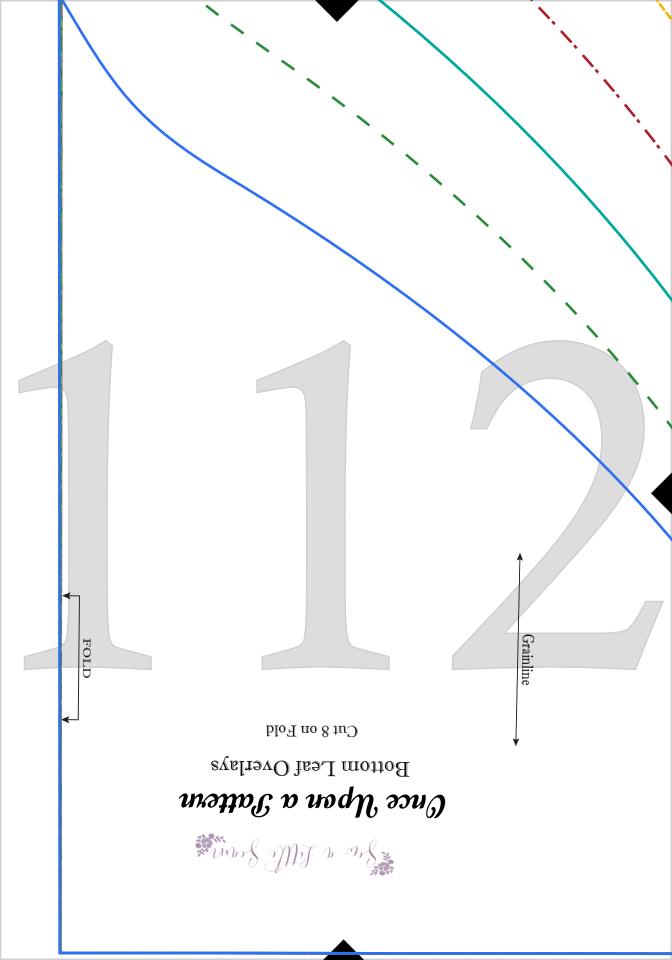


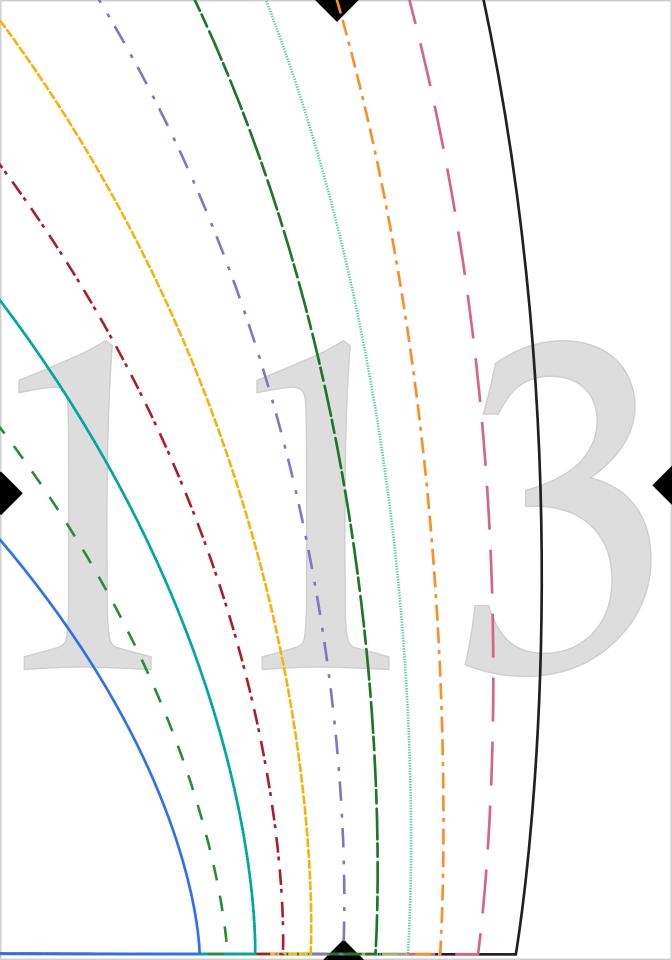






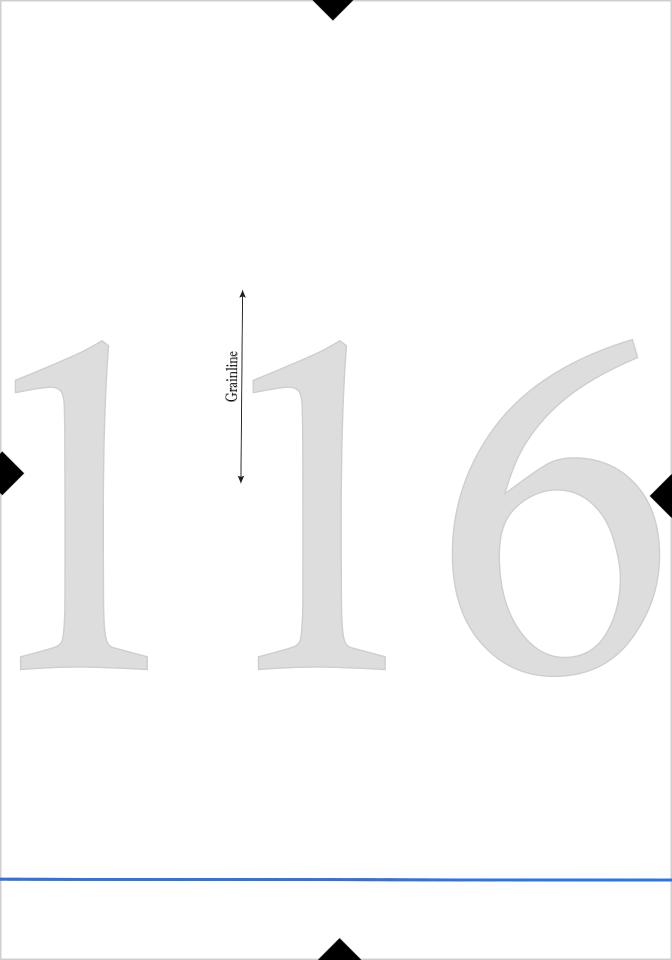




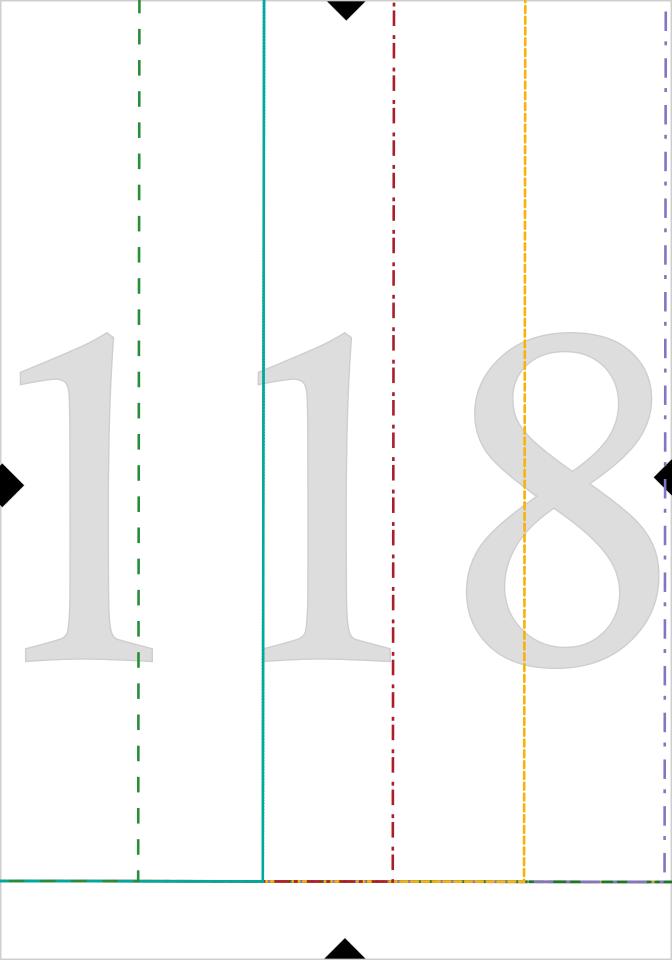


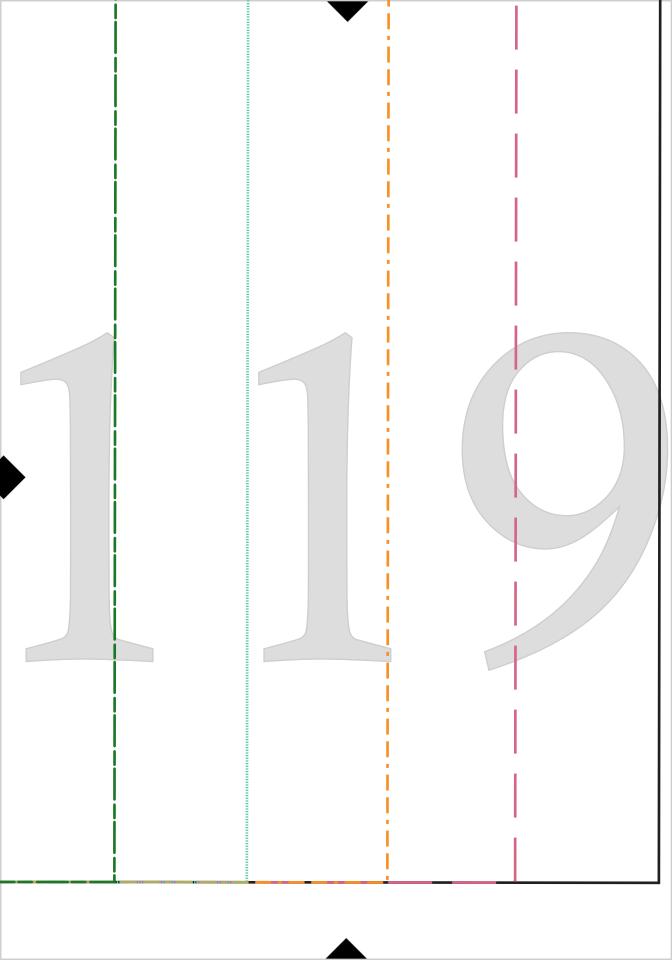


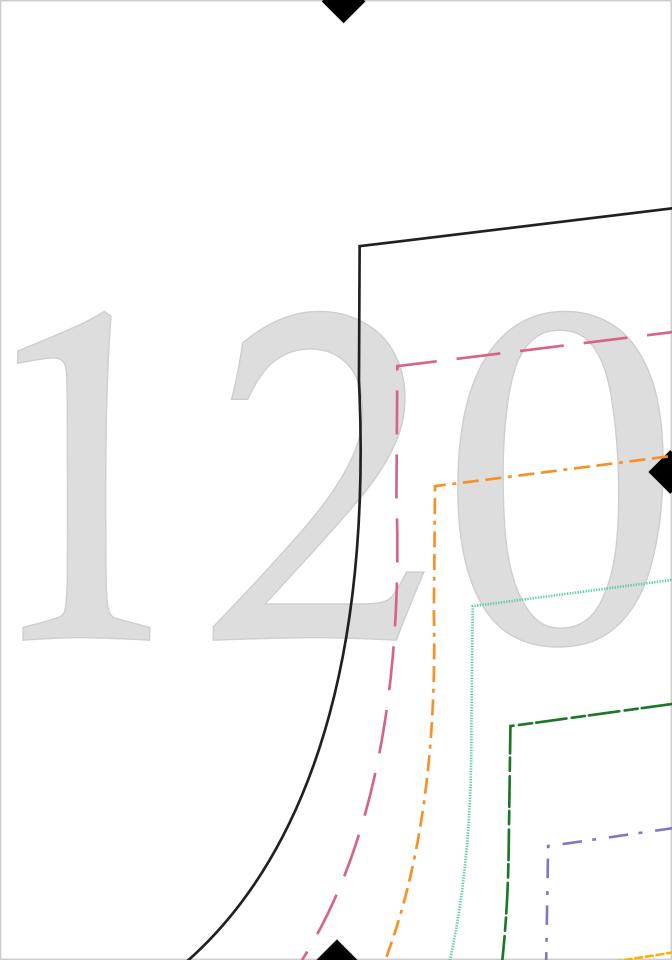
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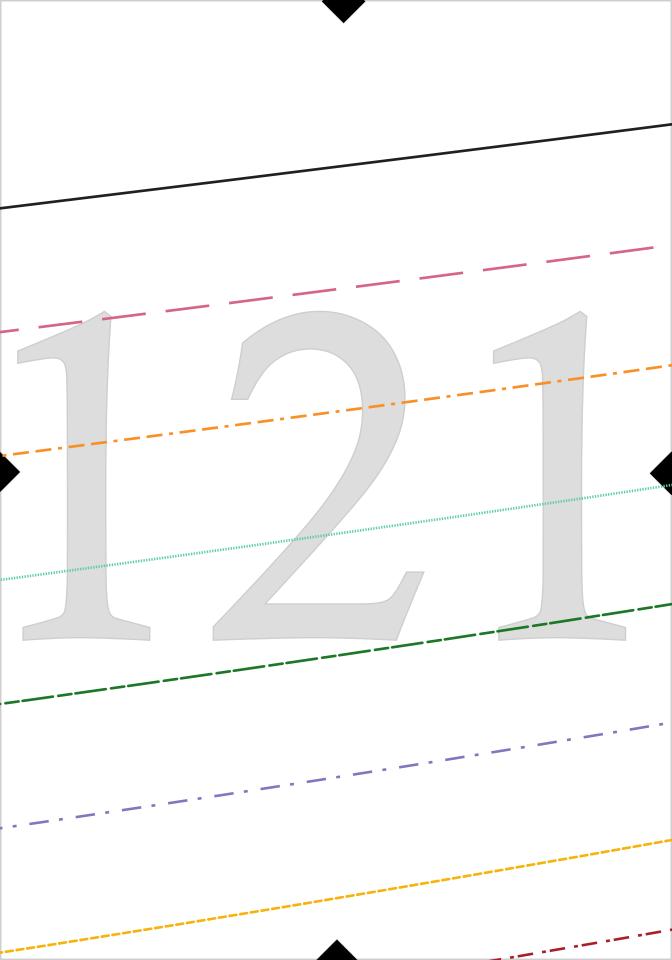


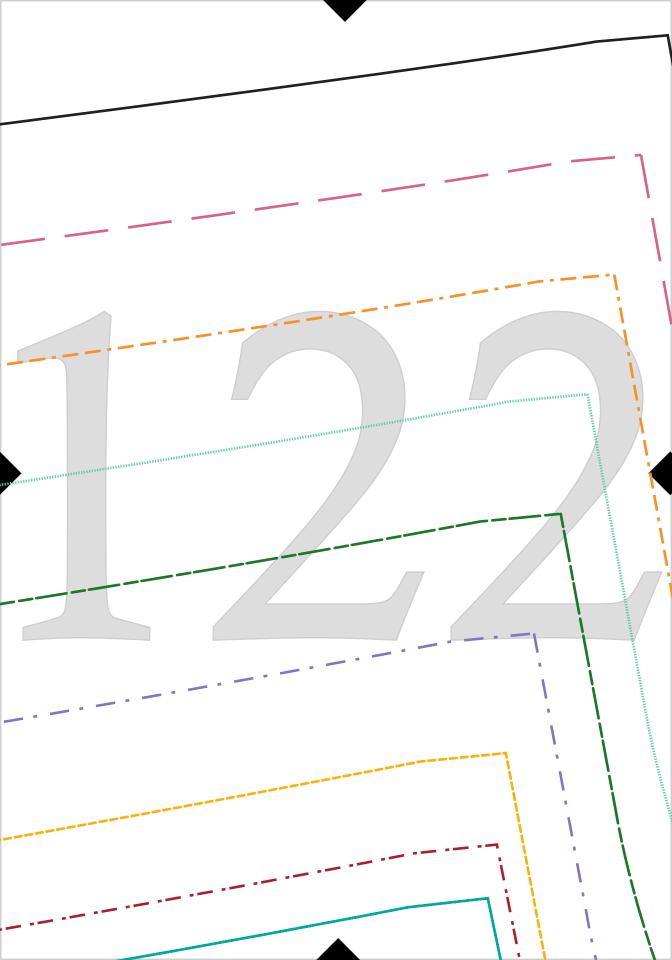


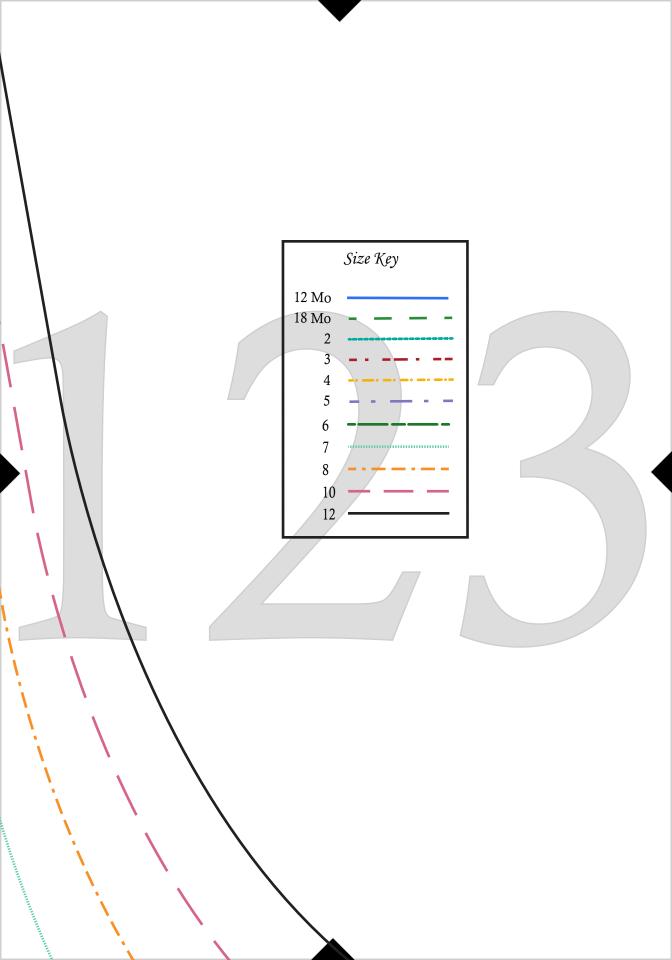


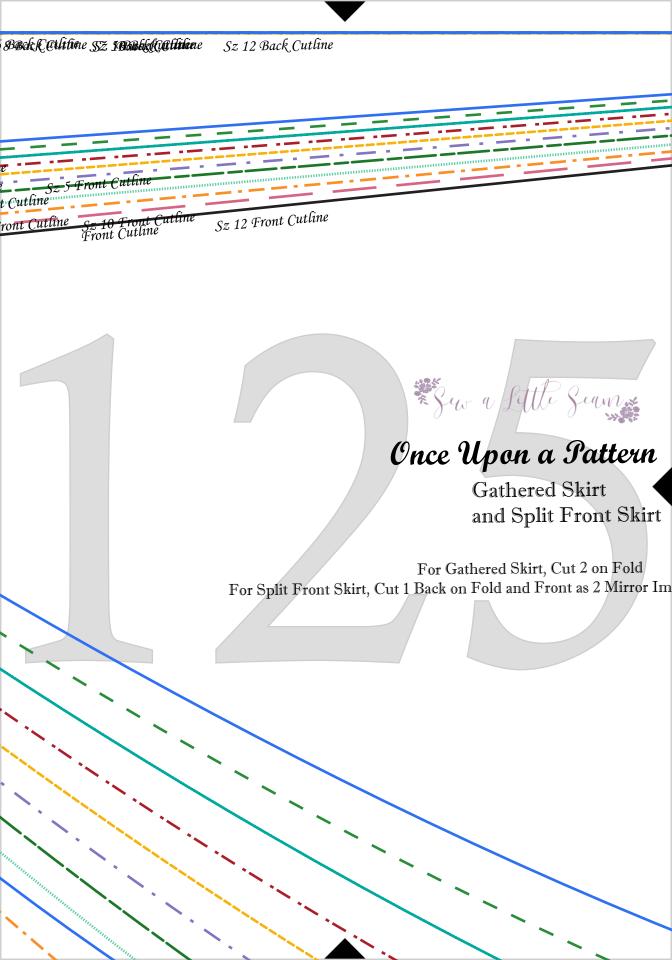


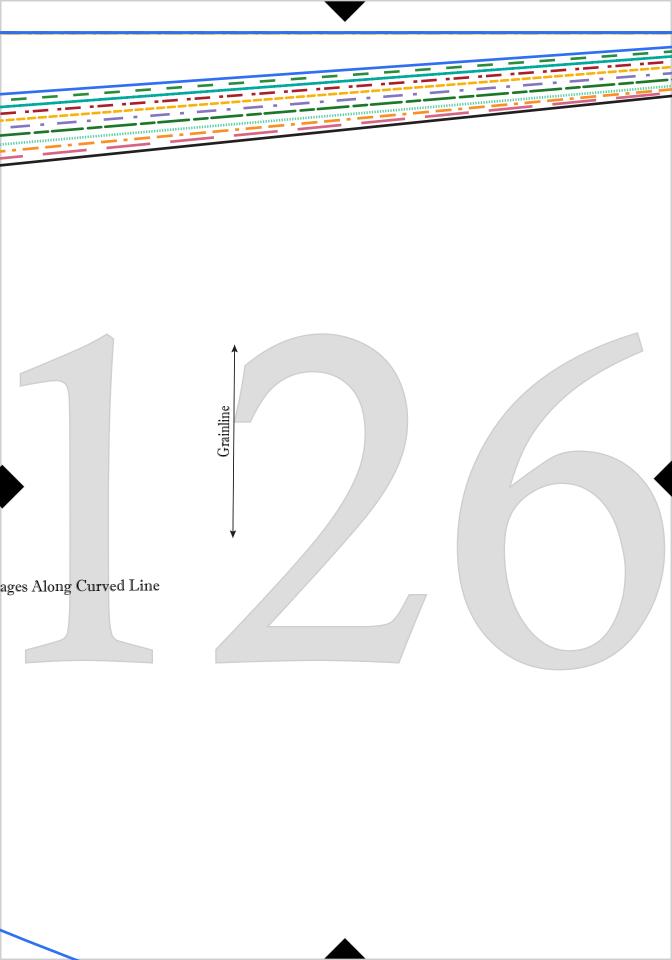


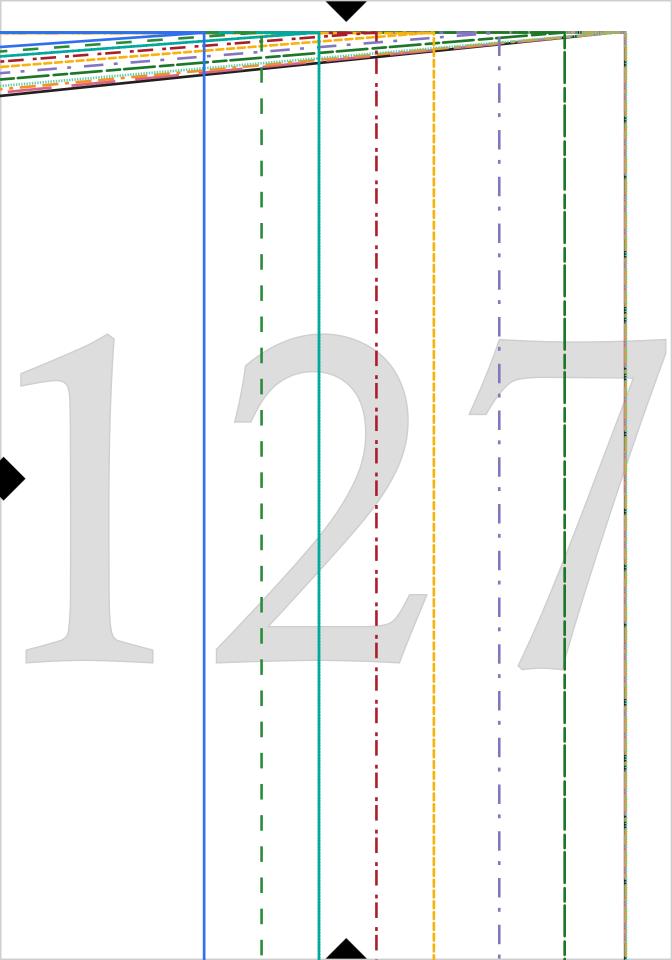


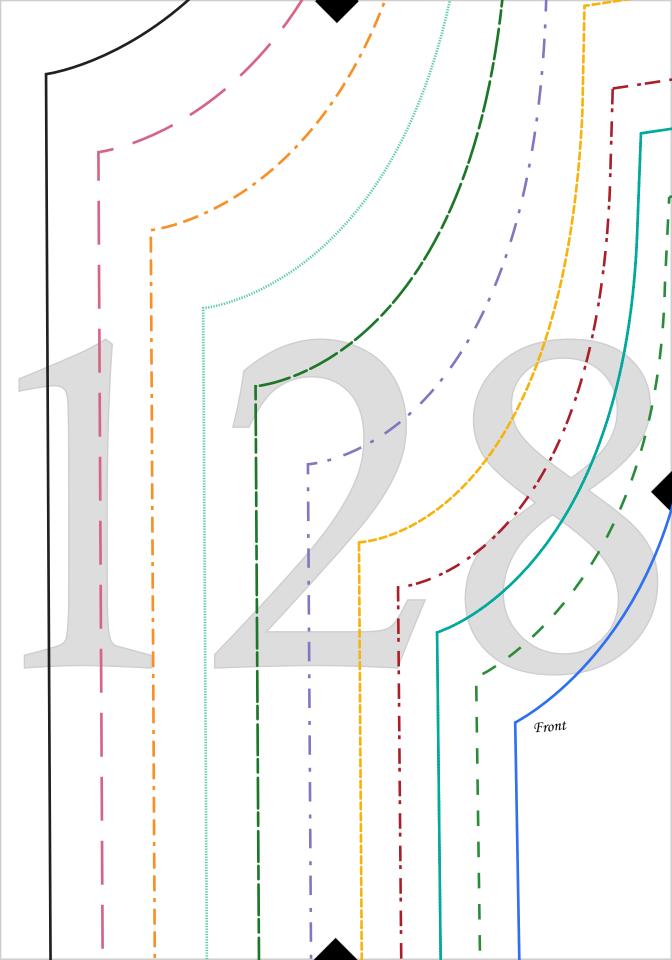


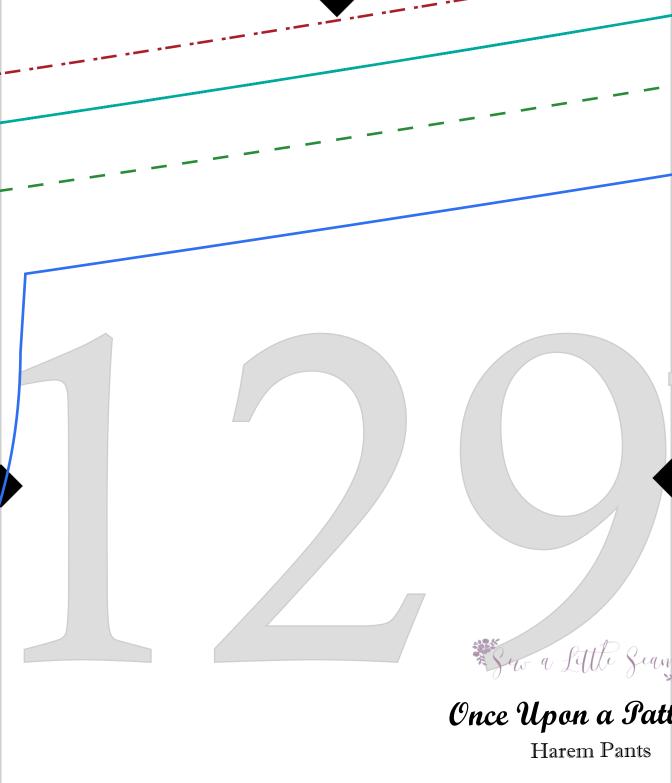




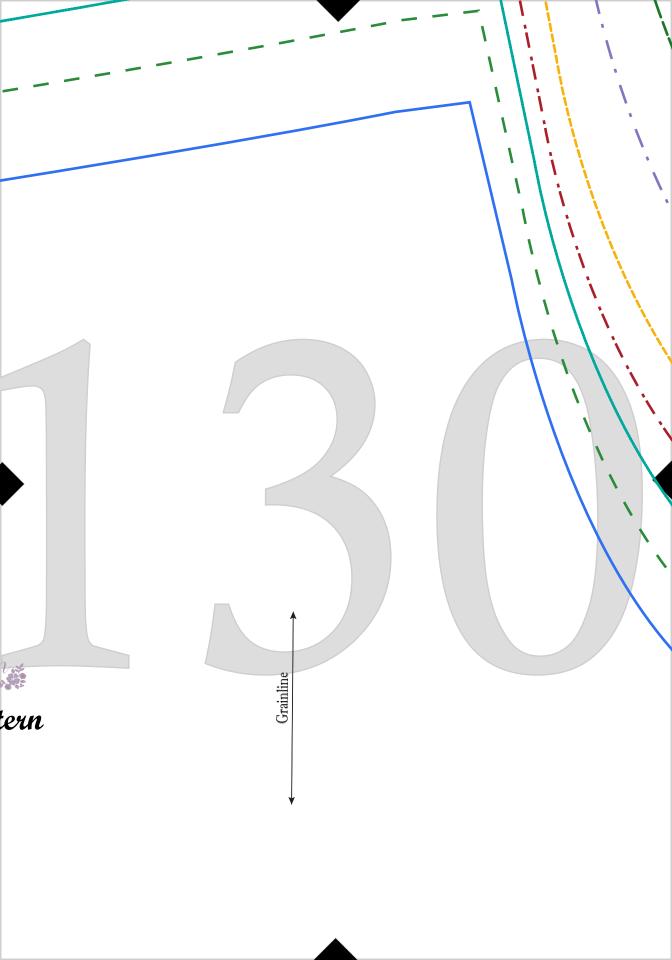


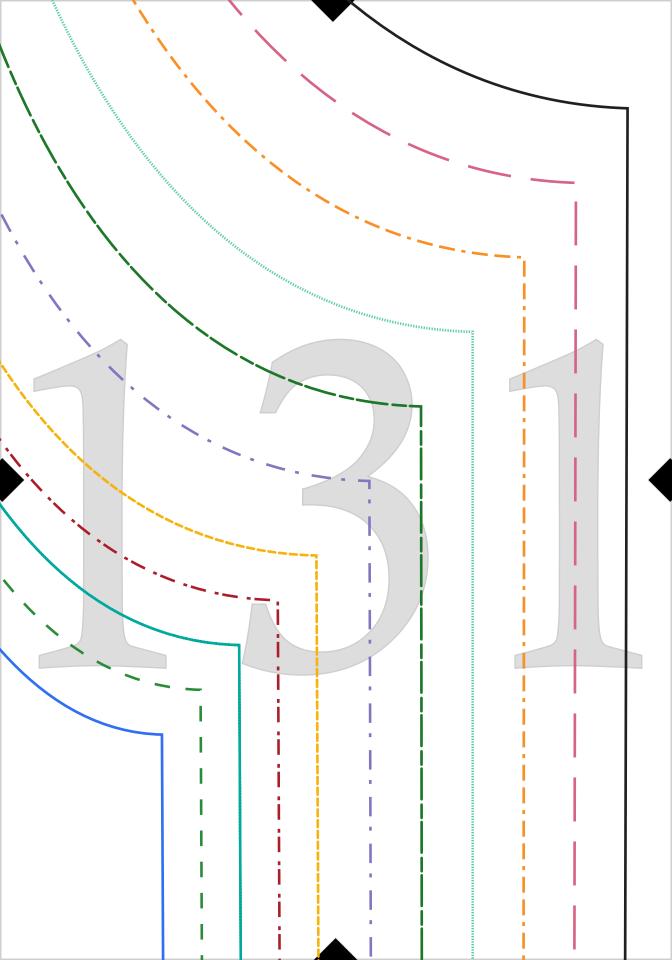


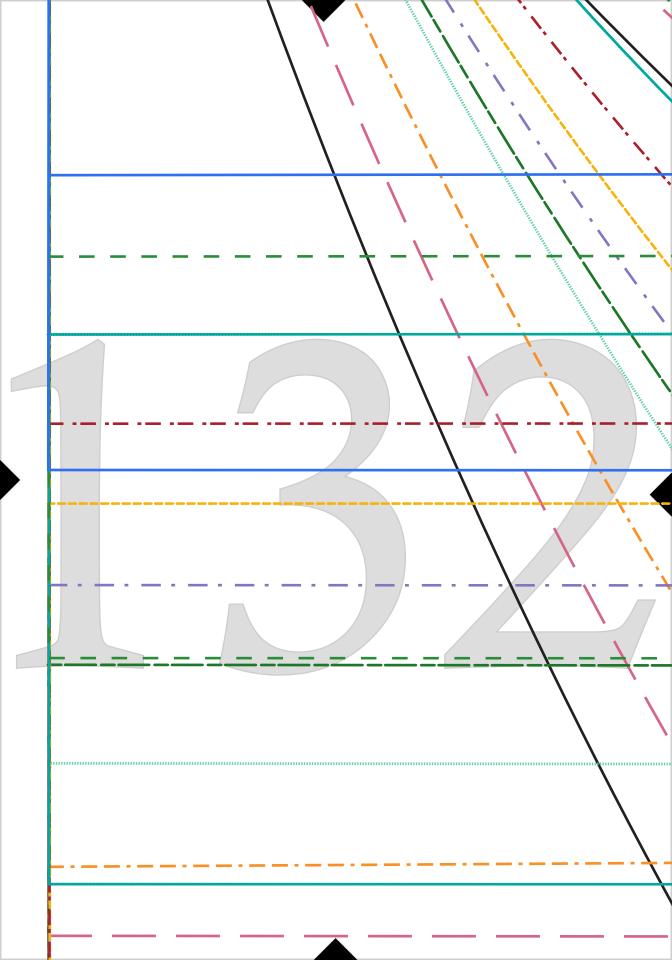


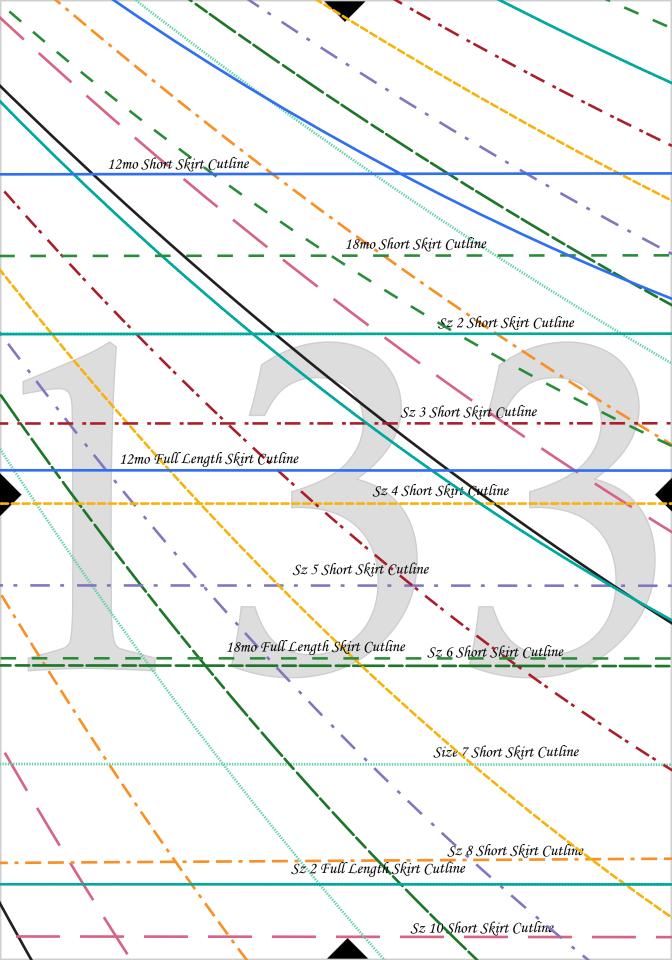


Cut 2 Mirror Images

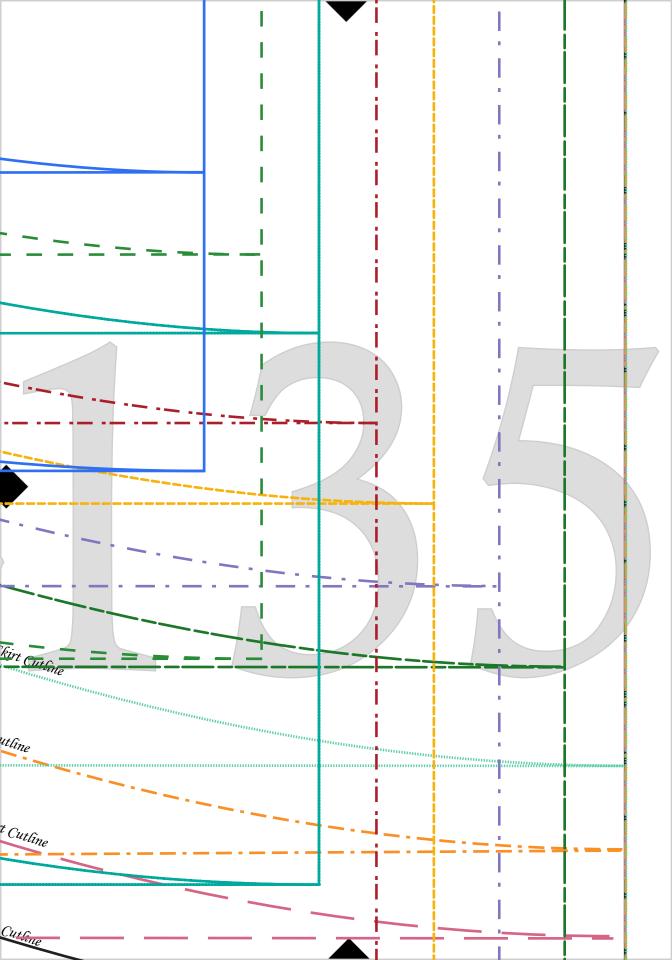


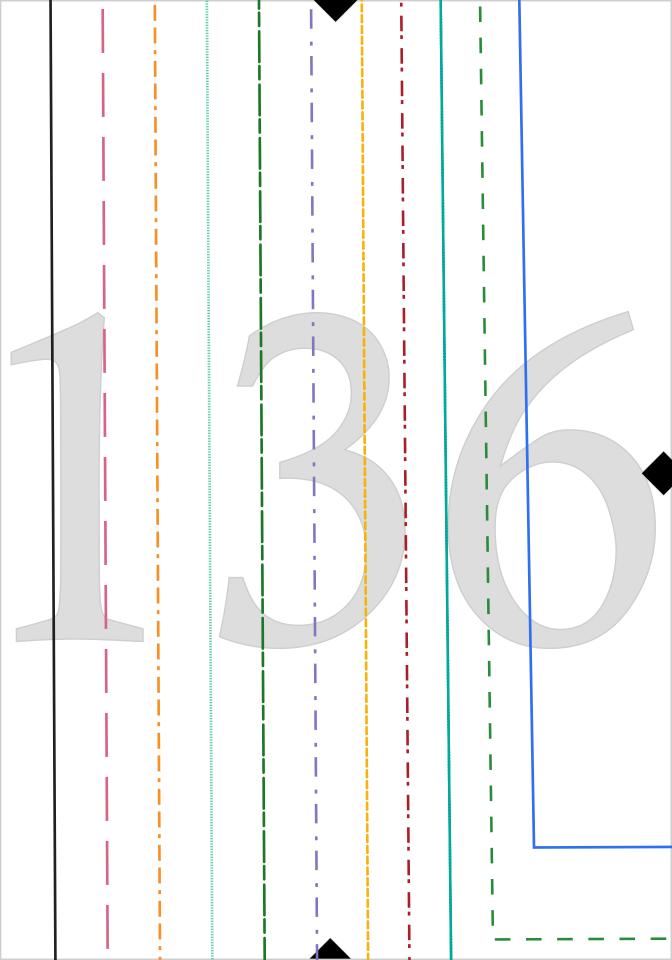


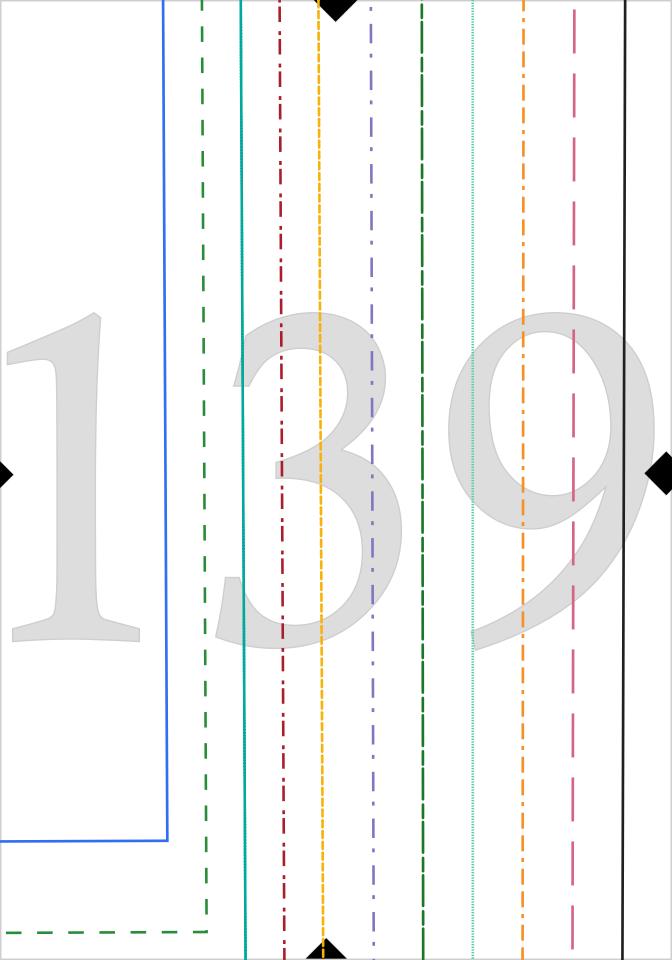


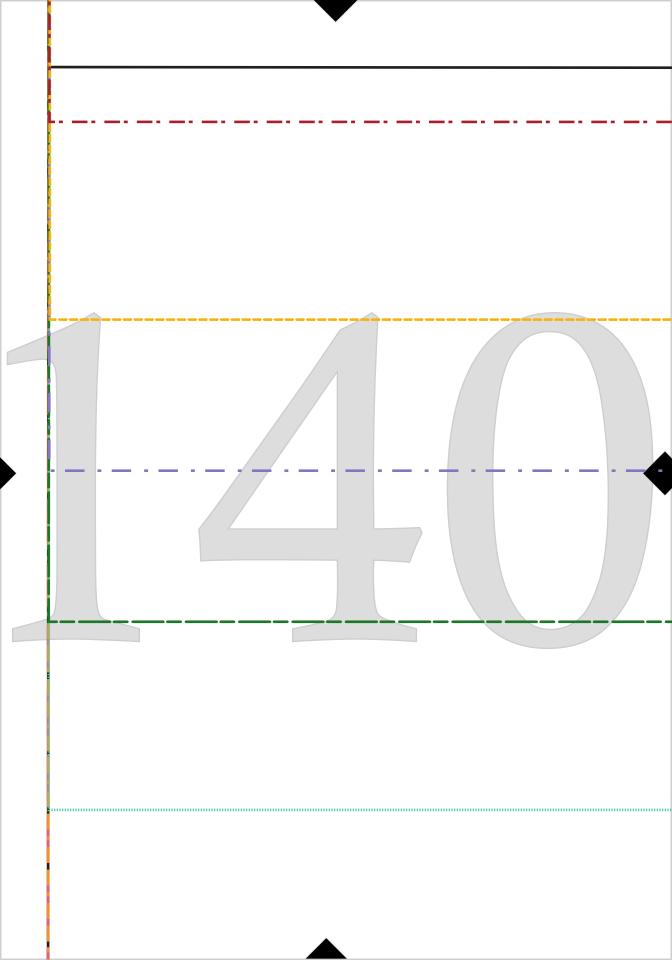


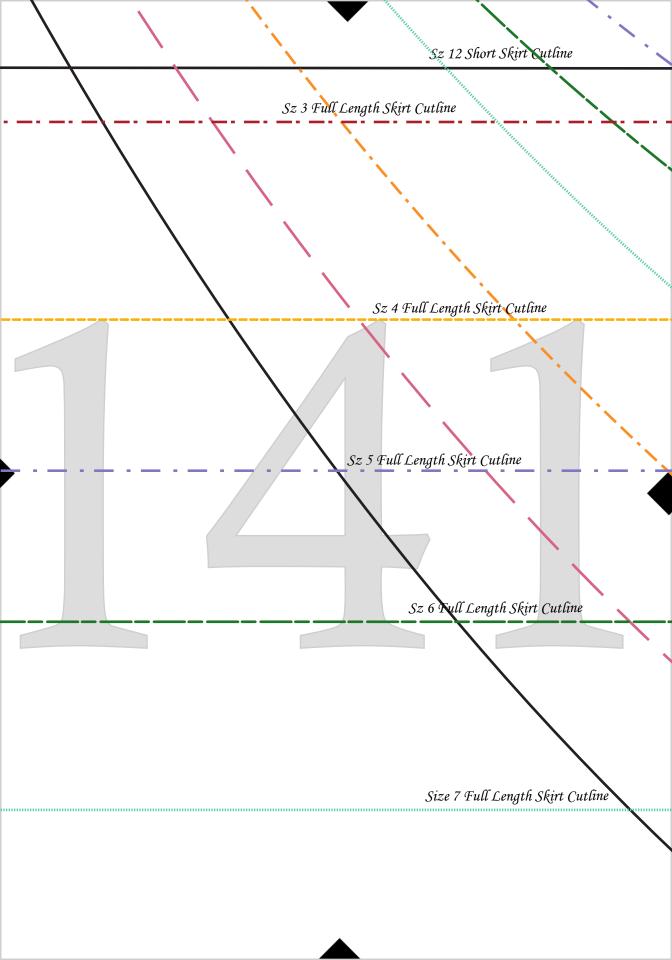
12mo Short Split Skirt Cutline 18mo Short Split Skirt Cutline Sz 2 Short Split Skirt Cutline Sz 3 Short Split Skirt Cutline 12mo Full Length Split Skirt Cutline Sz 4 Short Split Skirt Cutline Sz 5 Short Split Skirt Cutline Sz o Short Split Skirt Cutline 18 mo Full Length Split Skirt Cutline Size 7 Short Split S Sz 8 Short Split Skirt C Sz 2 Full Length Split Skirt Cutline Sz 10 Short Split Skij Sz 12 Short Split Skirt

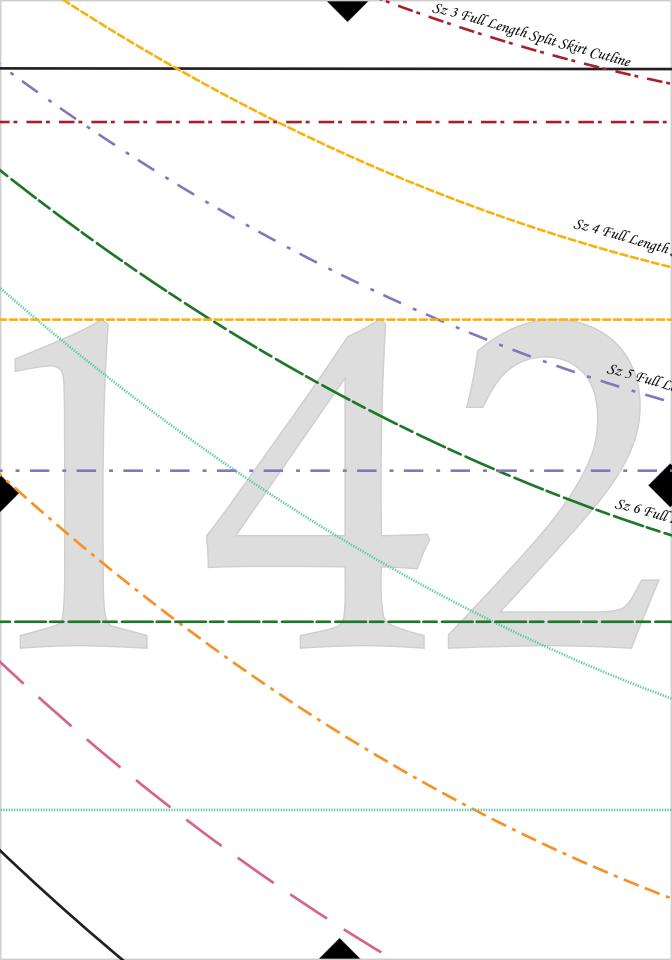


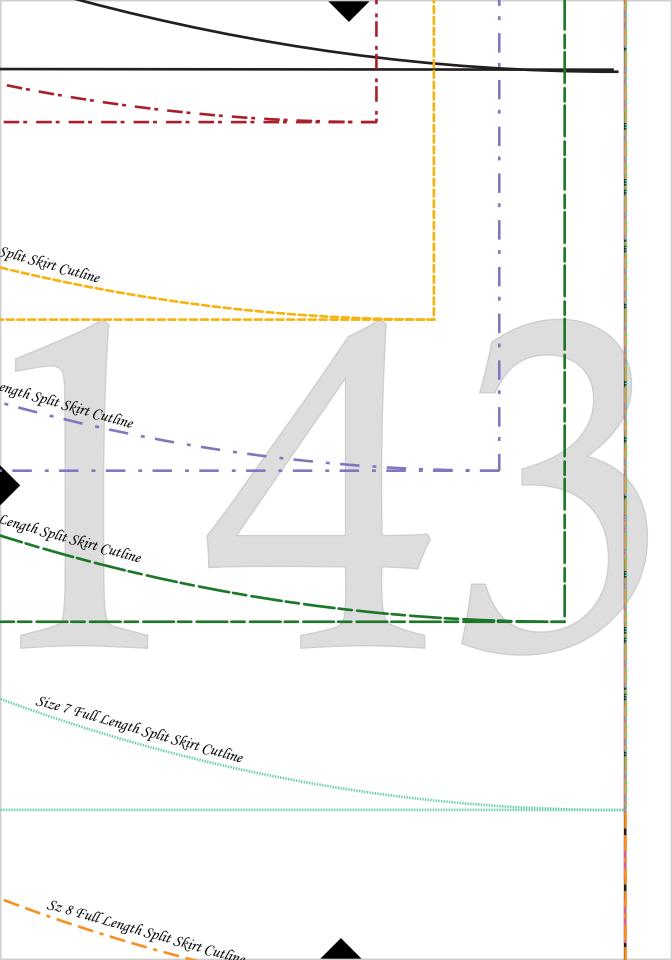


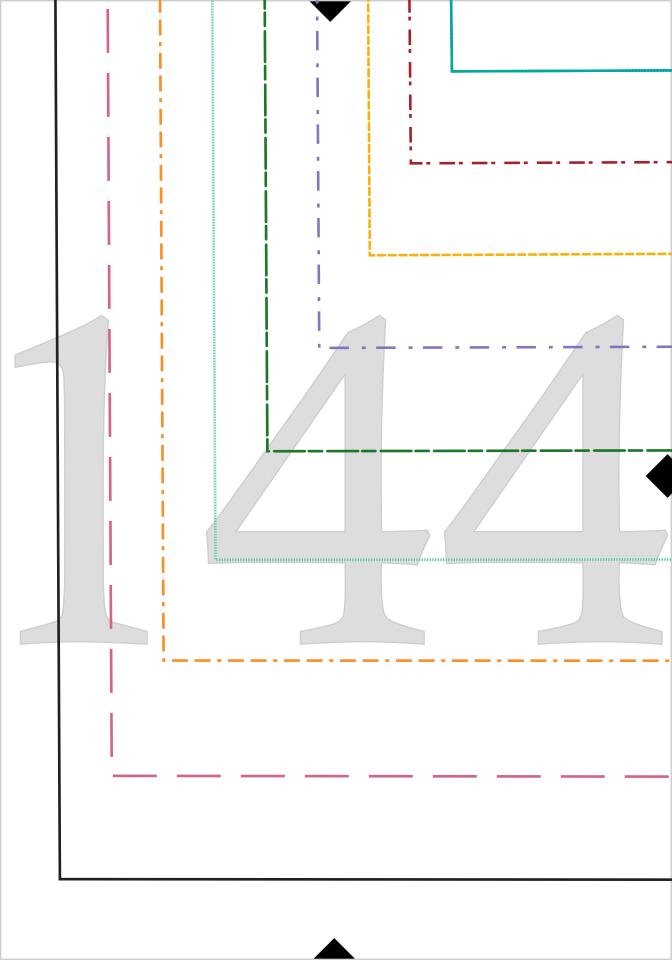


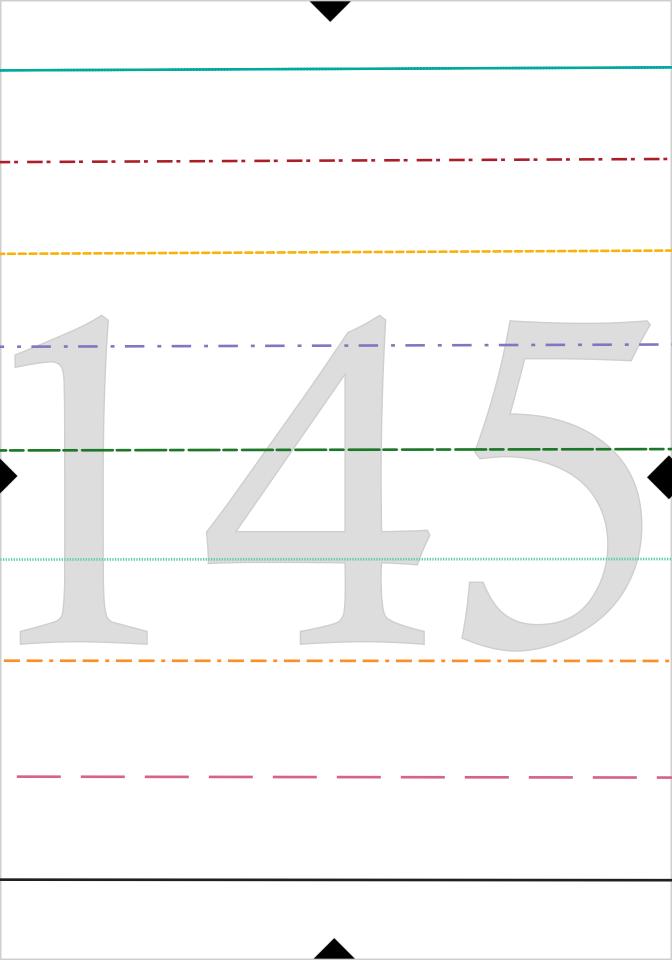


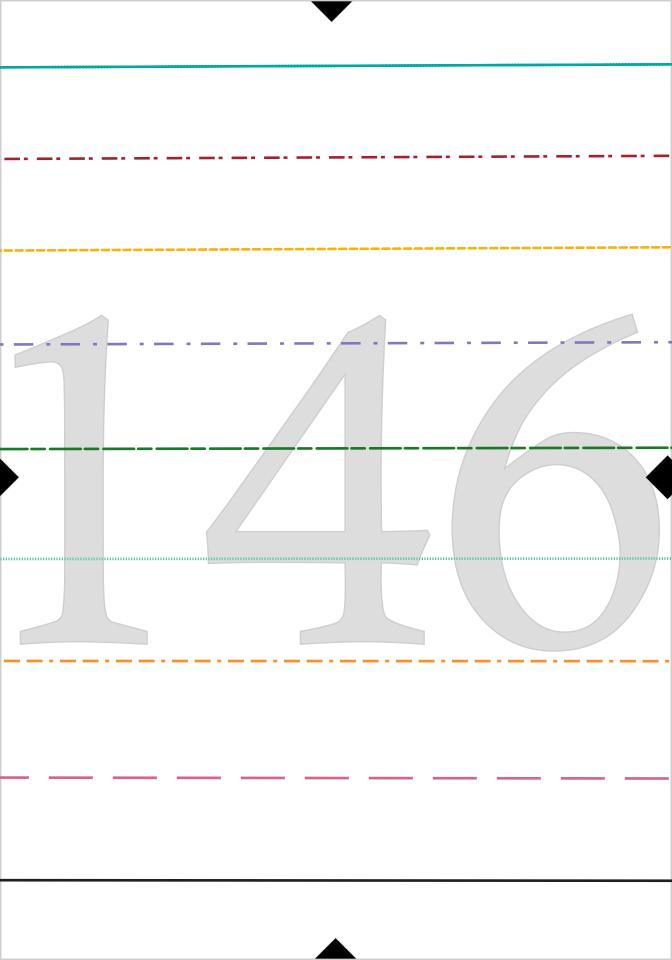


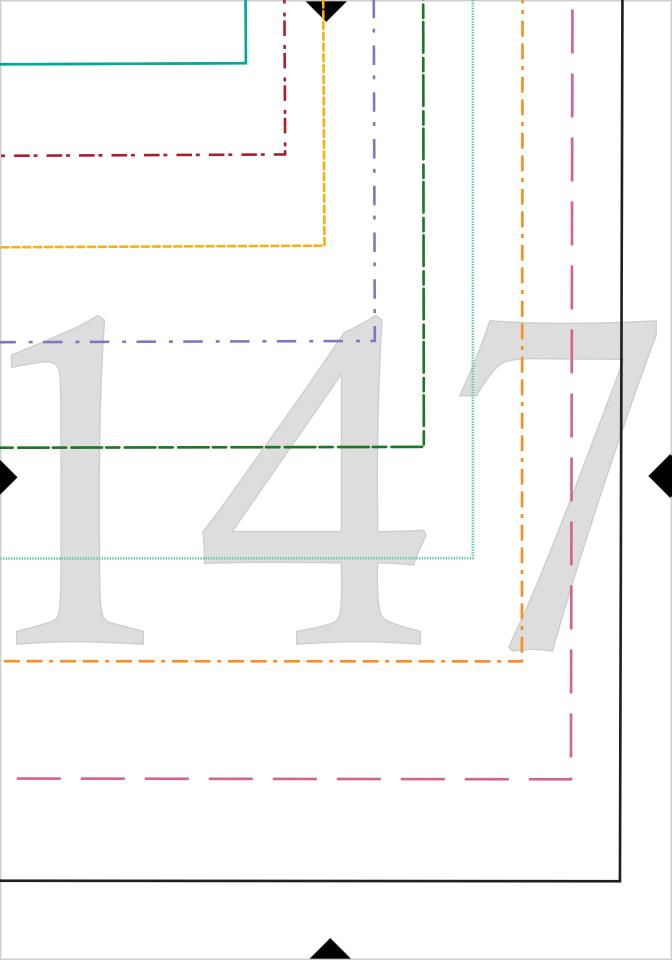


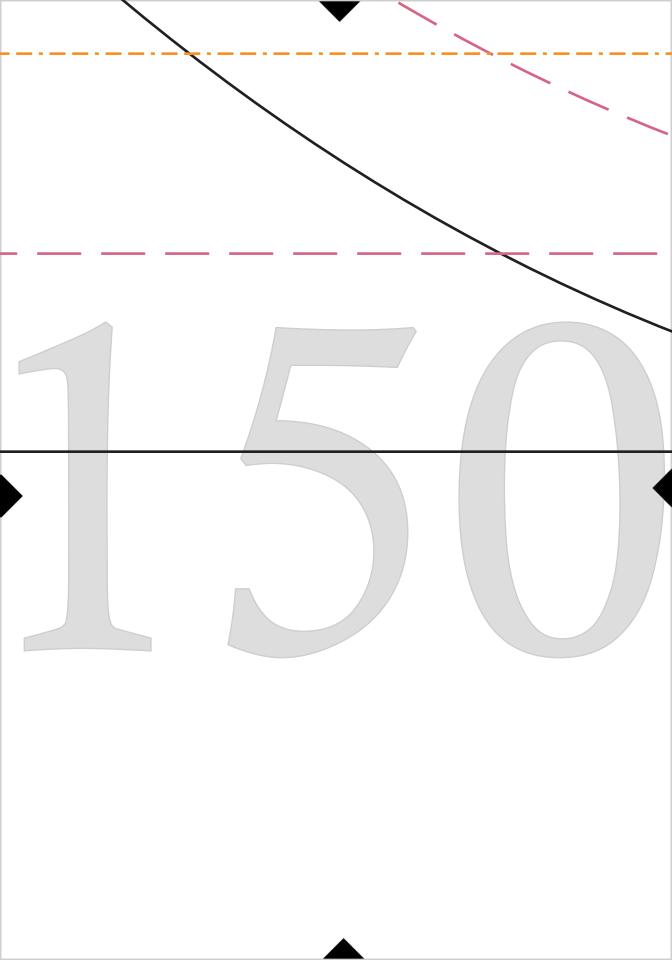


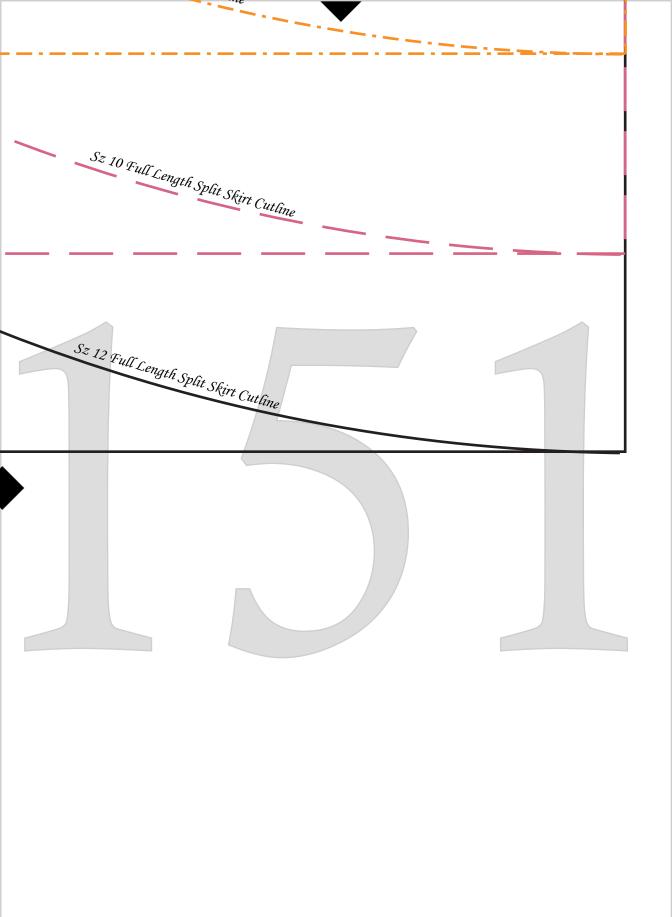


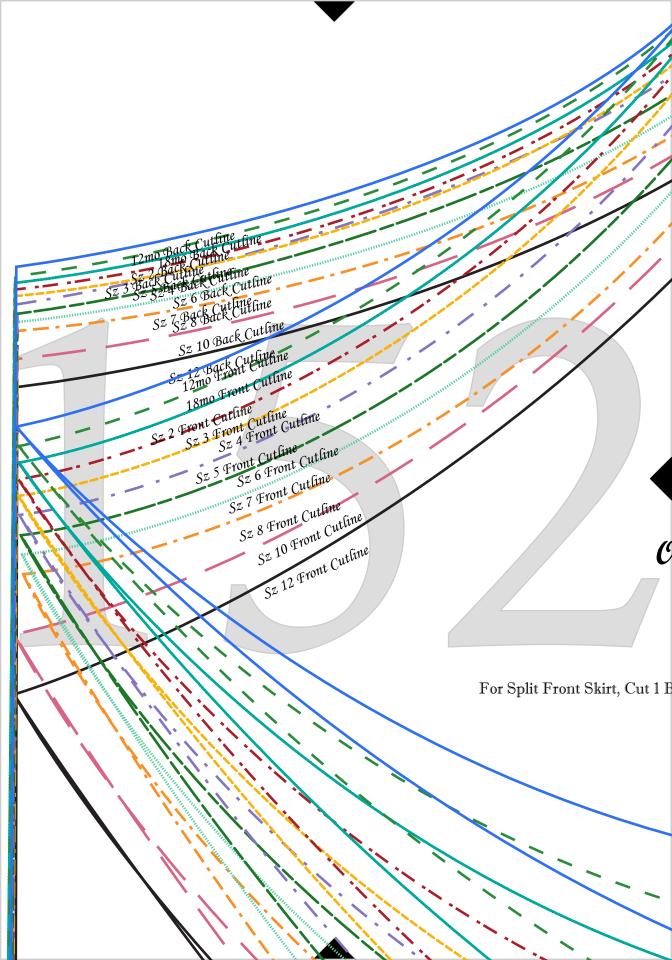


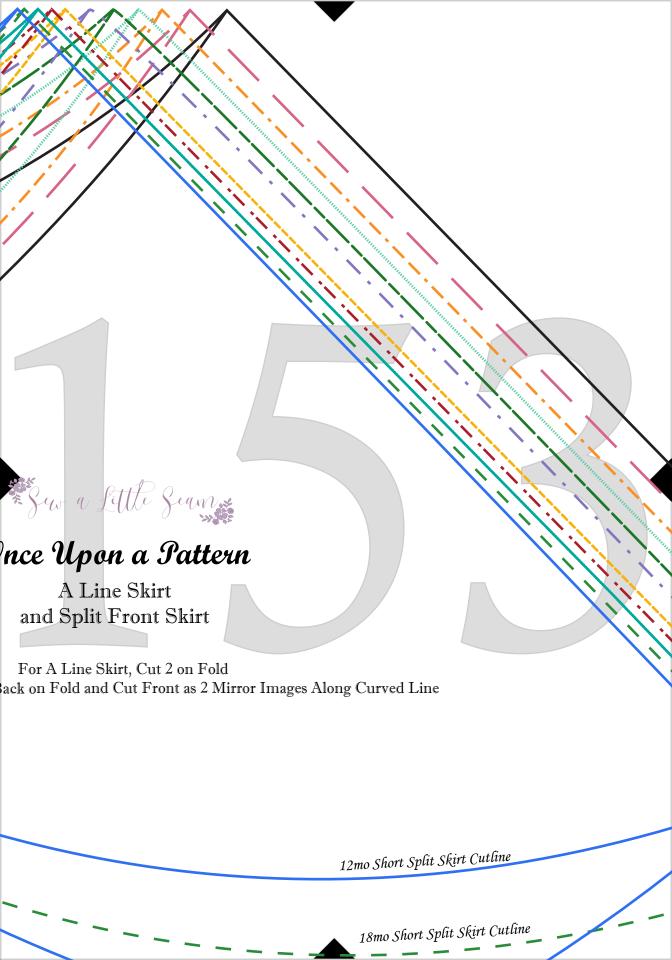


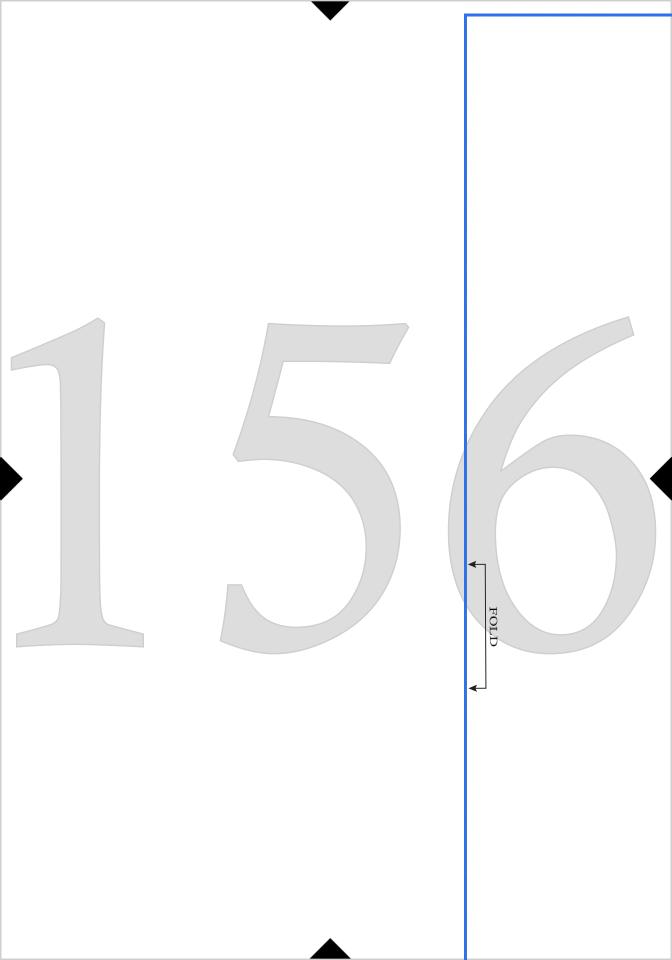




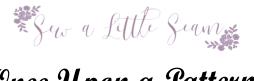








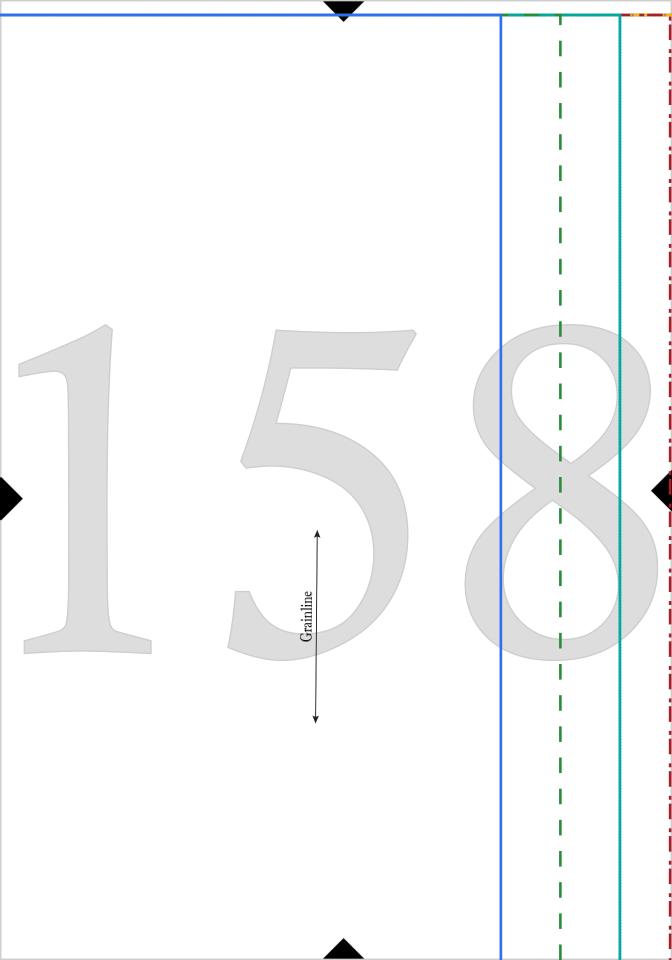


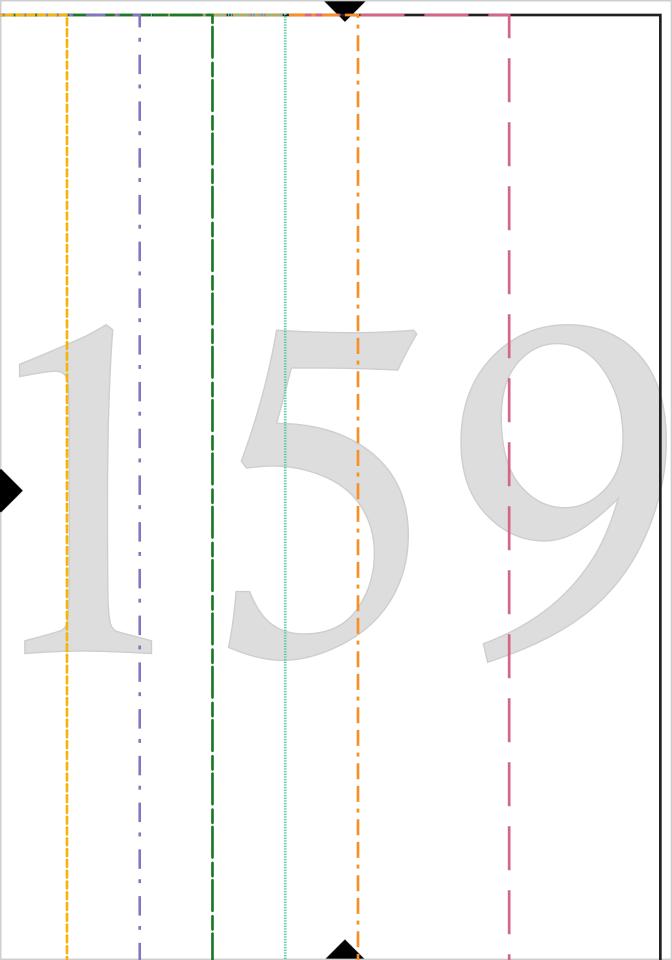


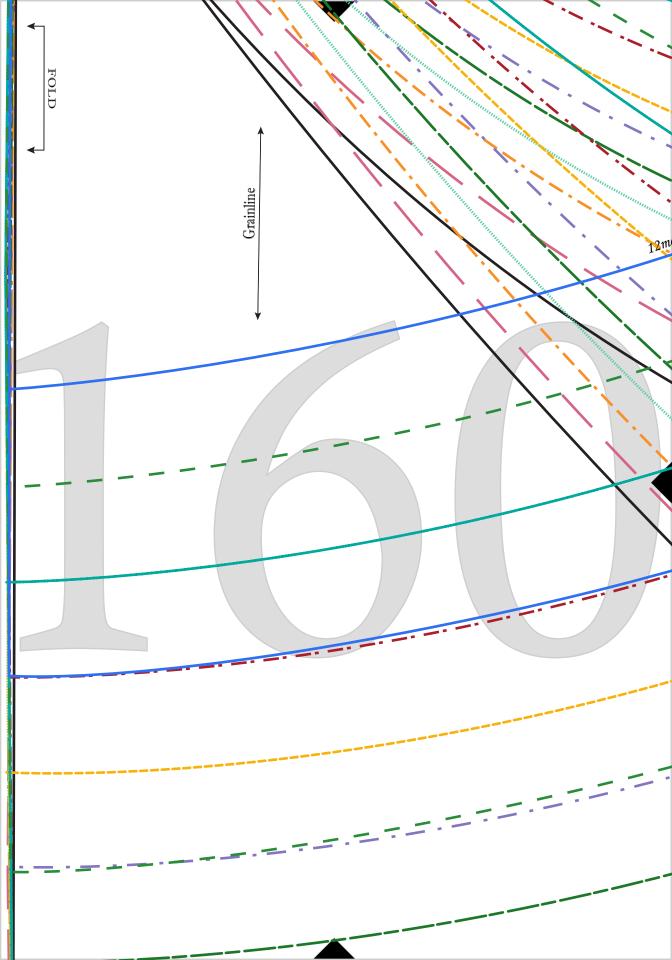
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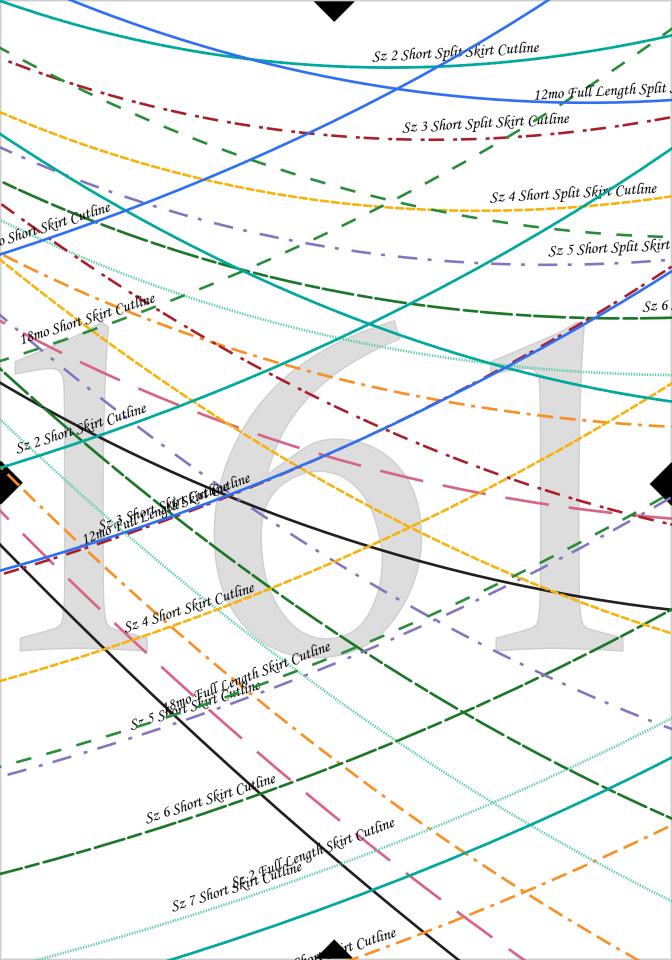
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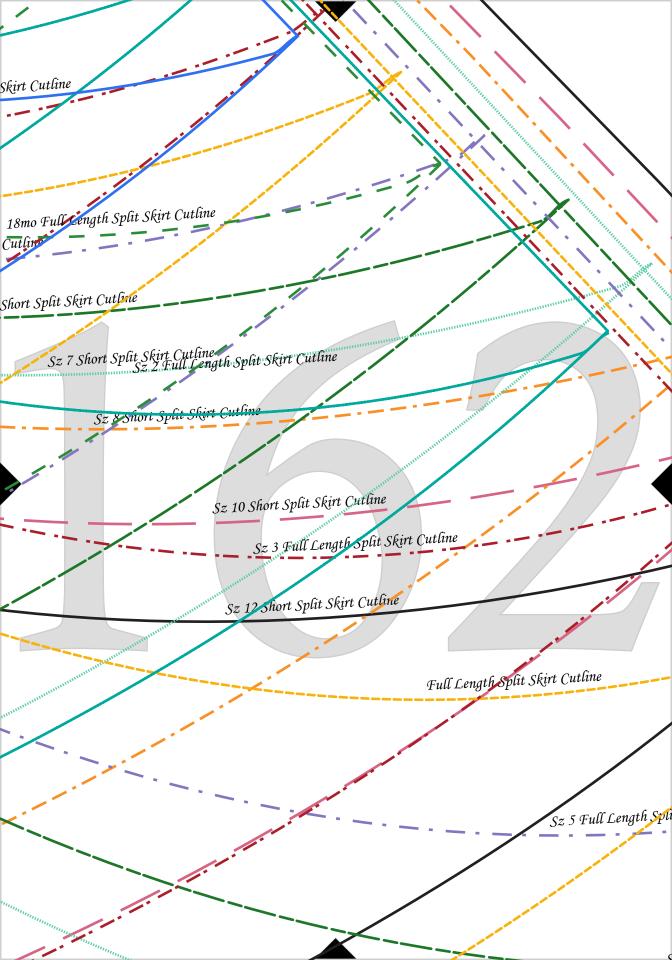
Cut 1 on Fold





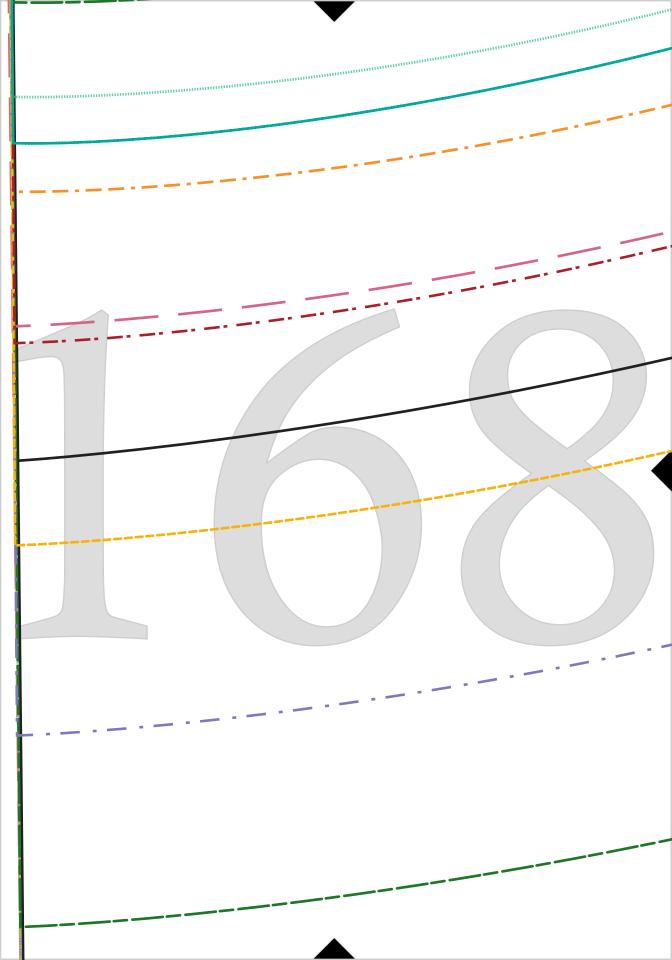


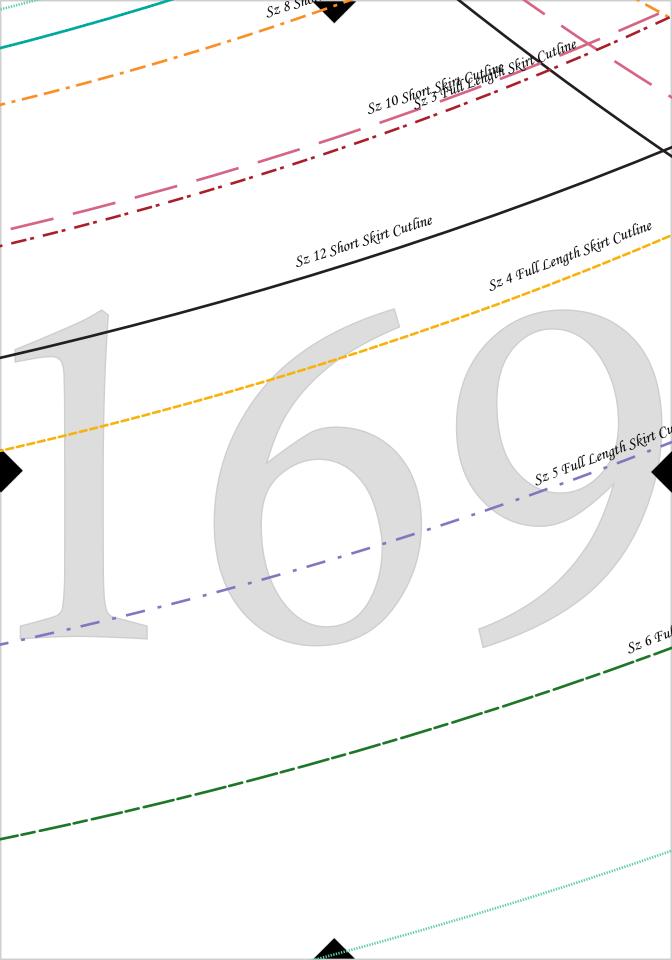


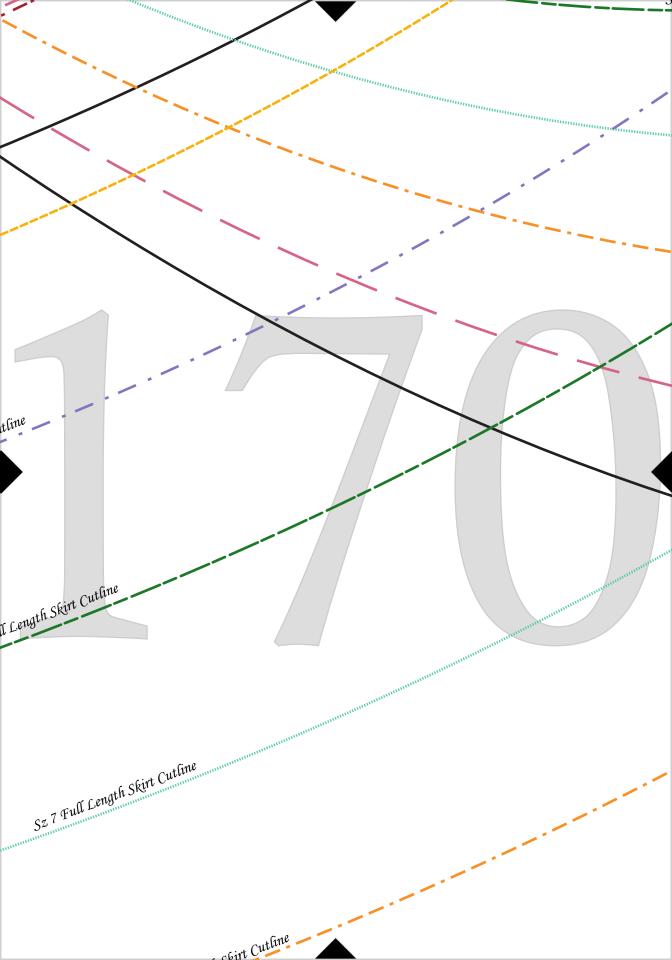


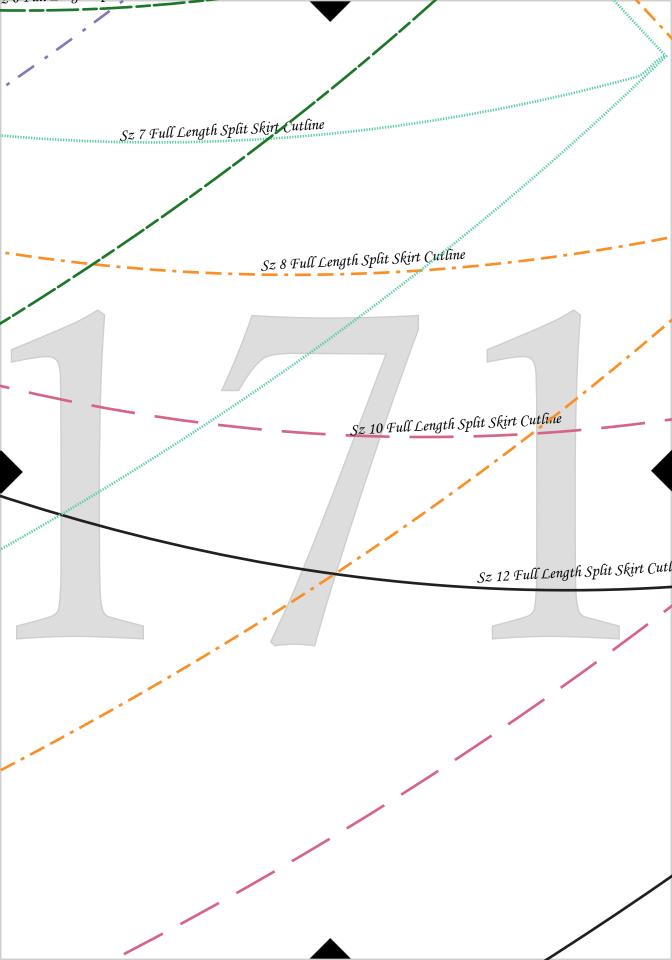


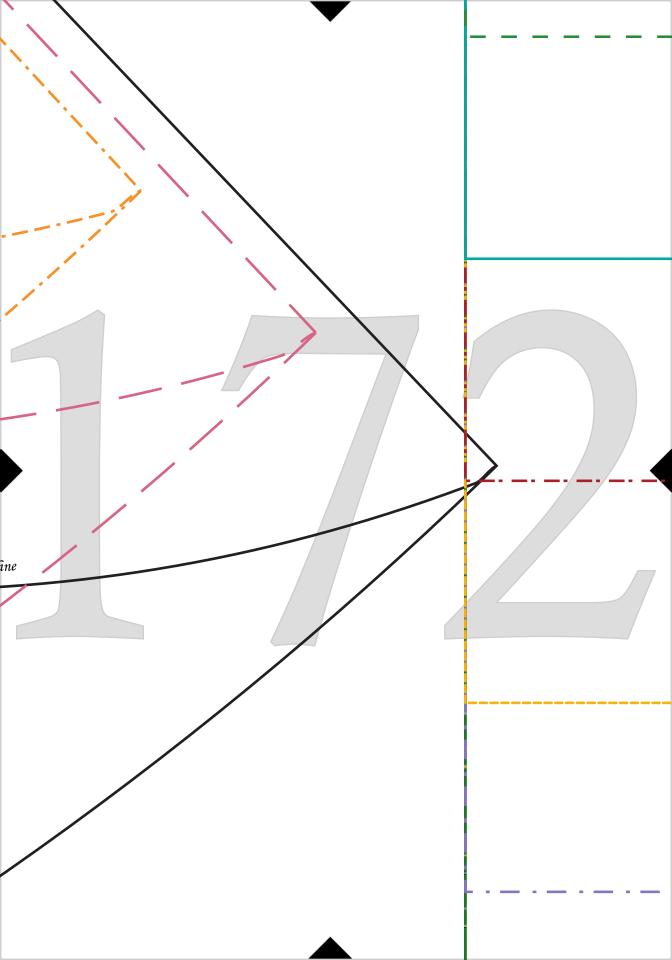


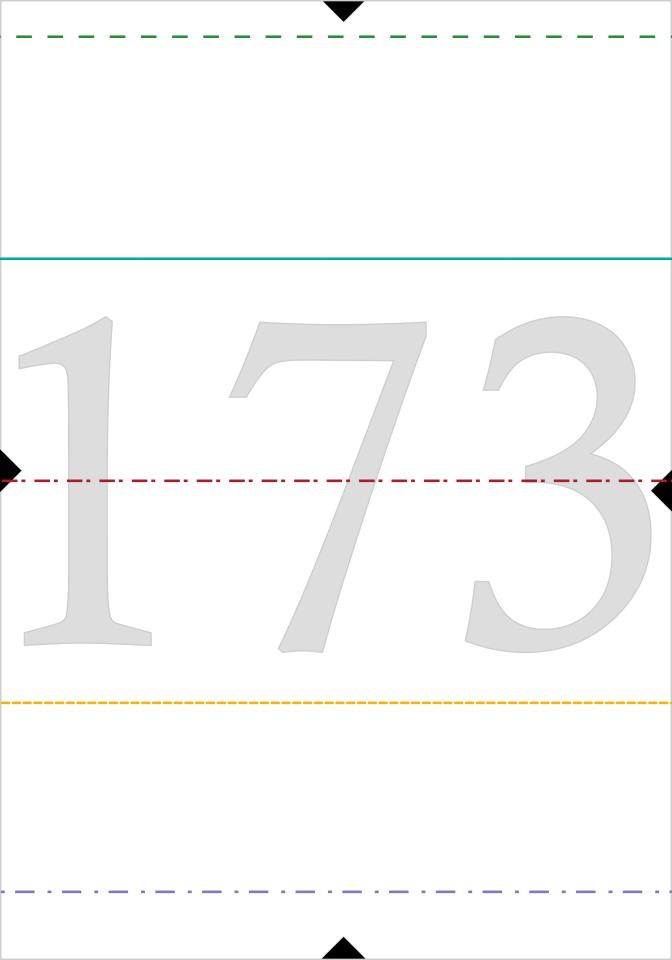


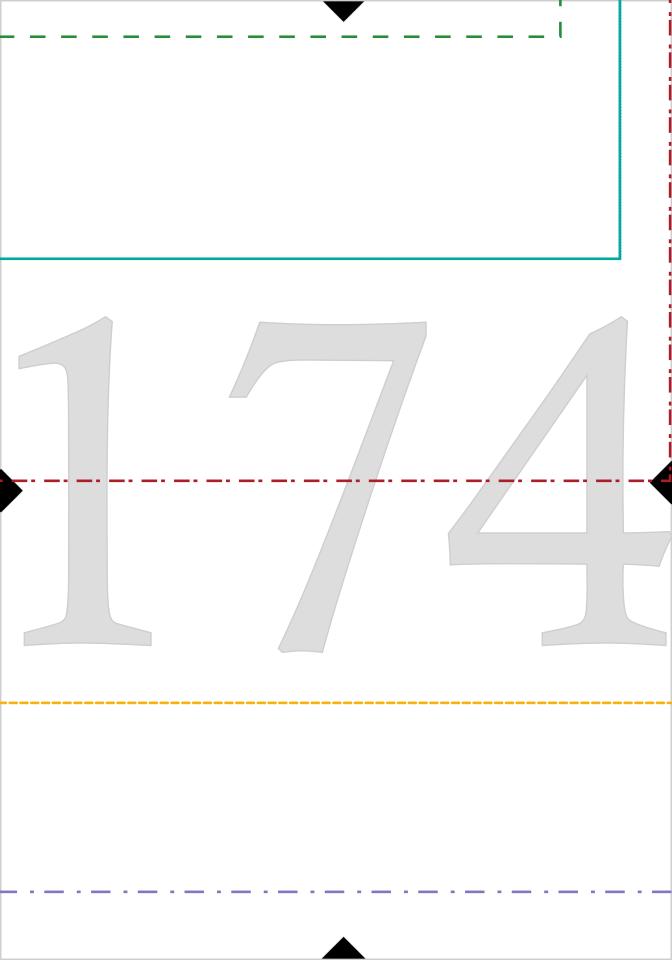


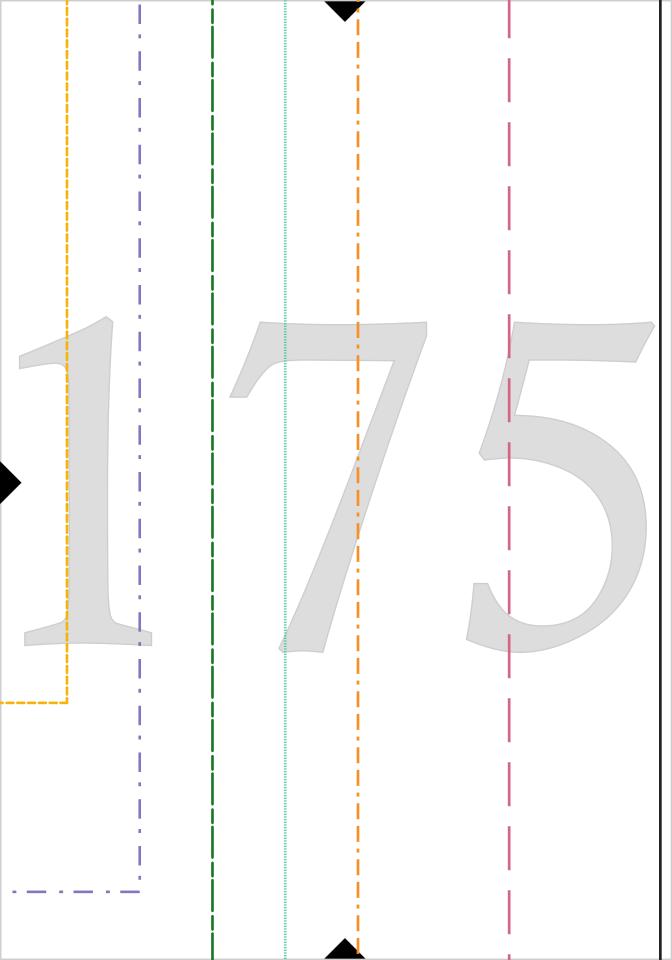


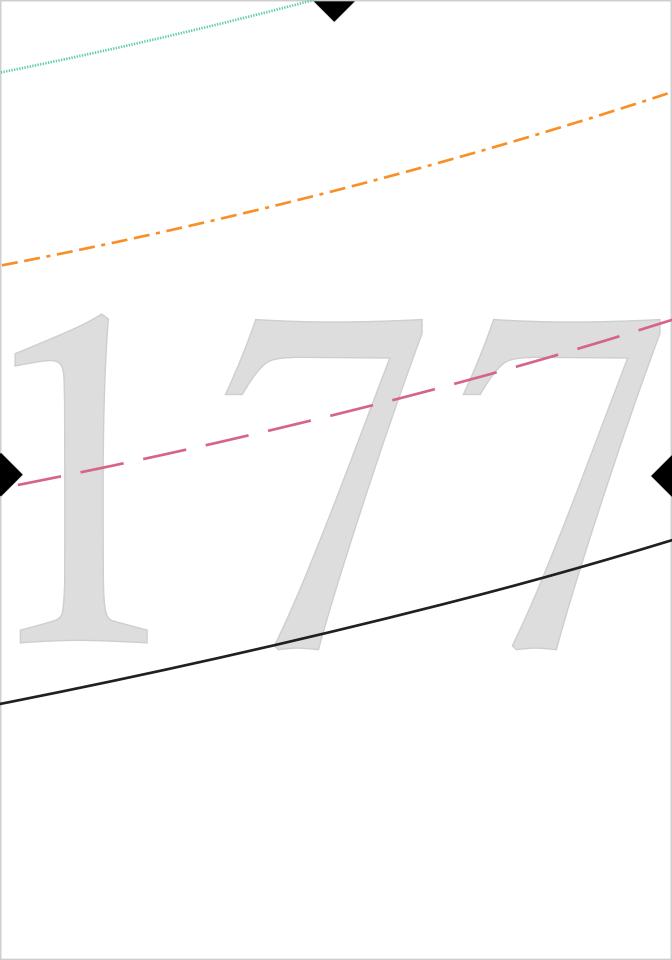


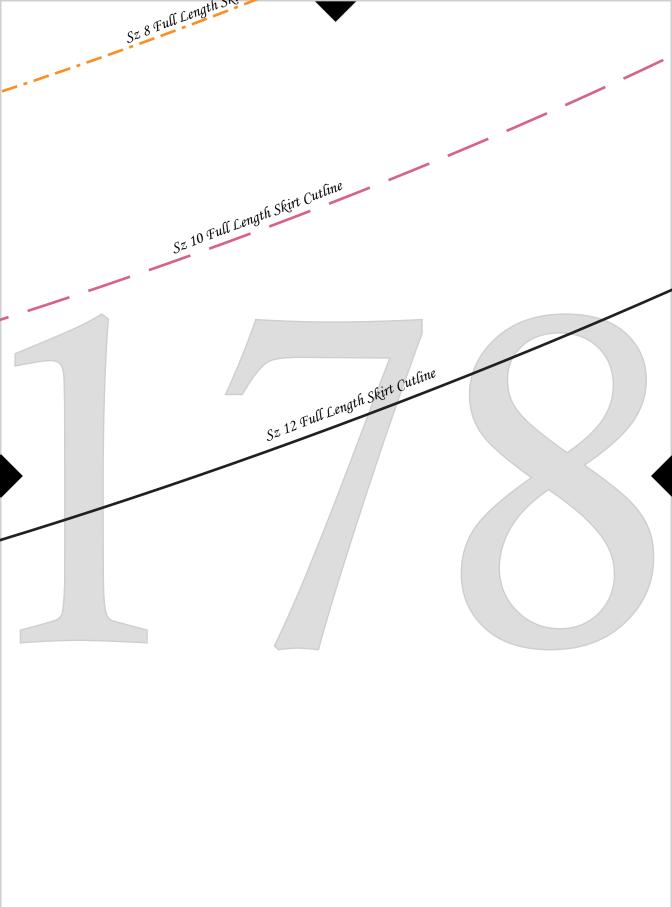












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